

Need another word that means the same as “angst”? Find 14 synonyms and 30 related words for “angst” in this overview.

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The synonyms of “Angst” are: anxiety, fear, dread, apprehension, worry, perturbation, foreboding, trepidation, malaise, distress, disquiet, disquietude, unease, uneasiness

Angst as a Noun

Definitions of "Angst" as a noun

According to the [Oxford Dictionary of English](#), “angst” as a noun can have the following definitions:

- *A feeling of deep anxiety or dread, typically an unfocused one about the human condition or the state of the world in general.*
- *An acute but unspecific feeling of anxiety; usually reserved for philosophical anxiety about the world or about personal freedom.*
- *A feeling of persistent worry about something trivial.*



Synonyms of "Angst" as a noun (14 Words)

anxiety	(psychiatry) a relatively permanent state of worry and nervousness occurring in a variety of mental disorders, usually accompanied by compulsive behavior or attacks of panic. <i>The housekeeper s eager anxiety to please.</i>
apprehension	Understanding; grasp. <i>She had some apprehensions about the filming.</i>
disquiet	The trait of seeming ill at ease. <i>Public disquiet about animal testing.</i>
disquietude	A state of uneasiness or anxiety. <i>Such passages reflect a sense of disquietude of alienation even.</i>
distress	The state of a ship or aircraft when in danger or difficulty and needing help. <i>A company in financial distress.</i>

<u>dread</u>	A person with dreadlocks. <i>The thought of returning to London filled her with dread.</i>
fear	A feeling of anxiety concerning the outcome of something or the safety of someone. <i>He is prey to irrational fears.</i>
<u>foreboding</u>	A feeling of evil to come. <i>With a sense of foreboding she read the note.</i>
<u>malaise</u>	A general feeling of discomfort, illness, or unease whose exact cause is difficult to identify. <i>A general air of malaise.</i>
perturbation	An unhappy and worried mental state. <i>Frank's atheism was more than a perturbation to Michael.</i>
<u>trepidation</u>	A feeling of alarm or dread. <i>The men set off in fear and trepidation.</i>
<u>unease</u>	Anxiety or discontent. <i>Public unease about defence policy.</i>
uneasiness	Embarrassment deriving from the feeling that others are critically aware of you. <i>The media often express a general uneasiness with animal research.</i>
<u>worry</u>	A source of anxiety. <i>It is not work but worry that kills.</i>



Usage Examples of "Angst" as a noun

- *Rock and pop have a tradition of celebrating adolescent angst.*
- *My hair causes me angst.*
- *The existential angst of the middle classes.*



Associations of "Angst" (30 Words)

<u>alarming</u>	Worrying or disturbing. <i>Our countryside is disappearing at an alarming rate.</i>
<u>anguish</u>	Cause emotional anguish or make miserable. <i>She shut her eyes in anguish.</i>
anxiety	(psychiatry) a relatively permanent state of worry and nervousness occurring in a variety of mental disorders, usually accompanied by compulsive behavior or attacks of panic. <i>He felt a surge of anxiety.</i>
apprehension	Painful expectation. <i>His first apprehension of such large issues.</i>
consternation	Fear resulting from the awareness of danger. <i>To her consternation her car wouldn't start.</i>
despair	The complete loss or absence of hope. <i>They were rescued from despair at the last minute.</i>
despondency	Feeling downcast and disheartened and hopeless. <i>An air of despondency.</i>
disappoint	Fail to meet the hopes or expectations of. <i>I have no wish to disappoint everyone by postponing the visit.</i>
<u>disappointment</u>	A person or thing that causes disappointment. <i>The job proved a disappointment.</i>
disquiet	A feeling of worry or unease. <i>Public disquiet about animal testing.</i>
doldrums	An equatorial region of the Atlantic Ocean with calms, sudden storms, and light unpredictable winds. <i>The mortgage market has been in the doldrums for three years.</i>
<u>dread</u>	Greatly feared dreadful. <i>I used to have a dread of Friday afternoons.</i>
<u>frustration</u>	A feeling of annoyance at being hindered or criticized. <i>The frustration of their wishes.</i>
gloom	A state of partial or total darkness. <i>He strained his eyes peering into the gloom.</i>
<u>grief</u>	Intense sorrow, especially caused by someone's death. <i>We were too tired to cause any grief.</i>

heartache	Emotional anguish or grief, typically caused by the loss or absence of someone loved. <i>A good friend understands your heartaches as well as your joys.</i>
homesickness	A longing to return home. <i>I lived four years in London without a single pang of homesickness.</i>
horrible	Very unpleasant. <i>A horrible massacre.</i>
loneliness	The fact of being without companions; solitariness. <i>The loneliness of the farm.</i>
<u>malaise</u>	Physical discomfort (as mild sickness or depression). <i>A general air of malaise.</i>
<u>melancholy</u>	A humor that was once believed to be secreted by the kidneys or spleen and to cause sadness and melancholy. <i>An air of melancholy surrounded him.</i>
<u>nostalgia</u>	Something done or presented in order to evoke feelings of nostalgia. <i>An evening of TV nostalgia.</i>
sadness	Emotions experienced when not in a state of well-being. <i>A source of great sadness.</i>
<u>scare</u>	Become scared. <i>The rapid questions were designed to scare her into blurting out the truth.</i>
<u>sorrow</u>	An event or circumstance that causes sorrow. <i>A bereaved person needs time to work through their sorrow.</i>
terrible	Extremely bad or serious. <i>What a terrible mess.</i>
<u>terrifying</u>	Causing extreme terror. <i>A terrifying wail.</i>
uneasiness	Embarrassment deriving from the feeling that others are critically aware of you. <i>I sensed the uneasiness of people around me.</i>
woe	Things that cause sorrow or distress; troubles. <i>The Everton tale of woe continued.</i>
<u>worry</u>	A source of anxiety. <i>His worry over the prospect of being fired.</i>

