

Need another word that means the same as “calm down”? Find 30 related words for “calm down” in this overview.

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## Associations of "Calm down" (30 Words)

<b><u>calmness</u></b>	Steadiness of mind under stress. <i>Those who worked with him refer time and again to his <b>calmness</b> under pressure.</i>
<b>composed</b>	Serenely self-possessed and free from agitation especially in times of stress. <i>A very talented and <b>composed</b> young player.</i>
<b>composure</b>	The state or feeling of being calm and in control of oneself. <i>She was struggling to regain her <b>composure</b>.</i>
<b>coolheaded</b>	Marked by calm self-control (especially in trying circumstances); unemotional. <i>Stayed <b>coolheaded</b> in the crisis.</i>
<b>equanimity</b>	Steadiness of mind under stress. <i>He accepted their problems with composure and she with <b>equanimity</b>.</i>
<b>halcyon</b>	A tropical Asian and African kingfisher with brightly coloured plumage. <i>A <b>halcyon</b> atmosphere.</i>
<b><u>idyllic</u></b>	Excellent and delightful in all respects. <i>An <b>idyllic</b> spot for a picnic.</i>
<b><u>imperturbable</u></b>	Unable to be upset or excited; calm. <i>Hitherto <b>imperturbable</b> he now showed signs of alarm.</i>
<b>noiseless</b>	Making no sound- Shakespeare. <i>Th inaudible and <b>noiseless</b> foot of time.</i>
<b>nonviolence</b>	Peaceful resistance to a government by fasting or refusing to cooperate.
<b>nonviolent</b>	Achieved without bloodshed.
<b>pacific</b>	A steam locomotive of 4-6-2 wheel arrangement. <i>A <b>pacific</b> gesture.</i>
<b>peaceful</b>	Peacefully resistant in response to injustice. <i><b>Peaceful</b> times.</i>

<b>peacetime</b>	A period of time during which there is no war. <i>In <b>peacetime</b> regiments were billeted upon towns and villages.</i>
<b><u>placid</u></b>	Free from disturbance by heavy waves. <i>Not everyone shared his <b>placid</b> temperament.</i>
<b>quiescent</b>	Marked by a state of tranquil repose. <i>A <b>quiescent</b> tumor.</i>
<b>quiet</b>	With little or no activity or no agitation quiet is a nonstandard variant for quietly. <i>The room was dark and <b>quiet</b>.</i>
<b>quietude</b>	A state of stillness, calmness, and quiet in a person or place. <i>It highlights her <b>quietude</b> and wise passivity.</i>
<b><u>restful</u></b>	Affording physical or mental rest. <i>The rooms were cool and <b>restful</b>.</i>
<b>reticence</b>	The quality of being reticent; reserve. <i>The traditional emotional <b>reticence</b> of the British.</i>
<b><u>sedate</u></b>	Characterized by dignity and propriety. <i>A quiet <b>sedate</b> nature.</i>
<b><u>serene</u></b>	An expanse of clear sky or calm sea. <i>Not a cloud obscured the deep <b>serene</b>.</i>
<b><u>serenity</u></b>	A disposition free from stress or emotion. <i>An oasis of <b>serenity</b> amidst the bustling city.</i>
<b>still</b>	Make or become still quieten. <i>Film <b>stills</b>.</i>
<b><u>stillness</u></b>	Calmness without winds. <i>An eerie <b>stillness</b> engulfed the camp.</i>
<b><u>tranquil</u></b>	Free from disturbance by heavy waves. <i>A lake of <b>tranquil</b> blue water reflecting a <b>tranquil</b> blue sky.</i>
<b><u>tranquility</u></b>	A disposition free from stress or emotion.
<b>tranquilize</b>	Cause to be calm or quiet as by administering a sedative to.
<b>tranquillity</b>	An untroubled state; free from disturbances. <i>Passing cars are the only noise that disturbs the <b>tranquillity</b> of rural life.</i>
<b>unflappable</b>	Not easily perturbed or excited or upset; marked by extreme calm and composure. <i>Self contained <b>unflappable</b> Glaswegian common sense.</i>

