

constringed

The past tense of constringe is constringed

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The Forms of Constringe

Infinitive	to constringe
Present Tense	constringe / constringes
Past Tense	constringed
Present Participle	constringing
Past Participle	constringed

Conjugate Constringe

Constringe in Present Simple (Indefinite) Tense

Singular

Plural

I **constrict** We **constrict**
You **constrict** You **constrict**
He/She/It **constricts** They **constrict**

Constrict in Present Continuous (Progressive) Tense

Singular

Plural

I **am constricting** We **are constricting**
You **are constricting** You **are constricting**
He/She/It **is constricting** They **are constricting**

Constrict in Present Perfect Tense

Singular

Plural

I **have constricted** We **have constricted**
You **have constricted** You **have constricted**
He/She/It **has constricted** They **have constricted**

Constrict in Present Perfect Continuous Tense

Singular

Plural

I **have been constricting** We **have been constricting**
You **have been constricting** You **have been constricting**
He/She/It **has been constricting** They **have been constricting**

Constrict in Past Simple (Indefinite) Tense

Singular

Plural

I **constricted** We **constricted**
You **constricted** You **constricted**
He/She/It **constricted** They **constricted**

Constrict in Past Continuous (Progressive) Tense

Singular

Plural

I **was constringing** We **were constringing**
You **were constringing** You **were constringing**
He/She/It **was constringing** They **were constringing**

Constringe in Past Perfect Tense

Singular

Plural

I **had constringed** We **had constringed**
You **had constringed** You **had constringed**
He/She/It **had constringed** They **had constringed**

Constringe in Past Perfect Continuous Tense

Singular

Plural

I **had been constringing** We **had been constringing**
You **had been constringing** You **had been constringing**
He/She/It **had been constringing** They **had been constringing**

Constringe in Future Simple (Indefinite) Tense

Singular

Plural

I **will constringe** We **will constringe**
You **will constringe** You **will constringe**
He/She/It **will constringe** They **will constringe**

Constringe in Future Continuous (Progressive) Tense

Singular

Plural

I **will be constringing** We **will be constringing**
You **will be constringing** You **will be constringing**
He/She/It **will be constringing** They **will be constringing**

Constringe in Future Perfect Tense

Singular

Plural

I will have constringed

We will have constringed

You will have constringed

You will have constringed

He/She/It will have constringed **They will have constringed**

Constringe in Future Perfect Continuous Tense

Singular

Plural

I will have been constringing

We will have been constringing

You will have been constringing

You will have been constringing

He/She/It will have been constringing **They will have been constringing**