

Need another word that means the same as “arduous”? Find 20 synonyms and 30 related words for “arduous” in this overview.

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The synonyms of “Arduous” are: **straining, strenuous, backbreaking, grueling, gruelling, hard, heavy, laborious, operose, punishing, toilsome, onerous, taxing, difficult, burdensome, vigorous, stiff, uphill, relentless, herculean**

## Arduous as an Adjective

### Definitions of "Arduous" as an adjective

According to the [Oxford Dictionary of English](#), “arduous” as an adjective can have the following definitions:

- *Taxing to the utmost; testing powers of endurance.*
- *Difficult to accomplish; demanding considerable mental effort and skill.*
- *Characterized by effort to the point of exhaustion; especially physical effort.*
- *Involving or requiring strenuous effort; difficult and tiring.*
- *Taxing to the utmost; testing powers of endurance- F.D.Roosevelt.*

### Synonyms of "Arduous" as an adjective (20 Words)

<b>backbreaking</b>	Characterized by effort to the point of exhaustion; especially physical effort.
<b>burdensome</b>	Difficult to carry out or fulfil; taxing. <i>The <b>burdensome</b> responsibilities of professional life.</i>
<b>difficult</b>	Needing much effort or skill to accomplish, deal with, or understand. <i>A <b>difficult</b> task.</i>

<b><u>grueling</u></b>	<p>Characterized by effort to the point of exhaustion; especially physical effort.</p> <p>A <b>grueling</b> campaign.</p>
<b>gruelling</b>	<p>Characterized by effort to the point of exhaustion; especially physical effort.</p> <p>A <b>gruelling</b> schedule.</p>
<b>hard</b>	<p>Unfortunate or hard to bear.</p> <p>He d had a <b>hard</b> life.</p>
<b>heavy</b>	<p>Large and powerful especially designed for heavy loads or rough work.</p> <p>Iago is the <b>heavy</b> role in Othello.</p>
<b>herculean</b>	<p>Displaying superhuman strength or power.</p> <p><b>Herculean</b> exertions.</p>
<b>laborious</b>	<p>(of speech or writing style) showing obvious signs of effort and lacking in fluency.</p> <p>Spent many <b>laborious</b> hours on the project.</p>
<b>onerous</b>	<p>(of a task or responsibility) involving a great deal of effort, trouble, or difficulty.</p> <p>He found his duties increasingly <b>onerous</b>.</p>
<b>operose</b>	<p>Involving or displaying much industry or effort.</p>
<b><u>punishing</u></b>	<p>Characterized by effort to the point of exhaustion; especially physical effort.</p> <p>The recession was having a <b>punishing</b> effect on our business.</p>
<b><u>relentless</u></b>	<p>Unceasingly intense.</p> <p>The <b>relentless</b> beat of the drums.</p>
<b><u>stiff</u></b>	<p>Rigidly formal.</p> <p>They face <b>stiff</b> fines and a possible jail sentence.</p>
<b><u>straining</u></b>	<p>Taxing to the utmost; testing powers of endurance.</p> <p>His final <b>straining</b> burst of speed.</p>
<b>strenuous</b>	<p>Taxing to the utmost; testing powers of endurance.</p> <p>A <b>strenuous</b> task.</p>
<b>taxing</b>	<p>Not easily borne; wearing.</p> <p>A <b>taxing</b> schedule.</p>
<b>toilsome</b>	<p>Characterized by effort to the point of exhaustion; especially physical effort.</p> <p><b>Toilsome</b> chores.</p>
<b>uphill</b>	<p>Requiring great effort; difficult.</p> <p>An <b>uphill</b> struggle to gain worldwide recognition.</p>

vigorous

Strong and active physically or mentally.  
***Vigorous** opposition to the war.*

## Usage Examples of "Arduous" as an adjective

- *An arduous journey.*
- *The arduous work of preparing a dictionary.*
- *Worked their arduous way up the mining valley.*
- *Your willingness after these six arduous days to remain here.*

## Associations of "Arduous" (30 Words)

ardent

Very enthusiastic or passionate.  
*The **ardent** flames.*

**backbreaking**

Characterized by effort to the point of exhaustion; especially physical effort.

**bored**

Feeling weary and impatient because one is unoccupied or lacks interest in one's current activity.  
*They hung around all day **bored** stiff.*

**burdensome**

Undesirably restrictive.  
*Bureaucratically **burdensome** assessment procedures.*

debilitating

(of a disease or condition) making someone very weak and infirm.  
*The **debilitating** effects of underinvestment.*

**demanding**

(of a task) requiring much skill or effort.  
*Found the job very **demanding**.*

**difficult**

Needing much effort or skill to accomplish, deal with, or understand.  
*Nesting places on the cliffs are **difficult** of access.*

**draining**

Having a debilitating effect.

**effort**

A series of actions advancing a principle or tending toward a particular end.  
*The war **effort**.*

**endeavor**

Earnest and conscientious activity intended to do or accomplish something.  
*Wished him luck in his **endeavor**.*

energetic

Possessing or exerting or displaying energy.  
*It caused an **energetic** chemical reaction.*

**exertion**

Physical or mental effort.  
*She was panting with the **exertion**.*

<b>exhausting</b>	Producing exhaustion. <i>An <b>exhausting</b> march.</i>
<b>grueling</b>	Characterized by effort to the point of exhaustion; especially physical effort. <i>A <b>grueling</b> campaign.</i>
<b>hard</b>	Causing great damage or hardship. <i>Times were <b>hard</b> at the end of the war.</i>
<b>heavy</b>	Large and powerful especially designed for heavy loads or rough work. <i>Things were getting pretty <b>heavy</b>.</i>
<b>labored</b>	Requiring or showing effort. <i>The subject made for <b>labored</b> reading.</i>
<b>laborious</b>	Requiring considerable time and effort. <i>Years of <b>laborious</b> training.</i>
<b>onerous</b>	Involving heavy obligations. <i>My duties weren't <b>onerous</b> I only had to greet the guests.</i>
<b>onus</b>	An onerous or difficult concern. <i>The <b>onus</b> is on you to show that you have suffered loss.</i>
<b>overtax</b>	Tax excessively. <i>The UK is not <b>overtaxed</b> compared to other countries.</i>
<b>physical</b>	Impelled by physical force especially against resistance. <i><b>Physical</b> suffering.</i>
<b>strenuous</b>	Taxing to the utmost; testing powers of endurance. <i><b>Strenuous</b> exercise.</i>
<b>taxing</b>	Not easily borne; wearing. <i>A <b>taxing</b> schedule.</i>
<b>tiring</b>	Causing one to need rest or sleep; fatiguing. <i>It had been a <b>tiring</b> day.</i>
<b>toilsome</b>	Characterized by effort to the point of exhaustion; especially physical effort. <i><b>Toilsome</b> chores.</i>
<b>trek</b>	Fish using a trek net. <i>My plan is to <b>trek</b> about seeing the world.</i>
<b>troublesome</b>	Difficult to deal with. <i>A <b>troublesome</b> infection.</i>
<b>vigorous</b>	Strong and active physically or mentally- W.H.Hudson. <i>A tall <b>vigorous</b> and muscular man.</i>

**wearing**

The mechanical process of wearing or grinding something down as by particles washing over it.

*A plan of action will make the whole event a less **wearing** experience.*