

adstricted

The past tense of adstrict is adstricted

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The Forms of Adstrict

Infinitive	to adstrict
Present Tense	adstrict / adstricts
Past Tense	adstricted
Present Participle	adstricting
Past Participle	adstricted

Conjugate Adstrict

Adstrict in Present Simple (Indefinite) Tense

Singular

Plural

I **adstrict**

We **adstrict**

You **adstrict**

You **adstrict**

He/She/It **adstricts** They **adstrict**

Adstrict in Present Continuous (Progressive) Tense

Singular

Plural

I **am adstricting**

We **are adstricting**

You **are adstricting**

You **are adstricting**

He/She/It **is adstricting** They **are adstricting**

Adstrict in Present Perfect Tense

Singular

Plural

I **have adstricted**

We **have adstricted**

You **have adstricted**

You **have adstricted**

He/She/It **has adstricted** They **have adstricted**

Adstrict in Present Perfect Continuous Tense

Singular

Plural

I **have been adstricting**

We **have been adstricting**

You **have been adstricting**

You **have been adstricting**

He/She/It **has been adstricting** They **have been adstricting**

Adstrict in Past Simple (Indefinite) Tense

Singular

Plural

I **adstricted**

We **adstricted**

You **adstricted**

You **adstricted**

He/She/It **adstricted** They **adstricted**

Adstrict in Past Continuous (Progressive) Tense

Singular

Plural

I **was adstricting** We **were adstricting**
You **were adstricting** You **were adstricting**
He/She/It **was adstricting** They **were adstricting**

Adstrict in Past Perfect Tense

Singular

Plural

I **had adstricted** We **had adstricted**
You **had adstricted** You **had adstricted**
He/She/It **had adstricted** They **had adstricted**

Adstrict in Past Perfect Continuous Tense

Singular

Plural

I **had been adstricting** We **had been adstricting**
You **had been adstricting** You **had been adstricting**
He/She/It **had been adstricting** They **had been adstricting**

Adstrict in Future Simple (Indefinite) Tense

Singular

Plural

I **will adstrict** We **will adstrict**
You **will adstrict** You **will adstrict**
He/She/It **will adstrict** They **will adstrict**

Adstrict in Future Continuous (Progressive) Tense

Singular

Plural

I **will be adstricting** We **will be adstricting**
You **will be adstricting** You **will be adstricting**
He/She/It **will be adstricting** They **will be adstricting**

Adstrict in Future Perfect Tense

Singular

Plural

I will have adstricted

We will have adstricted

You will have adstricted

You will have adstricted

He/She/It will have adstricted

They will have adstricted

Adstrict in Future Perfect Continuous Tense

Singular

Plural

I will have been adstricting

We will have been adstricting

You will have been adstricting

You will have been adstricting

He/She/It will have been adstricting

They will have been adstricting