

# assisted

**The past tense of assist is assisted**

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## The Forms of Assist

|                    |                         |
|--------------------|-------------------------|
| Infinitive         | <b>to assist</b>        |
| Present Tense      | <b>assist / assists</b> |
| Past Tense         | <b>assisted</b>         |
| Present Participle | <b>assisting</b>        |
| Past Participle    | <b>assisted</b>         |

## Conjugate Assist

**Assist in Present Simple (Indefinite) Tense**

**Singular          Plural**

I **assist**                  We **assist**  
You **assist**              You **assist**  
He/She/It **assists**    They **assist**

**Assist in Present Continuous (Progressive) Tense**

**Singular                  Plural**

I **am assisting**        We **are assisting**  
You **are assisting**     You **are assisting**  
He/She/It **is assisting** They **are assisting**

**Assist in Present Perfect Tense**

**Singular                  Plural**

I **have assisted**        We **have assisted**  
You **have assisted**     You **have assisted**  
He/She/It **has assisted** They **have assisted**

**Assist in Present Perfect Continuous Tense**

**Singular                  Plural**

I **have been assisting**    We **have been assisting**  
You **have been assisting**    You **have been assisting**  
He/She/It **has been assisting** They **have been assisting**

**Assist in Past Simple (Indefinite) Tense**

**Singular                  Plural**

I **assisted**                We **assisted**  
You **assisted**             You **assisted**  
He/She/It **assisted**    They **assisted**

**Assist in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I **was assisting**                      We **were assisting**  
You **were assisting**                You **were assisting**  
He/She/It **was assisting**        They **were assisting**

**Assist in Past Perfect Tense**

**Singular**

**Plural**

I **had assisted**                      We **had assisted**  
You **had assisted**                You **had assisted**  
He/She/It **had assisted**        They **had assisted**

**Assist in Past Perfect Continuous Tense**

**Singular**

**Plural**

I **had been assisting**                We **had been assisting**  
You **had been assisting**            You **had been assisting**  
He/She/It **had been assisting**    They **had been assisting**

**Assist in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I **will assist**                      We **will assist**  
You **will assist**                You **will assist**  
He/She/It **will assist**        They **will assist**

**Assist in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I **will be assisting**                We **will be assisting**  
You **will be assisting**            You **will be assisting**  
He/She/It **will be assisting**    They **will be assisting**

**Assist in Future Perfect Tense**

**Singular**

**Plural**

**I will have assisted**

**We will have assisted**

**You will have assisted**

**You will have assisted**

**He/She/It will have assisted**

**They will have assisted**

**Assist in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been assisting**

**We will have been assisting**

**You will have been assisting**

**You will have been assisting**

**He/She/It will have been assisting**

**They will have been assisting**