

Need another word that means the same as “cathartic”? Find 15 synonyms and 30 related words for “cathartic” in this overview.

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The synonyms of “Cathartic” are: evacuant, purgative, psychotherapeutic, releasing, purging, purifying, cleansing, freeing, aperient, physic, laxative, enema, lenitive

Cathartic as a Noun

Definitions of "Cathartic" as a noun

According to the [Oxford Dictionary of English](#), “cathartic” as a noun can have the following definitions:

- *A purging medicine; stimulates evacuation of the bowels.*
- *A purgative drug.*



Synonyms of "Cathartic" as a noun (7 Words)

- aperient** A purging medicine; stimulates evacuation of the bowels.
- enema** A procedure in which liquid or gas is injected into the rectum, to expel its contents or to introduce drugs or permit X-ray imaging.
- evacuant** An evacuant medicine such as a laxative an emetic or a sudorific.
- laxative** A medicine which has a laxative effect.
*He may prescribe a **laxative** to ease the congestion.*
- lenitive** Remedy that eases pain and discomfort.
- physic** Medicinal drugs.
*A **physic** for wives to give to impotent husbands.*
- purgative** A laxative.
*A widely employed and useful **purgative**.*



Cathartic as an Adjective

Definitions of "Cathartic" as an adjective

According to the [Oxford Dictionary of English](#), "cathartic" as an adjective can have the following definitions:

- *Emotionally purging (of e.g. art).*
- *Providing psychological relief through the open expression of strong emotions; causing catharsis.*
- *Emotionally purging.*
- *Purgative.*
- *Strongly laxative.*



Synonyms of "Cathartic" as an adjective (8 Words)

cleansing	Cleansing the body by washing especially ritual washing of e.g. hands. <i>A cleansing cream.</i>
evacuant	(of a medicine or treatment) acting to induce some kind of bodily discharge.
freeing	Completely wanting or lacking.
psychotherapeutic	Emotionally purging. <i>Psychotherapeutic treatments for childhood anxiety disorders.</i>
purgative	Strongly laxative in effect. <i>The purgative action of language.</i>
purging	Serving to purge or rid of sin.
purifying	Acting like an antiseptic. <i>Filtration is a purifying agent.</i>
releasing	Emotionally purging (of e.g. art).



Usage Examples of "Cathartic" as an adjective

- *Crying is a cathartic release.*

Associations of "Cathartic" (30 Words)

affective	Denoting or relating to mental disorders in which disturbance of mood is the primary symptom. <i>Affective disorders.</i>
<u>cognition</u>	A perception sensation idea or intuition resulting from the process of cognition.
conceptualize	Form a concept or idea of (something). <i>Sex was conceptualized as an overpowering force in the individual.</i>
emotion	Any strong feeling. <i>Responses have to be based on historical insight not simply on emotion.</i>
emotional	Of more than usual emotion. <i>An emotional speech.</i>
expression	Expression without words. <i>His manner of expression showed how much he cared.</i>

feeling	The capacity to experience the sense of touch. <i>She was a feeling child.</i>
intangibility	The quality of being intangible and not perceptible by touch.
ire	Belligerence aroused by a real or supposed wrong (personified as one of the deadly sins). <i>The plans provoked the ire of conservationists.</i>
jealousy	The state or feeling of being jealous. <i>A sharp pang of jealousy.</i>
lyrical	Suitable for or suggestive of singing. <i>The lyrical content of his songs.</i>
madden	Cause to go crazy; cause to lose one's mind. <i>His behavior is maddening.</i>
maladjustment	The condition of being unable to adapt properly to your environment with resulting emotional instability. <i>Children of parents with chronic illness are at risk of psychological maladjustment.</i>
mawkish	Effusively or insincerely emotional. <i>The mawkish smell of warm beer.</i>
mental	Relating to the mind. <i>A quick mental calculation.</i>
moody	Giving an impression of melancholy or mystery. <i>His moody adolescent brother.</i>
pathos	A style that has the power to evoke feelings. <i>The actor injects his customary humour and pathos into the role.</i>
psychic	The study of psychic phenomena. <i>Psychic energy.</i>
psychological	Of or relating to or determined by psychology. <i>Psychological research.</i>
psychologist	A scientist trained in psychology. <i>A sports psychologist.</i>
psychology	The mental characteristics or attitude of a person or group. <i>The psychology of child killers.</i>
semiconscious	Partially conscious; not completely aware of sensations.
sensibility	The quality of being able to appreciate and respond to complex emotional or aesthetic influences; sensitivity. <i>Cruelty offended his sensibility.</i>

<u>sentiment</u>	Tender, romantic, or nostalgic feeling or emotion. <i>I agree with your sentiments regarding the road bridge.</i>
<u>sentimental</u>	Given to or marked by sentiment or sentimentality. Sentimental soap operas.
superego	(psychoanalysis) that part of the unconscious mind that acts as a conscience. <i>True schizophrenias lack the superego elements present in paranoia.</i>
telepathy	The supposed communication of thoughts or ideas by means other than the known senses.
thinking	Using thought or rational judgement; intelligent. Thinking always made him frown.
touched	Slightly insane. <i>You have to be a little touched to do my job.</i>
unsentimental	Facing facts or difficulties realistically and with determination. <i>The speeches were short and unsentimental.</i>