

alternated

The past tense of alternate is alternated

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The Forms of Alternate

Infinitive	to alternate
Present Tense	alternate / alternates
Past Tense	alternated
Present Participle	alternating
Past Participle	alternated

Conjugate Alternate

Alternate in Present Simple (Indefinite) Tense

Singular

Plural

I **alternate** We **alternate**
You **alternate** You **alternate**
He/She/It **alternates** They **alternate**

Alternate in Present Continuous (Progressive) Tense

Singular

Plural

I **am alternating** We **are alternating**
You **are alternating** You **are alternating**
He/She/It **is alternating** They **are alternating**

Alternate in Present Perfect Tense

Singular

Plural

I **have alternated** We **have alternated**
You **have alternated** You **have alternated**
He/She/It **has alternated** They **have alternated**

Alternate in Present Perfect Continuous Tense

Singular

Plural

I **have been alternating** We **have been alternating**
You **have been alternating** You **have been alternating**
He/She/It **has been alternating** They **have been alternating**

Alternate in Past Simple (Indefinite) Tense

Singular

Plural

I **alternated** We **alternated**
You **alternated** You **alternated**
He/She/It **alternated** They **alternated**

Alternate in Past Continuous (Progressive) Tense

Singular

Plural

I **was alternating** We **were alternating**
You **were alternating** You **were alternating**
He/She/It **was alternating** They **were alternating**

Alternate in Past Perfect Tense

Singular

Plural

I **had alternated** We **had alternated**
You **had alternated** You **had alternated**
He/She/It **had alternated** They **had alternated**

Alternate in Past Perfect Continuous Tense

Singular

Plural

I **had been alternating** We **had been alternating**
You **had been alternating** You **had been alternating**
He/She/It **had been alternating** They **had been alternating**

Alternate in Future Simple (Indefinite) Tense

Singular

Plural

I **will alternate** We **will alternate**
You **will alternate** You **will alternate**
He/She/It **will alternate** They **will alternate**

Alternate in Future Continuous (Progressive) Tense

Singular

Plural

I **will be alternating** We **will be alternating**
You **will be alternating** You **will be alternating**
He/She/It **will be alternating** They **will be alternating**

Alternate in Future Perfect Tense

Singular

Plural

I will have alternated

We will have alternated

You will have alternated

You will have alternated

He/She/It will have alternated

They will have alternated

Alternate in Future Perfect Continuous Tense

Singular

Plural

I will have been alternating

We will have been alternating

You will have been alternating

You will have been alternating

He/She/It will have been alternating

They will have been alternating