

benched

The past tense of bench is benched

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The Forms of Bench

Infinitive	to bench
Present Tense	bench / benches
Past Tense	benched
Present Participle	benching
Past Participle	benched

Conjugate Bench

Bench in Present Simple (Indefinite) Tense

Singular

Plural

I **bench**

We **bench**

You **bench**

You **bench**

He/She/It **benches** They **bench**

Bench in Present Continuous (Progressive) Tense

Singular

Plural

I **am benching**

We **are benching**

You **are benching**

You **are benching**

He/She/It **is benching** They **are benching**

Bench in Present Perfect Tense

Singular

Plural

I **have benched**

We **have benched**

You **have benched**

You **have benched**

He/She/It **has benched** They **have benched**

Bench in Present Perfect Continuous Tense

Singular

Plural

I **have been benching**

We **have been benching**

You **have been benching**

You **have been benching**

He/She/It **has been benching** They **have been benching**

Bench in Past Simple (Indefinite) Tense

Singular

Plural

I **benched**

We **benched**

You **benched**

You **benched**

He/She/It **benched** They **benched**

Bench in Past Continuous (Progressive) Tense

Singular

Plural

I was benching	We were benching
You were benching	You were benching
He/She/It was benching	They were benching

Bench in Past Perfect Tense

Singular

Plural

I had benched	We had benched
You had benched	You had benched
He/She/It had benched	They had benched

Bench in Past Perfect Continuous Tense

Singular

Plural

I had been benching	We had been benching
You had been benching	You had been benching
He/She/It had been benching	They had been benching

Bench in Future Simple (Indefinite) Tense

Singular

Plural

I will bench	We will bench
You will bench	You will bench
He/She/It will bench	They will bench

Bench in Future Continuous (Progressive) Tense

Singular

Plural

I will be benching	We will be benching
You will be benching	You will be benching
He/She/It will be benching	They will be benching

Bench in Future Perfect Tense

Singular

Plural

I will have benched

We will have benched

You will have benched

You will have benched

He/She/It will have benched

They will have benched

Bench in Future Perfect Continuous Tense

Singular

Plural

I will have been benching

We will have been benching

You will have been benching

You will have been benching

He/She/It will have been benching

They will have been benching