

Need another word that means the same as “cathartic”? Find 15 synonyms and 30 related words for “cathartic” in this overview.

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**The synonyms of “Cathartic” are: evacuant, purgative, psychotherapeutic, releasing, purging, purifying, cleansing, freeing, aperient, physic, laxative, enema, lenitive**

## Cathartic as a Noun

### Definitions of "Cathartic" as a noun

According to the [Oxford Dictionary of English](#), “cathartic” as a noun can have the following definitions:

- *A purging medicine; stimulates evacuation of the bowels.*
- *A purgative drug.*



## Synonyms of "Cathartic" as a noun (7 Words)

- aperient** A purging medicine; stimulates evacuation of the bowels.
- enema** A procedure in which liquid or gas is injected into the rectum, to expel its contents or to introduce drugs or permit X-ray imaging.
- evacuant** An evacuant medicine such as a laxative an emetic or a sudorific.
- laxative** A medicine which has a laxative effect.  
*He may prescribe a **laxative** to ease the congestion.*
- lenitive** Remedy that eases pain and discomfort.
- physic** Medicinal drugs.  
*A **physic** for wives to give to impotent husbands.*
- purgative** A laxative.  
*A widely employed and useful **purgative**.*



## Cathartic as an Adjective

### Definitions of "Cathartic" as an adjective

According to the [Oxford Dictionary of English](#), "cathartic" as an adjective can have the following definitions:

- *Emotionally purging (of e.g. art).*
- *Providing psychological relief through the open expression of strong emotions; causing catharsis.*
- *Emotionally purging.*
- *Purgative.*
- *Strongly laxative.*





## Synonyms of "Cathartic" as an adjective (8 Words)

<b>cleansing</b>	Cleansing the body by washing especially ritual washing of e.g. hands. <i>A <b>cleansing</b> cream.</i>
<b>evacuant</b>	(of a medicine or treatment) acting to induce some kind of bodily discharge.
<b>freeing</b>	Completely wanting or lacking.
<b>psychotherapeutic</b>	Emotionally purging. <i><b>Psychotherapeutic</b> treatments for childhood anxiety disorders.</i>
<b>purgative</b>	Strongly laxative in effect. <i>The <b>purgative</b> action of language.</i>
<b>purging</b>	Serving to purge or rid of sin.
<b>purifying</b>	Acting like an antiseptic. <i>Filtration is a <b>purifying</b> agent.</i>
<b>releasing</b>	Emotionally purging (of e.g. art).



## Usage Examples of "Cathartic" as an adjective

- *Crying is a cathartic release.*

## Associations of "Cathartic" (30 Words)

<b>affective</b>	Denoting or relating to mental disorders in which disturbance of mood is the primary symptom. <i><b>Affective</b> disorders.</i>
<b><u>cognition</u></b>	A perception sensation idea or intuition resulting from the process of cognition.
<b>conceptualize</b>	Form a concept or idea of (something). <i>Sex was <b>conceptualized</b> as an overpowering force in the individual.</i>
<b>emotion</b>	Any strong feeling. <i>Responses have to be based on historical insight not simply on <b>emotion</b>.</i>
<b>emotional</b>	Of more than usual emotion. <i>An <b>emotional</b> speech.</i>
<b>expression</b>	Expression without words. <i>His manner of <b>expression</b> showed how much he cared.</i>

<b>feeling</b>	The capacity to experience the sense of touch. <i>She was a <b>feeling</b> child.</i>
<b>intangibility</b>	The quality of being intangible and not perceptible by touch.
<b>ire</b>	Belligerence aroused by a real or supposed wrong (personified as one of the deadly sins). <i>The plans provoked the <b>ire</b> of conservationists.</i>
<b>jealousy</b>	The state or feeling of being jealous. <i>A sharp pang of <b>jealousy</b>.</i>
<b>lyrical</b>	Suitable for or suggestive of singing. <i>The <b>lyrical</b> content of his songs.</i>
<b>madden</b>	Cause to go crazy; cause to lose one's mind. <i>His behavior is <b>maddening</b>.</i>
<b>maladjustment</b>	The condition of being unable to adapt properly to your environment with resulting emotional instability. <i>Children of parents with chronic illness are at risk of psychological <b>maladjustment</b>.</i>
<b>mawkish</b>	Effusively or insincerely emotional. <i>The <b>mawkish</b> smell of warm beer.</i>
<b>mental</b>	Relating to the mind. <i>A quick <b>mental</b> calculation.</i>
<b>moody</b>	Giving an impression of melancholy or mystery. <i>His <b>moody</b> adolescent brother.</i>
<b>pathos</b>	A style that has the power to evoke feelings. <i>The actor injects his customary humour and <b>pathos</b> into the role.</i>
<b>psychic</b>	The study of psychic phenomena. <i><b>Psychic</b> energy.</i>
<b>psychological</b>	Of or relating to or determined by psychology. <i><b>Psychological</b> research.</i>
<b>psychologist</b>	A scientist trained in psychology. <i>A sports <b>psychologist</b>.</i>
<b>psychology</b>	The mental characteristics or attitude of a person or group. <i>The <b>psychology</b> of child killers.</i>
<b>semiconscious</b>	Partially conscious; not completely aware of sensations.
<b>sensibility</b>	The quality of being able to appreciate and respond to complex emotional or aesthetic influences; sensitivity. <i>Cruelty offended his <b>sensibility</b>.</i>

<b><u>sentiment</u></b>	Tender, romantic, or nostalgic feeling or emotion. <i>I agree with your <b>sentiments</b> regarding the road bridge.</i>
<b><u>sentimental</u></b>	Given to or marked by sentiment or sentimentality. <b>Sentimental</b> soap operas.
<b>superego</b>	(psychoanalysis) that part of the unconscious mind that acts as a conscience. <i>True schizophrenias lack the <b>superego</b> elements present in paranoia.</i>
<b>telepathy</b>	The supposed communication of thoughts or ideas by means other than the known senses.
<b>thinking</b>	Using thought or rational judgement; intelligent. <b>Thinking</b> always made him frown.
<b>touched</b>	Slightly insane. <i>You have to be a little <b>touched</b> to do my job.</i>
<b>unsentimental</b>	Facing facts or difficulties realistically and with determination. <i>The speeches were short and <b>unsentimental</b>.</i>