

# catastrophized

**The past tense of catastrophize is catastrophized**

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## The Forms of Catastrophize

Infinitive	<b>to catastrophize</b>
Present Tense	<b>catastrophize / catastrophizes</b>
Past Tense	<b>catastrophized</b>
Present Participle	<b>catastrophizing</b>
Past Participle	<b>catastrophized</b>

## Conjugate Catastrophize

**Catastrophize in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **catastrophize**                      We **catastrophize**  
You **catastrophize**                  You **catastrophize**  
He/She/It **catastrophizes**      They **catastrophize**

**Catastrophize in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am catastrophizing**              We **are catastrophizing**  
You **are catastrophizing**          You **are catastrophizing**  
He/She/It **is catastrophizing**      They **are catastrophizing**

**Catastrophize in Present Perfect Tense**

**Singular**

**Plural**

I **have catastrophized**              We **have catastrophized**  
You **have catastrophized**          You **have catastrophized**  
He/She/It **has catastrophized**      They **have catastrophized**

**Catastrophize in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been catastrophizing**      We **have been catastrophizing**  
You **have been catastrophizing**      You **have been catastrophizing**  
He/She/It **has been catastrophizing**      They **have been catastrophizing**

**Catastrophize in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **catastrophized**                      We **catastrophized**  
You **catastrophized**                  You **catastrophized**  
He/She/It **catastrophized**          They **catastrophized**

**Catastrophize in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was catastrophizing      We were catastrophizing  
You were catastrophizing      You were catastrophizing  
He/She/It was catastrophizing      They were catastrophizing

**Catastrophize in Past Perfect Tense**

**Singular**

**Plural**

I had catastrophized      We had catastrophized  
You had catastrophized      You had catastrophized  
He/She/It had catastrophized      They had catastrophized

**Catastrophize in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been catastrophizing      We had been catastrophizing  
You had been catastrophizing      You had been catastrophizing  
He/She/It had been catastrophizing      They had been catastrophizing

**Catastrophize in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will catastrophize      We will catastrophize  
You will catastrophize      You will catastrophize  
He/She/It will catastrophize      They will catastrophize

**Catastrophize in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be catastrophizing      We will be catastrophizing  
You will be catastrophizing      You will be catastrophizing  
He/She/It will be catastrophizing      They will be catastrophizing

**Catastrophize in Future Perfect Tense**

**Singular**

**Plural**

**I will have catastrophized**

**We will have catastrophized**

**You will have catastrophized**

**You will have catastrophized**

**He/She/It will have catastrophized** **They will have catastrophized**

**Catastrophize in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been catastrophizing**

**We will have been catastrophizing**

**You will have been catastrophizing**

**You will have been catastrophizing**

**He/She/It will have been catastrophizing** **They will have been catastrophizing**