

Need another word that means the same as “constrict”? Find 29 synonyms and 30 related words for “constrict” in this overview.

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The synonyms of “Constrict” are: constringe, narrow, compact, compress, contract, press, squeeze, become narrower, make narrower, tighten, become smaller, make smaller, shrink, draw in, choke, choke to death, suffocate, smother, stifle, impede, restrict, inhibit, obstruct, limit, interfere with, hinder, hamper, check, curb

Constrict as a Verb

Definitions of "Constrict" as a verb

According to the [Oxford Dictionary of English](#), “constrict” as a verb can have the following definitions:

- *Become tight or as if tight.*
- *Squeeze or press together.*
- *Become narrower.*
- *Inhibit or restrict.*
- *Make narrower, especially by encircling pressure.*
- *(of a snake) coil round (prey) in order to asphyxiate it.*



Synonyms of "Constrict" as a verb (29 Words)

become narrower Enhance the appearance of.

become smaller Enter or assume a certain state or condition.

check Hold back as of a danger or an enemy check the expansion or influence of.

*Keep your receipt to **check** against your statement.*

choke Cause to retch or choke.

*The roads were **choked** with traffic.*

choke to death Check or slow down the action or effect of.

compact Have the property of being packable or of compacting easily.

*The snow hardened and **compacted**.*

<u>compress</u>	Alter the form of (data) to reduce the amount of storage necessary. <i>In this chapter we compress into summary form the main findings.</i>
constringe	Become tight or as if tight.
contract	Enter into a contractual arrangement. <i>Kings obtained dispensations to enable them to contract politically advantageous matches.</i>
curb	Lead a dog being walked near the curb to urinate or defecate in order to avoid soiling buildings pavements etc. <i>She promised she would curb her temper.</i>
draw in	Pass over, across, or through.
hamper	Prevent the progress or free movement of. <i>He was hampered in his efforts by the bad weather.</i>
hinder	Hinder or prevent the progress or accomplishment of. <i>Language barriers hindered communication between scientists.</i>
impede	Be a hindrance or obstacle to. <i>The sap causes swelling which can impede breathing.</i>
inhibit	Make (someone) self-conscious and as a result unable to act naturally. <i>The earnings rule inhibited some retired people from working.</i>
interfere with	Come between so as to be hindrance or obstacle.
limit	Place limits on extent or amount or access. <i>I limit you to two visits to the pub a day.</i>
make narrower	Organize or be responsible for.
make smaller	Create or manufacture a man-made product.
narrow	Make or become more narrow or restricted. <i>The road narrowed and crossed an old bridge.</i>
obstruct	Commit the offence of intentionally hindering (a police officer). <i>An indirect free kick is awarded for intentionally obstructing an opponent.</i>
press	Apply pressure to a flower or leaf between sheets of paper in order to dry and preserve it. <i>He pressed dinner invitations on her.</i>
restrict	Place restrictions on. <i>At first the Americans tried to restrict news of their involvement in Vietnam.</i>
<u>shrink</u>	Become or make smaller in size or amount. <i>Can you shrink this image.</i>

smother

Deprive of the oxygen necessary for combustion.
*The butter cream **smothered** the cake.*

squeeze

Squeeze like a wedge into a tight space.
*He **squeezed** her for information.*

stifle

Impair the respiration of or obstruct the air passage of.
*Those in the streets were **stifled** by the fumes.*

suffocate

Suppress the development, creativity, or imagination of.
*She was **suffocated** by fumes from the boiler.*

tighten

Narrow or limit.
*His arms **tightened** around her.*



Usage Examples of "Constrict" as a verb

- *The fear and the reality of crime constrict many people's lives.*
- *Chemicals that constrict the blood vessels.*
- *Boas constrict and suffocate their prey.*
- *Her throat constricted.*
- *He felt his throat constrict.*



Associations of "Constrict" (30 Words)

- compact** Have the property of being packable or of compacting easily.
*Towns **compact** of wooden houses.*
- compactly** In a compact manner or state.
*He wrote **compactly** but clearly.*
- compendious** Containing or presenting the essential facts of something in a comprehensive but concise way.
*A **compendious** study.*
- compress** A pad of lint or other absorbent material pressed on to part of the body to relieve inflammation or stop bleeding.
*A cold **compress**.*
- compressed** Reduced in volume by pressure.
***Compressed** gas.*
- compressible** Capable of being compressed or made more compact.
*A **compressible** box.*
- compression** The process or result of becoming smaller or pressed together.

compressor	A mechanical device that compresses gasses.
concise	Expressing much in few words. <i>A concise account of the country s history.</i>
condense	Remove water from. <i>Congress condensed the three year plan into a six month plan.</i> (of a fact) imply as a consequence or condition.
connote	<i>The term modern science usually connotes a complete openness to empirical testing.</i>
constricted	Inhibited; restricted. <i>A constricted blood vessel.</i>
crowded	(of a space) full of people, leaving little or no room for movement; packed. <i>A crowded program.</i>
dense	Permitting little if any light to pass through because of denseness of matter. <i>She made her way through the dense undergrowth.</i>
flatten	Defeat heavily in a contest. <i>The landscape flattened.</i>
minimize	Make small or insignificant. <i>The aim is to minimize costs.</i>
narrowed	Reduced in size as by squeezing together. <i>Narrowed arteries impair blood circulation.</i>
nonporous	Not porous; especially not having vessels that appear as pores.
packed	Filled to capacity. <i>Stands jam packed with fans.</i>
pressed	Compacted by ironing. <i>Freshly pressed orange juice.</i>
pressure	Exert pressure on someone through threats. <i>Oil prices came under some downwards pressure.</i>
refrigerant	Causing cooling or refrigeration. <i>One of the refrigerant pipes had burst.</i>
restrict	Place under restrictions limit access to by law. <i>Cities can restrict groups of protesters from gathering on a residential street.</i>
scope	A telescope microscope or other device having a name ending in scope. <i>We widened the scope of our investigation.</i>
squash	Edible fruit of a squash plant eaten as a vegetable. <i>I squashed into the middle of the crowd.</i>

squeeze

A twisting squeeze.

*Increased expenses put a **squeeze** on profits.*

teeming

Abundantly filled with especially living things.

*She walked through the **teeming** streets.*

thorough

Painstakingly careful and accurate.

***Thorough**going research.*

tight

Pressed tightly together.

*The folk were far too **tight** to let anyone know.*

wring

Obtain by coercion or intimidation.

***Wring** the towels.*