

Need another word that means the same as “calmness”? Find 3 synonyms and 30 related words for “calmness” in this overview.

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The synonyms of “Calmness” are: calm, composure, equanimity

Calmness as a Noun

Definitions of "Calmness" as a noun

According to the [Oxford Dictionary of English](#), “calmness” as a noun can have the following definitions:

- *Steadiness of mind under stress.*
- *The state or condition of being free from disturbance or violent activity.*
- *The state or quality of being free from agitation or strong emotion.*
- *An absence of strong winds or rain.*
- *A feeling of calm; an absence of agitation or excitement.*



Synonyms of "Calmness" as a noun (3 Words)

- calm** The absence of strong emotions calm feelings.
*In the centre of the storm **calm** prevailed.*
- composure** Steadiness of mind under stress.
*She was struggling to regain her **composure**.*
- equanimity** Steadiness of mind under stress.
*She accepted both the good and the bad with **equanimity**.*



Usage Examples of "Calmness" as a noun

- *This relative calmness ended at around 7 a.m., when the wind picked up speed.*
- *She exuded calmness and good humour.*
- *Those who worked with him refer time and again to his calmness under pressure.*



Associations of "Calmness" (30 Words)

- calm** The absence of strong emotions calm feelings.
*I took him inside and tried to **calm** him down.*
- calmly** Without agitation or strong emotion.
*He spoke slowly and **calmly**.*
- composed** Having one's feelings and expression under control; calm.
*The performer seemed completely **composed** as she stepped onto the stage.*
- composure** Steadiness of mind under stress.
*She was struggling to regain her **composure**.*
- equanimity** Steadiness of mind under stress.
*She accepted both the good and the bad with **equanimity**.*
- hush** Cause to be quiet or not talk.
*A **hush** descended over the crowd.*

noiseless	Silent or very quiet. <i>Th inaudible and noiseless foot of time.</i>
nonviolence	Peaceful resistance to a government by fasting or refusing to cooperate.
pacific	Disposed to peace or of a peaceful nature. <i>The result of this pacific policy was that no troops were called up.</i>
peace	A treaty agreeing peace between warring states. <i>The Straits were to be open to warships in time of peace.</i>
peaceful	Peacefully resistant in response to injustice. <i>His peaceful mood vanished.</i>
placid	Not easily upset or excited. <i>Not everyone shared his placid temperament.</i>
poise	Cause to be balanced or suspended. <i>At least he had a moment to think to recover his poise.</i>
quiescent	Not active or activated. <i>The quiescent level of centimeter wave length solar radiation.</i>
quiet	Become quiet or quieter. <i>A quiet life.</i>
quietness	The fact or state of abstaining from speech. <i>Grandpa s sudden quietness was disconcerting.</i>
quietude	A state of stillness, calmness, and quiet in a person or place. <i>A moment of quietude.</i>
repose	A state of rest, sleep, or tranquillity. <i>The nation reposed its confidence in the King.</i>
restful	Having a quiet and soothing quality. <i>She spent a restful night at home.</i>
reticence	The quality of being reticent; reserve. <i>The traditional emotional reticence of the British.</i>
serene	An expanse of clear sky or calm sea. <i>He remained serene in the midst of turbulence.</i>
serenity	The state of being calm, peaceful, and untroubled. <i>An oasis of serenity amidst the bustling city.</i>
silence	A refusal to speak when expected. <i>Please silence the children in the church.</i>
static	Relating to statics. <i>Demand has grown in what was a fairly static market.</i>
stillness	(poetic) tranquil silence. <i>Absolute stillness greeted our gaze.</i>

- tranquil** Free from disturbance by heavy waves.
*The sea was **tranquil**.*
- tranquility** A disposition free from stress or emotion.
- tranquelize** Cause to be calm or quiet as by administering a sedative to.
- tranquillity** A state of peace and quiet.
*Passing cars are the only noise that disturbs the **tranquillity** of rural life.*
- unflappable** Having or showing calmness in a crisis.
*I prided myself on being **unflappable** even in the most chaotic circumstances.*

