

Need another word that means the same as “ashamed”? Find 22 synonyms and 30 related words for “ashamed” in this overview.

Table Of Contents:

- [Ashamed as an Adjective](#)
- [Definitions of "Ashamed" as an adjective](#)
- [Synonyms of "Ashamed" as an adjective \(22 Words\)](#)
- [Usage Examples of "Ashamed" as an adjective](#)
- [Associations of "Ashamed" \(30 Words\)](#)

The synonyms of “Ashamed” are: sorry, shamefaced, abashed, sheepish, guilty, guilt-ridden, contrite, remorseful, repentant, penitent, hangdog, regretful, rueful, apologetic, reluctant, loath, unwilling, disinclined, hesitant, indisposed, slow, afraid

Ashamed as an Adjective

Definitions of "Ashamed" as an adjective

According to the [Oxford Dictionary of English](#), “ashamed” as an adjective can have the following definitions:

- *Reluctant to do something through fear of embarrassment or humiliation.*
- *Embarrassed or guilty because of one's actions, characteristics, or associations.*
- *Feeling shame or guilt or embarrassment or remorse.*



Synonyms of "Ashamed" as an adjective (22 Words)

<u>abashed</u>	Feeling or caused to feel uneasy and self-conscious. <i>She was not abashed at being caught.</i>
<u>afraid</u>	Filled with fear or apprehension. <i>Afraid to show emotion.</i>
<u>apologetic</u>	Offering or expressing apology. <i>An apologetic manner.</i>
contrite	Feeling or expressing pain or sorrow for sins or offenses. <i>A contrite tone.</i>
disinclined	Unwilling because of mild dislike or disapproval. <i>The rural community was disinclined to abandon the old ways.</i>
guilt-ridden	Feeling or revealing a sense of guilt.
guilty	Causing a feeling of guilt. <i>She was guilty of a serious error of judgement.</i>

hangdog	Frightened into submission or compliance. <i>The hangdog look of a condemned man.</i>
hesitant	Tentative, unsure, or slow in acting or speaking. <i>Her slow hesitant way of speaking.</i>
indisposed	Slightly unwell. <i>Clearly indisposed to grant their request.</i>
loath	Strongly opposed. <i>Loath to go on such short notice.</i>
penitent	Feeling or expressing remorse for misdeeds. <i>A penitent expression.</i>
regretful	Feeling or showing regret. <i>Regretful over mistakes she had made.</i>
reluctant	Disinclined to become involved. <i>Fresh from college and reluctant for the moment to marry him.</i>
remorseful	Filled with remorse; sorry. <i>The defendant was remorseful for what he had done.</i>
repentant	Expressing or feeling sincere regret and remorse; remorseful. <i>He is truly repentant for his incredible naivety and stupidity.</i>
<u>rueful</u>	Expressing sorrow or regret, especially in a wry or humorous way. <i>She gave a rueful grin.</i>
shamefaced	Showing a sense of guilt. <i>All the boys looked shamefaced.</i>
sheepish	Showing or feeling embarrassment from shame or a lack of self-confidence. <i>A sheepish grin.</i>
slow	At a slow tempo. <i>Slow but steady growth.</i>
<u>sorry</u>	Without merit. <i>He looks a sorry sight with his broken jaw.</i>
<u>unwilling</u>	In spite of contrary volition. <i>Unwilling to face facts.</i>



Usage Examples of "Ashamed" as an adjective

- *She felt ashamed that she had hit him.*
- *Felt ashamed of my torn coat.*
- *I am not ashamed to be seen with them.*
- *You should be ashamed of yourself.*
- *His clothes and manners made me ashamed of him.*
- *I'm ashamed to say I followed him home.*
- *Are you ashamed for having lied?*



Associations of "Ashamed" (30 Words)

<u>abashed</u>	Feeling or caused to feel uneasy and self-conscious. <i>Felt abashed at the extravagant praise.</i>
arrest	Attract and fix. <i>The spread of the disease can be arrested.</i>
awkward	Difficult to handle or manage especially because of shape. <i>Make sure the baby isn't sleeping in an awkward position.</i>
<u>blush</u>	Show shyness, embarrassment, or shame by becoming red in the face. <i>Kate felt herself blushing scarlet.</i>
<u>confession</u>	The religious body or Church sharing a confession of faith. <i>He signed a confession to both the murders.</i>
confessional	An acknowledgement that one has done something shameful or embarrassing; a confession. <i>The autobiography is remarkably confessional.</i>

<u>convict</u>	A person who has been convicted of a criminal offense. <i>Two escaped convicts kidnapped them at gunpoint.</i>
<u>conviction</u>	A final judgment of guilty in a criminal case and the punishment that is imposed. <i>The conviction came as no surprise.</i>
criminal	Guilty of crime or serious offense. <i>Criminal abuse.</i>
culpable	Deserving blame or censure as being wrong or evil or injurious. <i>Mercy killings are less culpable than ordinary murders.</i>
<u>delinquent</u>	A delinquent person. <i>Derelect or delinquent in his duty.</i>
disgraced	Suffering shame. <i>The disgraced city financier.</i>
<u>disgraceful</u>	Shockingly unacceptable. <i>It is disgraceful that they should be denied unemployment benefits.</i>
<u>embarrassed</u>	Made to feel uncomfortable because of shame or wounded pride. <i>Was embarrassed by her child s tantrums.</i>
embarrassing	Causing embarrassment. <i>An embarrassing muddle.</i>
embarrassment	A person or thing causing feelings of embarrassment. <i>An embarrassment of riches.</i>
expiate	Make amends for. <i>Expiate one s sins.</i>
<u>flush</u>	The device used for flushing a toilet. <i>The plant had started to flush by late March.</i>
fluster	Be flustered behave in a confused manner. <i>The main thing is not to get all in a fluster.</i>
guilty	Culpable of or responsible for a specified wrongdoing. <i>A guilty look.</i>
hangdog	Frightened into submission or compliance. <i>The hangdog and shamefaced air of the retreating enemy.</i>
<u>humiliating</u>	Causing awareness of your shortcomings. <i>A humiliating defeat.</i>
inmate	One of several occupants of a house. <i>Inmates of the Louisiana State Penitentiary.</i>
penitential	Relating to or expressing penitence or penance. <i>Penitential tears.</i>

repentant	Expressing or feeling sincere regret and remorse; remorseful. <i>He is truly repentant for his incredible naivety and stupidity.</i>
<u>shame</u>	Compel through a sense of shame. <i>It is a shame that they are not better known.</i>
shoplift	Steal in a store. <i>He was spotted shoplifting at the supermarket near his home.</i>
<u>sin</u>	Commit a sin. <i>A sin in the eyes of God.</i>
theft	The action or crime of stealing. <i>He was convicted of theft.</i>
transgression	The spreading of the sea over land as evidenced by the deposition of marine strata over terrestrial strata. <i>I ll be keeping an eye out for further transgressions.</i>

