

Need another word that means the same as “angst”? Find 14 synonyms and 30 related words for “angst” in this overview.

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The synonyms of “Angst” are: anxiety, fear, dread, apprehension, worry, perturbation, foreboding, trepidation, malaise, distress, disquiet, disquietude, unease, uneasiness

Angst as a Noun

Definitions of "Angst" as a noun

According to the [Oxford Dictionary of English](#), “angst” as a noun can have the following definitions:

- *A feeling of deep anxiety or dread, typically an unfocused one about the human condition or the state of the world in general.*
- *An acute but unspecific feeling of anxiety; usually reserved for philosophical anxiety about the world or about personal freedom.*
- *A feeling of persistent worry about something trivial.*



Synonyms of "Angst" as a noun (14 Words)

- anxiety** (psychiatry) a relatively permanent state of worry and nervousness occurring in a variety of mental disorders, usually accompanied by compulsive behavior or attacks of panic.
*The housekeeper s eager **anxiety** to please.*
- apprehension** Understanding; grasp.
*She had some **apprehensions** about the filming.*
- disquiet** The trait of seeming ill at ease.
*Public **disquiet** about animal testing.*
- disquietude** A state of uneasiness or anxiety.
*Such passages reflect a sense of **disquietude** of alienation even.*
- distress** The state of a ship or aircraft when in danger or difficulty and needing help.
*A company in financial **distress**.*

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| <u>dread</u> | A person with dreadlocks. <i>The thought of returning to London filled her with dread.</i> |
| fear | A feeling of anxiety concerning the outcome of something or the safety of someone. <i>He is prey to irrational fears.</i> |
| <u>foreboding</u> | A feeling of evil to come. <i>With a sense of foreboding she read the note.</i> |
| <u>malaise</u> | A general feeling of discomfort, illness, or unease whose exact cause is difficult to identify. <i>A general air of malaise.</i> |
| perturbation | An unhappy and worried mental state. <i>Frank's atheism was more than a perturbation to Michael.</i> |
| <u>trepidation</u> | A feeling of alarm or dread. <i>The men set off in fear and trepidation.</i> |
| <u>unease</u> | Anxiety or discontent. <i>Public unease about defence policy.</i> |
| uneasiness | Embarrassment deriving from the feeling that others are critically aware of you. <i>The media often express a general uneasiness with animal research.</i> |
| <u>worry</u> | A source of anxiety. <i>It is not work but worry that kills.</i> |



Usage Examples of "Angst" as a noun

- *Rock and pop have a tradition of celebrating adolescent angst.*
- *My hair causes me angst.*
- *The existential angst of the middle classes.*



Associations of "Angst" (30 Words)

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| <u>alarming</u> | Worrying or disturbing. <i>Our countryside is disappearing at an alarming rate.</i> |
| <u>anguish</u> | Cause emotional anguish or make miserable. <i>She shut her eyes in anguish.</i> |
| anxiety | (psychiatry) a relatively permanent state of worry and nervousness occurring in a variety of mental disorders, usually accompanied by compulsive behavior or attacks of panic. <i>He felt a surge of anxiety.</i> |
| apprehension | Painful expectation. <i>His first apprehension of such large issues.</i> |
| consternation | Fear resulting from the awareness of danger. <i>To her consternation her car wouldn't start.</i> |
| despair | The complete loss or absence of hope. <i>They were rescued from despair at the last minute.</i> |
| despondency | Feeling downcast and disheartened and hopeless. <i>An air of despondency.</i> |
| disappoint | Fail to meet the hopes or expectations of. <i>I have no wish to disappoint everyone by postponing the visit.</i> |
| <u>disappointment</u> | A person or thing that causes disappointment. <i>The job proved a disappointment.</i> |
| disquiet | A feeling of worry or unease. <i>Public disquiet about animal testing.</i> |
| doldrums | An equatorial region of the Atlantic Ocean with calms, sudden storms, and light unpredictable winds. <i>The mortgage market has been in the doldrums for three years.</i> |
| <u>dread</u> | Greatly feared dreadful. <i>I used to have a dread of Friday afternoons.</i> |
| <u>frustration</u> | A feeling of annoyance at being hindered or criticized. <i>The frustration of their wishes.</i> |
| gloom | A state of partial or total darkness. <i>He strained his eyes peering into the gloom.</i> |
| <u>grief</u> | Intense sorrow, especially caused by someone's death. <i>We were too tired to cause any grief.</i> |

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| heartache | Emotional anguish or grief, typically caused by the loss or absence of someone loved. <i>A good friend understands your heartaches as well as your joys.</i> |
| homesickness | A longing to return home. <i>I lived four years in London without a single pang of homesickness.</i> |
| horrible | Very unpleasant. <i>A horrible massacre.</i> |
| loneliness | The fact of being without companions; solitariness. <i>The loneliness of the farm.</i> |
| <u>malaise</u> | Physical discomfort (as mild sickness or depression). <i>A general air of malaise.</i> |
| <u>melancholy</u> | A humor that was once believed to be secreted by the kidneys or spleen and to cause sadness and melancholy. <i>An air of melancholy surrounded him.</i> |
| <u>nostalgia</u> | Something done or presented in order to evoke feelings of nostalgia. <i>An evening of TV nostalgia.</i> |
| sadness | Emotions experienced when not in a state of well-being. <i>A source of great sadness.</i> |
| <u>scare</u> | Become scared. <i>The rapid questions were designed to scare her into blurting out the truth.</i> |
| <u>sorrow</u> | An event or circumstance that causes sorrow. <i>A bereaved person needs time to work through their sorrow.</i> |
| terrible | Extremely bad or serious. <i>What a terrible mess.</i> |
| <u>terrifying</u> | Causing extreme terror. <i>A terrifying wail.</i> |
| uneasiness | Embarrassment deriving from the feeling that others are critically aware of you. <i>I sensed the uneasiness of people around me.</i> |
| woe | Things that cause sorrow or distress; troubles. <i>The Everton tale of woe continued.</i> |
| <u>worry</u> | A source of anxiety. <i>His worry over the prospect of being fired.</i> |

