

assisted

The past tense of assist is assisted

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The Forms of Assist

Infinitive	to assist
Present Tense	assist / assists
Past Tense	assisted
Present Participle	assisting
Past Participle	assisted

Conjugate Assist

Assist in Present Simple (Indefinite) Tense

Singular Plural

I **assist** We **assist**
You **assist** You **assist**
He/She/It **assists** They **assist**

Assist in Present Continuous (Progressive) Tense

Singular Plural

I **am assisting** We **are assisting**
You **are assisting** You **are assisting**
He/She/It **is assisting** They **are assisting**

Assist in Present Perfect Tense

Singular Plural

I **have assisted** We **have assisted**
You **have assisted** You **have assisted**
He/She/It **has assisted** They **have assisted**

Assist in Present Perfect Continuous Tense

Singular Plural

I **have been assisting** We **have been assisting**
You **have been assisting** You **have been assisting**
He/She/It **has been assisting** They **have been assisting**

Assist in Past Simple (Indefinite) Tense

Singular Plural

I **assisted** We **assisted**
You **assisted** You **assisted**
He/She/It **assisted** They **assisted**

Assist in Past Continuous (Progressive) Tense

Singular

Plural

I **was assisting** We **were assisting**
You **were assisting** You **were assisting**
He/She/It **was assisting** They **were assisting**

Assist in Past Perfect Tense

Singular

Plural

I **had assisted** We **had assisted**
You **had assisted** You **had assisted**
He/She/It **had assisted** They **had assisted**

Assist in Past Perfect Continuous Tense

Singular

Plural

I **had been assisting** We **had been assisting**
You **had been assisting** You **had been assisting**
He/She/It **had been assisting** They **had been assisting**

Assist in Future Simple (Indefinite) Tense

Singular

Plural

I **will assist** We **will assist**
You **will assist** You **will assist**
He/She/It **will assist** They **will assist**

Assist in Future Continuous (Progressive) Tense

Singular

Plural

I **will be assisting** We **will be assisting**
You **will be assisting** You **will be assisting**
He/She/It **will be assisting** They **will be assisting**

Assist in Future Perfect Tense

Singular

Plural

I will have assisted

We will have assisted

You will have assisted

You will have assisted

He/She/It will have assisted

They will have assisted

Assist in Future Perfect Continuous Tense

Singular

Plural

I will have been assisting

We will have been assisting

You will have been assisting

You will have been assisting

He/She/It will have been assisting

They will have been assisting