

Need another word that means the same as "anguish"? Find 23 synonyms and 30 related words for "anguish" in this overview.

#### **Table Of Contents:**

- Anguish as a Noun
- Definitions of "Anguish" as a noun
- Synonyms of "Anguish" as a noun (17 Words)
- Usage Examples of "Anguish" as a noun
- Anguish as a Verb
- Definitions of "Anguish" as a verb
- Synonyms of "Anguish" as a verb (6 Words)
- Usage Examples of "Anguish" as a verb
- Associations of "Anguish" (30 Words)

The synonyms of "Anguish" are: torment, torture, agony, pain, suffering, distress, angst, misery, sorrow, grief, heartache, heartbreak, wretchedness, unhappiness, woe, desolation, despair, hurt, agonized, racked with pain, racked with suffering, tortured

### Anguish as a Noun

### Definitions of "Anguish" as a noun

According to the <u>Oxford Dictionary of English</u>, "anguish" as a noun can have the following definitions:

- Extreme distress of body or mind.
- Severe mental or physical pain or suffering.
- Extreme mental distress.







### Synonyms of "Anguish" as a noun (17 Words)

The final stages of a difficult or painful death.

His last **agony**.

A feeling of persistent worry about something trivial.

My hair causes me **angst**.

**desolation** Great unhappiness or loneliness.

In choked **desolation** she watched him leave.

A state in which all hope is lost or absent.

despair

In the depths of despair.

distress Psychological suffering.

She was the classic maiden in **distress**.

Intense sorrow caused by loss of a loved one (especially by death.

She was overcome with **grief**.

heartache Intense sorrow caused by loss of a loved one (especially by death.

The familiar pang of **heartache**.

heartbreak Intense sorrow caused by loss of a loved one (especially by death.

An unforgettable tale of joy and **heartbreak**.

A state or feeling of great physical or mental distress or discomfort.

A man who had brought her nothing but **misery**.

**pain** Emotional distress; a fundamental feeling that people try to avoid.

It s not a huge problem just a bit of a **pain**.

An event or circumstance that causes sorrow.

He tried to express his **sorrow** at her loss.

Psychological suffering.

weapons that cause unnecessary suffering.

torment A feeling of intense annoyance caused by being tormented.

The **torment**s of the damned.

The deliberate, systematic, or wanton infliction of physical or mental

suffering by one or more persons in an attempt to force another person to

yield information or to make a confession or for any other reason.

The **torture** of political prisoners.

The feeling of not being happy; sadness.

**unhappiness**I ve seen too much **unhappiness** caused by broken marriages.

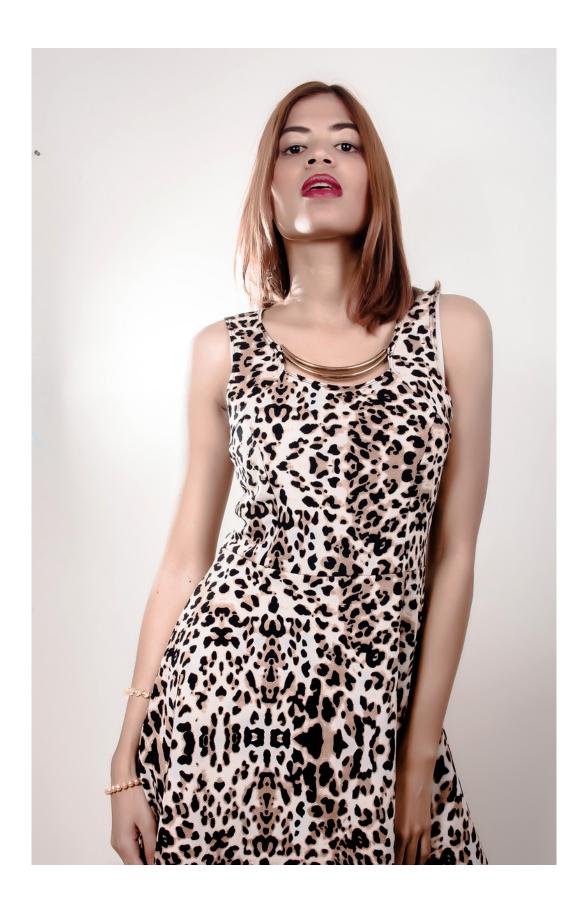
Intense mournfulness.

The Everton tale of **woe** continued.



wretchedness The character of being uncomfortable and unpleasant. He has compiled a record second to none in its wretchedness.







### Usage Examples of "Anguish" as a noun

- She shut her eyes in anguish.
- Philip gave a cry of anguish.



# Anguish as a Verb

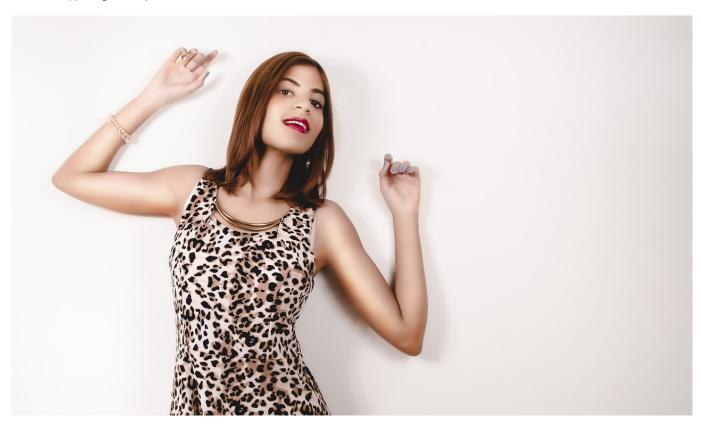
# Definitions of "Anguish" as a verb

According to the <u>Oxford Dictionary of English</u>, "anguish" as a verb can have the following definitions:

- Cause emotional anguish or make miserable.
- Be extremely distressed about something.



• Suffer great pains or distress.



# Synonyms of "Anguish" as a verb (6 Words)

**agonized** Cause to agonize.

hurt Hurt the feelings of.

My back **hurt**s.

pain Cause mental or physical pain to.

It **pain**s me to see my children not being taught well in school.

racked with pain 
Put on a rack and pinion.

racked with suffering Work on a rack.tortured Subject to torture.



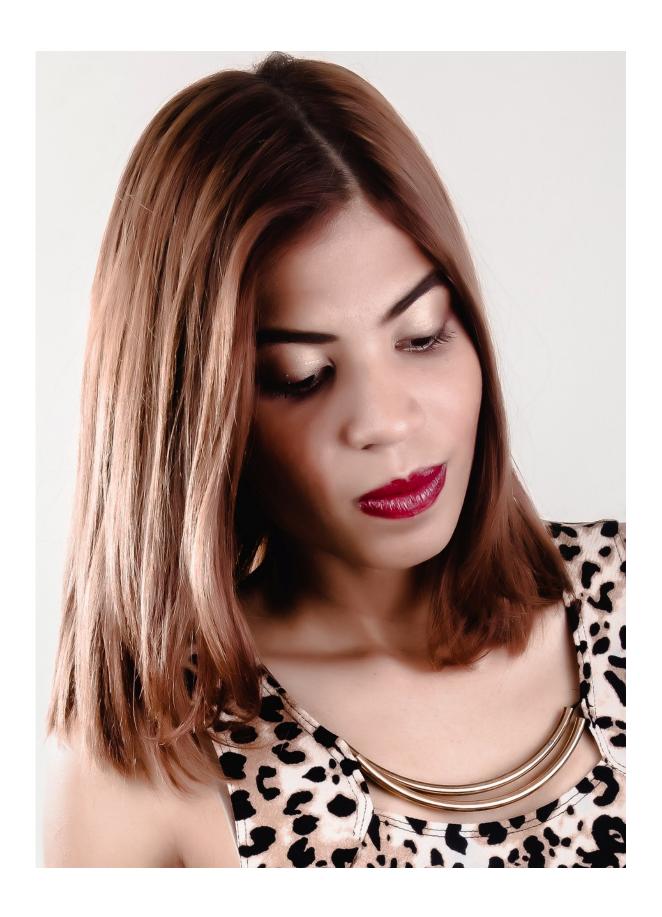




# Usage Examples of "Anguish" as a verb

• I spent the next two weeks anguishing about whether I'd made the right decision.







## Associations of "Anguish" (30 Words)

**affliction** A state of great suffering and distress due to adversity.

A crippling **affliction** of the nervous system.

Intense feelings of suffering; acute mental or physical pain.

An **agony** of doubt.

**annoyed** Aroused to impatience or anger.

Kelly was annoyed with him.

A vague unpleasant emotion that is experienced in anticipation of some

**anxiety** (usually ill-defined) misfortune.

He felt a surge of anxiety.

**dejection**A sad and depressed state; low spirits.

He was slumped in deep dejection.

A state of depression and anhedonia so severe as to require clinical

**depression** intervention.

She was referred by a psychiatrist treating her for **depression**.

Fail to fulfil the hopes or expectations of.

**disappoint** The governing coalition had bitterly **disappoint**ed the hopes of its

voters.

disappointment A person or thing that causes disappointment.

To her **disappointment** there was no chance to talk privately with Luke.

Deeply agitated especially from emotion.

distraught

He is terribly distraught.

**distress**Bring into difficulties or distress especially financial hardship.

The manner in which leather jackets are industrially **distress**ed.

**distressed** Impoverished.

I was **distressed** at the news of his death.

**dolor** (poetry) painful grief.

fretful Nervous and unable to relax.

The baby was crying with a **fretful** whimper.

**grief**An instance or cause of intense sorrow.

Her death was a great **grief** to John.

heaviness A feeling of being weighed down, especially by weariness.

The **heaviness** of the dark wood panelling.

Contemptible (used as a term of abuse or for emphasis.

miserable Variation and the first of abuse of for emphasis

You **miserable** skunk.



A cause or source of great distress or discomfort.

She was exhausted by her **misery** and grief.

**sadness** The quality of excessive mournfulness and uncheerfulness.

It is one of life s **sadness**es.

An event or circumstance that causes sorrow.

A woman had cried all night **sorrow**ing over the death of her husband.

Strengthened by the application of stress during manufacture

prestressed.

**stressed**He dropped out of the race clearly di**stressed** and having difficulty

breathing.

suffering Psychological suffering.

A message of hope for **suffering** humanity.

throb A deep pulsating type of pain.

My head is **throb**bing.

Intense or violent pain and struggle, especially accompanying birth,

**throes** death, or great change.

Death **throes**.

torment A feeling of intense annoyance caused by being tormented.

He was **torment**ed by jealousy.

troubled Characterized by or indicative of distress or affliction or danger or need.

Fell into a **troubled** sleep.

uneasiness Inability to rest or relax or be still.

The media often express a general **uneasiness** with animal research.

The act of upsetting something.

An upset stomach.

woe Misery resulting from affliction.

To add to his **woe**s customers have been spending less.

worried Afflicted with or marked by anxious uneasiness or trouble or grief.

**Worried** parents.

wretchedness The character of being uncomfortable and unpleasant.

The grey **wretchedness** of the rain.



