

Need another word that means the same as “ashamed”? Find 22 synonyms and 30 related words for “ashamed” in this overview.

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**The synonyms of “Ashamed” are: sorry, shamefaced, abashed, sheepish, guilty, guilt-ridden, contrite, remorseful, repentant, penitent, hangdog, regretful, rueful, apologetic, reluctant, loath, unwilling, disinclined, hesitant, indisposed, slow, afraid**

## Ashamed as an Adjective

### Definitions of "Ashamed" as an adjective

According to the [Oxford Dictionary of English](#), “ashamed” as an adjective can have the following definitions:

- *Reluctant to do something through fear of embarrassment or humiliation.*
- *Embarrassed or guilty because of one's actions, characteristics, or associations.*
- *Feeling shame or guilt or embarrassment or remorse.*



## Synonyms of "Ashamed" as an adjective (22 Words)

- abashed** Feeling or caused to feel uneasy and self-conscious.  
*She was not **abashed** at being caught.*
- afraid** Filled with fear or apprehension.  
***Afraid** to show emotion.*
- apologetic** Offering or expressing apology.  
*An **apologetic** manner.*
- contrite** Feeling or expressing pain or sorrow for sins or offenses.  
*A **contrite** tone.*
- disinclined** Unwilling because of mild dislike or disapproval.  
*The rural community was **disinclined** to abandon the old ways.*
- guilt-ridden** Feeling or revealing a sense of guilt.
- guilty** Causing a feeling of guilt.  
*She was **guilty** of a serious error of judgement.*

<b>hangdog</b>	Frightened into submission or compliance. <i>The <b>hangdog</b> look of a condemned man.</i>
<b>hesitant</b>	Tentative, unsure, or slow in acting or speaking. <i>Her slow <b>hesitant</b> way of speaking.</i>
<b>indisposed</b>	Slightly unwell. <i>Clearly <b>indisposed</b> to grant their request.</i>
<b>loath</b>	Strongly opposed. <i><b>Loath</b> to go on such short notice.</i>
<b>penitent</b>	Feeling or expressing remorse for misdeeds. <i>A <b>penitent</b> expression.</i>
<b>regretful</b>	Feeling or showing regret. <i><b>Regretful</b> over mistakes she had made.</i>
<b>reluctant</b>	Disinclined to become involved. <i>Fresh from college and <b>reluctant</b> for the moment to marry him.</i>
<b>remorseful</b>	Filled with remorse; sorry. <i>The defendant was <b>remorseful</b> for what he had done.</i>
<b>repentant</b>	Expressing or feeling sincere regret and remorse; remorseful. <i>He is truly <b>repentant</b> for his incredible naivety and stupidity.</i>
<b>rueful</b>	Expressing sorrow or regret, especially in a wry or humorous way. <i>She gave a <b>rueful</b> grin.</i>
<b>shamefaced</b>	Showing a sense of guilt. <i>All the boys looked <b>shamefaced</b>.</i>
<b>sheepish</b>	Showing or feeling embarrassment from shame or a lack of self-confidence. <i>A <b>sheepish</b> grin.</i>
<b>slow</b>	At a slow tempo. <i><b>Slow</b> but steady growth.</i>
<b>sorry</b>	Without merit. <i>He looks a <b>sorry</b> sight with his broken jaw.</i>
<b>unwilling</b>	In spite of contrary volition. <i><b>Unwilling</b> to face facts.</i>



## Usage Examples of "Ashamed" as an adjective

- *She felt ashamed that she had hit him.*
- *Felt ashamed of my torn coat.*
- *I am not ashamed to be seen with them.*
- *You should be ashamed of yourself.*
- *His clothes and manners made me ashamed of him.*
- *I'm ashamed to say I followed him home.*
- *Are you ashamed for having lied?*



## Associations of "Ashamed" (30 Words)

<b><u>abashed</u></b>	Feeling or caused to feel uneasy and self-conscious. <i>Felt <b>abashed</b> at the extravagant praise.</i>
<b>arrest</b>	Attract and fix. <i>The spread of the disease can be <b>arrested</b>.</i>
<b>awkward</b>	Difficult to handle or manage especially because of shape. <i>Make sure the baby isn't sleeping in an <b>awkward</b> position.</i>
<b><u>blush</u></b>	Show shyness, embarrassment, or shame by becoming red in the face. <i>Kate felt herself <b>blushing</b> scarlet.</i>
<b><u>confession</u></b>	The religious body or Church sharing a confession of faith. <i>He signed a <b>confession</b> to both the murders.</i>
<b>confessional</b>	An acknowledgement that one has done something shameful or embarrassing; a confession. <i>The autobiography is remarkably <b>confessional</b>.</i>

<b><u>convict</u></b>	A person who has been convicted of a criminal offense. <i>Two escaped <b>convicts</b> kidnapped them at gunpoint.</i>
<b><u>conviction</u></b>	A final judgment of guilty in a criminal case and the punishment that is imposed. <i>The <b>conviction</b> came as no surprise.</i>
<b>criminal</b>	Guilty of crime or serious offense. <i><b>Criminal</b> abuse.</i>
<b>culpable</b>	Deserving blame or censure as being wrong or evil or injurious. <i>Mercy killings are less <b>culpable</b> than ordinary murders.</i>
<b><u>delinquent</u></b>	A delinquent person. <i>Derelict or <b>delinquent</b> in his duty.</i>
<b>disgraced</b>	Suffering shame. <i>The <b>disgraced</b> city financier.</i>
<b><u>disgraceful</u></b>	Shockingly unacceptable. <i>It is <b>disgraceful</b> that they should be denied unemployment benefits.</i>
<b><u>embarrassed</u></b>	Made to feel uncomfortable because of shame or wounded pride. <i>Was <b>embarrassed</b> by her child s tantrums.</i>
<b>embarrassing</b>	Causing embarrassment. <i>An <b>embarrassing</b> muddle.</i>
<b>embarrassment</b>	A person or thing causing feelings of embarrassment. <i>An <b>embarrassment</b> of riches.</i>
<b>expiate</b>	Make amends for. <i><b>Expiate</b> one s sins.</i>
<b><u>flush</u></b>	The device used for flushing a toilet. <i>The plant had started to <b>flush</b> by late March.</i>
<b>fluster</b>	Be flustered behave in a confused manner. <i>The main thing is not to get all in a <b>fluster</b>.</i>
<b>guilty</b>	Culpable of or responsible for a specified wrongdoing. <i>A <b>guilty</b> look.</i>
<b>hangdog</b>	Frightened into submission or compliance. <i>The <b>hangdog</b> and shamefaced air of the retreating enemy.</i>
<b><u>humiliating</u></b>	Causing awareness of your shortcomings. <i>A <b>humiliating</b> defeat.</i>
<b>inmate</b>	One of several occupants of a house. <i><b>Inmates</b> of the Louisiana State Penitentiary.</i>
<b>penitential</b>	Relating to or expressing penitence or penance. <i><b>Penitential</b> tears.</i>

<b>repentant</b>	Expressing or feeling sincere regret and remorse; remorseful. <i>He is truly <b>repentant</b> for his incredible naivety and stupidity.</i>
<b><u>shame</u></b>	Compel through a sense of shame. <i>It is a <b>shame</b> that they are not better known.</i>
<b>shoplift</b>	Steal in a store. <i>He was spotted <b>shoplifting</b> at the supermarket near his home.</i>
<b><u>sin</u></b>	Commit a sin. <i>A <b>sin</b> in the eyes of God.</i>
<b>theft</b>	The action or crime of stealing. <i>He was convicted of <b>theft</b>.</i>
<b>transgression</b>	The spreading of the sea over land as evidenced by the deposition of marine strata over terrestrial strata. <i>I ll be keeping an eye out for further <b>transgressions</b>.</i>

