

benefited or benefitted

The past tense of benefit is benefited or benefitted

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The Forms of Benefit

Infinitive	to benefit
Present Tense	benefit / benefits
Past Tense	benefited or benefitted
Present Participle	benefiting or benefitting
Past Participle	benefited or benefitted

Conjugate Benefit

Benefit in Present Simple (Indefinite) Tense

Singular

Plural

I **benefit**

We **benefit**

You **benefit**

You **benefit**

He/She/It **benefits**

They **benefit**

Benefit in Present Continuous (Progressive) Tense

Singular

Plural

I **am benefiting or benefitting**

We **are benefiting or benefitting**

You **are benefiting or benefitting**

You **are benefiting or benefitting**

He/She/It **is benefiting or benefitting**

They **are benefiting or benefitting**

Benefit in Present Perfect Tense

Singular

Plural

I **have benefited or benefitted**

We **have benefited or benefitted**

You **have benefited or benefitted**

You **have benefited or benefitted**

He/She/It **has benefited or benefitted**

They **have benefited or benefitted**

Benefit in Present Perfect Continuous Tense

Singular

Plural

I **have been benefiting or benefitting**

We **have been benefiting or benefitting**

You **have been benefiting or benefitting**

You **have been benefiting or benefitting**

He/She/It **has been benefiting or benefitting**

They **have been benefiting or benefitting**

Benefit in Past Simple (Indefinite) Tense

Singular

Plural

I **benefited or benefitted**

We **benefited or benefitted**

You **benefited or benefitted**

You **benefited or benefitted**

He/She/It **benefited or benefitted**

They **benefited or benefitted**

Benefit in Past Continuous (Progressive) Tense

Singular

I was benefiting or benefitting

You were benefiting or benefitting

He/She/It was benefiting or benefitting

Plural

We were benefiting or benefitting

You were benefiting or benefitting

They were benefiting or benefitting

Benefit in Past Perfect Tense

Singular

I had benefited or benefitted

You had benefited or benefitted

He/She/It had benefited or benefitted

Plural

We had benefited or benefitted

You had benefited or benefitted

They had benefited or benefitted

Benefit in Past Perfect Continuous Tense

Singular

I had been benefiting or benefitting

You had been benefiting or benefitting

He/She/It had been benefiting or benefitting

Plural

We had been benefiting or benefitting

You had been benefiting or benefitting

They had been benefiting or benefitting

Benefit in Future Simple (Indefinite) Tense

Singular

I will benefit

You will benefit

He/She/It will benefit

Plural

We will benefit

You will benefit

They will benefit

Benefit in Future Continuous (Progressive) Tense

Singular

I will be benefiting or benefitting

You will be benefiting or benefitting

He/She/It will be benefiting or benefitting

Plural

We will be benefiting or benefitting

You will be benefiting or benefitting

They will be benefiting or benefitting

Benefit in Future Perfect Tense

Singular

I will have benefited or benefitted

You will have benefited or benefitted

He/She/It will have benefited or benefitted

Plural

We will have benefited or benefitted

You will have benefited or benefitted

They will have benefited or benefitted

Benefit in Future Perfect Continuous Tense

Singular

I will have been benefiting or benefitting

You will have been benefiting or benefitting

He/She/It will have been benefiting or benefitting

Plural

We will have been benefiting or benefitting

You will have been benefiting or benefitting

They will have been benefiting or benefitting