

constricted

The past tense of constrict is constricted

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The Forms of Constrict

Infinitive	to constrict
Present Tense	constrict / constricts
Past Tense	constricted
Present Participle	constricting
Past Participle	constricted

Conjugate Constrict

Constrict in Present Simple (Indefinite) Tense

Singular

Plural

I **constrict** We **constrict**
You **constrict** You **constrict**
He/She/It **constricts** They **constrict**

Constrict in Present Continuous (Progressive) Tense

Singular

Plural

I **am constricting** We **are constricting**
You **are constricting** You **are constricting**
He/She/It **is constricting** They **are constricting**

Constrict in Present Perfect Tense

Singular

Plural

I **have constricted** We **have constricted**
You **have constricted** You **have constricted**
He/She/It **has constricted** They **have constricted**

Constrict in Present Perfect Continuous Tense

Singular

Plural

I **have been constricting** We **have been constricting**
You **have been constricting** You **have been constricting**
He/She/It **has been constricting** They **have been constricting**

Constrict in Past Simple (Indefinite) Tense

Singular

Plural

I **constricted** We **constricted**
You **constricted** You **constricted**
He/She/It **constricted** They **constricted**

Constrict in Past Continuous (Progressive) Tense

Singular

Plural

I **was constricting** We **were constricting**
You **were constricting** You **were constricting**
He/She/It **was constricting** They **were constricting**

Constrict in Past Perfect Tense

Singular

Plural

I **had constricted** We **had constricted**
You **had constricted** You **had constricted**
He/She/It **had constricted** They **had constricted**

Constrict in Past Perfect Continuous Tense

Singular

Plural

I **had been constricting** We **had been constricting**
You **had been constricting** You **had been constricting**
He/She/It **had been constricting** They **had been constricting**

Constrict in Future Simple (Indefinite) Tense

Singular

Plural

I **will constrict** We **will constrict**
You **will constrict** You **will constrict**
He/She/It **will constrict** They **will constrict**

Constrict in Future Continuous (Progressive) Tense

Singular

Plural

I **will be constricting** We **will be constricting**
You **will be constricting** You **will be constricting**
He/She/It **will be constricting** They **will be constricting**

Constrict in Future Perfect Tense

Singular

Plural

I will have constricted

We will have constricted

You will have constricted

You will have constricted

He/She/It will have constricted **They will have constricted**

Constrict in Future Perfect Continuous Tense

Singular

Plural

I will have been constricting

We will have been constricting

You will have been constricting

You will have been constricting

He/She/It will have been constricting **They will have been constricting**