# benefited or benefitted

**The past tense of benefit is benefited or benefitted**

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## The Forms of Benefit

| | |
|---|---|
| Infinitive | **to benefit** |
| Present Tense | **benefit / benefits** |
| Past Tense | **benefited or benefitted** |
| Present Participle | **benefiting or benefitting** |
| Past Participle | **benefited or benefitted** |

## Conjugate Benefit

**Benefit in Present Simple (Indefinite) Tense**

| Singular | Plural |
|---|---|
| I **benefit** | We **benefit** |
| You **benefit** | You **benefit** |
| He/She/It **benefits** | They **benefit** |

## Benefit in Present Continuous (Progressive) Tense

| Singular | Plural |
|---|---|
| I **am benefiting or benefitting** | We **are benefiting or benefitting** |
| You **are benefiting or benefitting** | You **are benefiting or benefitting** |
| He/She/It **is benefiting or benefitting** | They **are benefiting or benefitting** |

## Benefit in Present Perfect Tense

| Singular | Plural |
|---|---|
| I **have benefited or benefitted** | We **have benefited or benefitted** |
| You **have benefited or benefitted** | You **have benefited or benefitted** |
| He/She/It **has benefited or benefitted** | They **have benefited or benefitted** |

## Benefit in Present Perfect Continuous Tense

| Singular | Plural |
|---|---|
| I **have been benefiting or benefitting** | We **have been benefiting or benefitting** |
| You **have been benefiting or benefitting** | You **have been benefiting or benefitting** |
| He/She/It **has been benefiting or benefitting** | They **have been benefiting or benefitting** |

## Benefit in Past Simple (Indefinite) Tense

| Singular | Plural |
|---|---|
| I **benefited or benefitted** | We **benefited or benefitted** |
| You **benefited or benefitted** | You **benefited or benefitted** |
| He/She/It **benefited or benefitted** | They **benefited or benefitted** |

## Benefit in Past Continuous (Progressive) Tense

| Singular | Plural |
| --- | --- |
| I **was benefiting or benefitting** | We **were benefiting or benefitting** |
| You **were benefiting or benefitting** | You **were benefiting or benefitting** |
| He/She/It **was benefiting or benefitting** | They **were benefiting or benefitting** |

## Benefit in Past Perfect Tense

| Singular | Plural |
| --- | --- |
| I **had benefited or benefitted** | We **had benefited or benefitted** |
| You **had benefited or benefitted** | You **had benefited or benefitted** |
| He/She/It **had benefited or benefitted** | They **had benefited or benefitted** |

## Benefit in Past Perfect Continuous Tense

| Singular | Plural |
| --- | --- |
| I **had been benefiting or benefitting** | We **had been benefiting or benefitting** |
| You **had been benefiting or benefitting** | You **had been benefiting or benefitting** |
| He/She/It **had been benefiting or benefitting** | They **had been benefiting or benefitting** |

## Benefit in Future Simple (Indefinite) Tense

| Singular | Plural |
| --- | --- |
| I **will benefit** | We **will benefit** |
| You **will benefit** | You **will benefit** |
| He/She/It **will benefit** | They **will benefit** |

## Benefit in Future Continuous (Progressive) Tense

| Singular | Plural |
| --- | --- |
| I **will be benefiting or benefitting** | We **will be benefiting or benefitting** |
| You **will be benefiting or benefitting** | You **will be benefiting or benefitting** |
| He/She/It **will be benefiting or benefitting** | They **will be benefiting or benefitting** |

## Benefit in Future Perfect Tense

| Singular | Plural |
|---|---|
| I **will have benefited or benefitted** | We **will have benefited or benefitted** |
| You **will have benefited or benefitted** | You **will have benefited or benefitted** |
| He/She/It **will have benefited or benefitted** | They **will have benefited or benefitted** |

## Benefit in Future Perfect Continuous Tense

| Singular | Plural |
|---|---|
| I **will have been benefiting or benefitting** | We **will have been benefiting or benefitting** |
| You **will have been benefiting or benefitting** | You **will have been benefiting or benefitting** |
| He/She/It **will have been benefiting or benefitting** | They **will have been benefiting or benefitting** |