

Need another word that means the same as “constrict”? Find 29 synonyms and 30 related words for “constrict” in this overview.

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**The synonyms of “Constrict” are: constringe, narrow, compact, compress, contract, press, squeeze, become narrower, make narrower, tighten, become smaller, make smaller, shrink, draw in, choke, choke to death, suffocate, smother, stifle, impede, restrict, inhibit, obstruct, limit, interfere with, hinder, hamper, check, curb**

## Constrict as a Verb

### Definitions of "Constrict" as a verb

According to the [Oxford Dictionary of English](#), “constrict” as a verb can have the following definitions:

- *Become tight or as if tight.*
- *Squeeze or press together.*
- *Become narrower.*
- *Inhibit or restrict.*
- *Make narrower, especially by encircling pressure.*
- *(of a snake) coil round (prey) in order to asphyxiate it.*



## Synonyms of "Constrict" as a verb (29 Words)

**become narrower** Enhance the appearance of.

**become smaller** Enter or assume a certain state or condition.

**check** Hold back as of a danger or an enemy check the expansion or influence of.

*Keep your receipt to **check** against your statement.*

**choke** Cause to retch or choke.

*The roads were **choked** with traffic.*

**choke to death** Check or slow down the action or effect of.

**compact** Have the property of being packable or of compacting easily.

*The snow hardened and **compacted**.*

<a href="#"><u>compress</u></a>	Alter the form of (data) to reduce the amount of storage necessary. <i>In this chapter we <b>compress</b> into summary form the main findings.</i>
<b>constrict</b>	Become tight or as if tight.
<b>contract</b>	Enter into a contractual arrangement. <i>Kings obtained dispensations to enable them to <b>contract</b> politically advantageous matches.</i>
<b>curb</b>	Lead a dog being walked near the curb to urinate or defecate in order to avoid soiling buildings pavements etc. <i>She promised she would <b>curb</b> her temper.</i>
<b>draw in</b>	Pass over, across, or through.
<b>hamper</b>	Prevent the progress or free movement of. <i>He was <b>hampered</b> in his efforts by the bad weather.</i>
<b>hinder</b>	Hinder or prevent the progress or accomplishment of. <i>Language barriers <b>hindered</b> communication between scientists.</i>
<b>impede</b>	Be a hindrance or obstacle to. <i>The sap causes swelling which can <b>impede</b> breathing.</i>
<b>inhibit</b>	Make (someone) self-conscious and as a result unable to act naturally. <i>The earnings rule <b>inhibited</b> some retired people from working.</i>
<b>interfere with</b>	Come between so as to be hindrance or obstacle.
<b>limit</b>	Place limits on extent or amount or access. <i>I <b>limit</b> you to two visits to the pub a day.</i>
<b>make narrower</b>	Organize or be responsible for.
<b>make smaller</b>	Create or manufacture a man-made product.
<b>narrow</b>	Make or become more narrow or restricted. <i>The road <b>narrowed</b> and crossed an old bridge.</i>
<b>obstruct</b>	Commit the offence of intentionally hindering (a police officer). <i>An indirect free kick is awarded for intentionally <b>obstructing</b> an opponent.</i>
<b>press</b>	Apply pressure to a flower or leaf between sheets of paper in order to dry and preserve it. <i>He <b>pressed</b> dinner invitations on her.</i>
<b>restrict</b>	Place restrictions on. <i>At first the Americans tried to <b>restrict</b> news of their involvement in Vietnam.</i>
<a href="#"><u>shrink</u></a>	Become or make smaller in size or amount. <i>Can you <b>shrink</b> this image.</i>

<b><u>smother</u></b>	Deprive of the oxygen necessary for combustion. <i>The butter cream <b>smothered</b> the cake.</i>
<b><u>squeeze</u></b>	Squeeze like a wedge into a tight space. <i>He <b>squeezed</b> her for information.</i>
<b><u>stifle</u></b>	Impair the respiration of or obstruct the air passage of. <i>Those in the streets were <b>stifled</b> by the fumes.</i>
<b><u>suffocate</u></b>	Suppress the development, creativity, or imagination of. <i>She was <b>suffocated</b> by fumes from the boiler.</i>
<b>tighten</b>	Narrow or limit. <i>His arms <b>tightened</b> around her.</i>



## Usage Examples of "Constrict" as a verb

- *The fear and the reality of crime constrict many people's lives.*
- *Chemicals that constrict the blood vessels.*
- *Boas constrict and suffocate their prey.*
- *Her throat constricted.*
- *He felt his throat constrict.*





## Associations of "Constrict" (30 Words)

- compact** Have the property of being packable or of compacting easily.  
*Towns **compact** of wooden houses.*
- compactly** In a compact manner or state.  
*He wrote **compactly** but clearly.*
- compendious** Containing or presenting the essential facts of something in a comprehensive but concise way.  
*A **compendious** study.*
- compress** A pad of lint or other absorbent material pressed on to part of the body to relieve inflammation or stop bleeding.  
*A cold **compress**.*
- compressed** Reduced in volume by pressure.  
***Compressed** gas.*
- compressible** Capable of being compressed or made more compact.  
*A **compressible** box.*
- compression** The process or result of becoming smaller or pressed together.

<b>compressor</b>	A mechanical device that compresses gasses.
<b>concise</b>	Expressing much in few words. <i>A <b>concise</b> account of the country s history.</i>
<b>condense</b>	Remove water from. <i>Congress <b>condensed</b> the three year plan into a six month plan.</i> (of a fact) imply as a consequence or condition.
<b>connote</b>	<i>The term modern science usually <b>connotes</b> a complete openness to empirical testing.</i>
<b>constricted</b>	Inhibited; restricted. <i>A <b>constricted</b> blood vessel.</i>
<b>crowded</b>	(of a space) full of people, leaving little or no room for movement; packed. <i>A <b>crowded</b> program.</i>
<b>dense</b>	Permitting little if any light to pass through because of denseness of matter. <i>She made her way through the <b>dense</b> undergrowth.</i>
<b>flatten</b>	Defeat heavily in a contest. <i>The landscape <b>flattened</b>.</i>
<b>minimize</b>	Make small or insignificant. <i>The aim is to <b>minimize</b> costs.</i>
<b>narrowed</b>	Reduced in size as by squeezing together. <i><b>Narrowed</b> arteries impair blood circulation.</i>
<b>nonporous</b>	Not porous; especially not having vessels that appear as pores.
<b>packed</b>	Filled to capacity. <i>Stands jam <b>packed</b> with fans.</i>
<b>pressed</b>	Compacted by ironing. <i>Freshly <b>pressed</b> orange juice.</i>
<b>pressure</b>	Exert pressure on someone through threats. <i>Oil prices came under some downwards <b>pressure</b>.</i>
<b>refrigerant</b>	Causing cooling or refrigeration. <i>One of the <b>refrigerant</b> pipes had burst.</i>
<b>restrict</b>	Place under restrictions limit access to by law. <i>Cities can <b>restrict</b> groups of protesters from gathering on a residential street.</i>
<b>scope</b>	A telescope microscope or other device having a name ending in scope. <i>We widened the <b>scope</b> of our investigation.</i>
<b>squash</b>	Edible fruit of a squash plant eaten as a vegetable. <i>I <b>squashed</b> into the middle of the crowd.</i>

<b><u>squeeze</u></b>	A twisting squeeze. <i>Increased expenses put a <b>squeeze</b> on profits.</i>
<b><u>teeming</u></b>	Abundantly filled with especially living things. <i>She walked through the <b>teeming</b> streets.</i>
<b><u>thorough</u></b>	Painstakingly careful and accurate. <i><b>Thorough</b>going research.</i>
<b>tight</b>	Pressed tightly together. <i>The folk were far too <b>tight</b> to let anyone know.</i>
<b>wring</b>	Obtain by coercion or intimidation. <i><b>Wring</b> the towels.</i>