

Need another word that means the same as “crunch”? Find 24 synonyms for “crunch” in this overview.

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**The synonyms of “Crunch” are: munch, bray, comminute, grind, mash, crackle, scranch, scaunch, cranch, craunch, chew noisily, chomp, champ, bite, gnaw, masticate, compaction, crush, moment of truth, crux, crisis, decision time, zero hour, point of no return**

## Crunch as a Noun

### Definitions of "Crunch" as a noun

According to the [Oxford Dictionary of English](#), “crunch” as a noun can have the following definitions:

- *The act of crushing.*
- *A crucial point or situation, typically one at which a decision with important consequences must be made.*
- *A critical situation that arises because of a shortage (as a shortage of time or money or resources).*
- *A severe shortage of money or credit.*
- *The sound of something crunching.*
- *A loud muffled grinding sound like that of something hard or brittle being crushed.*
- *A physical exercise designed to strengthen the abdominal muscles; a sit-up.*



## Synonyms of "Crunch" as a noun (8 Words)

<b>compaction</b>	An increase in the density of something. <i>Tyres take up valuable landfill space and prevent waste <b>compaction</b>.</i>
<b>crisis</b>	A crucial stage or turning point in the course of something. <i>After the <b>crisis</b> the patient either dies or gets better.</i>
<b>crush</b>	The act of crushing. <i>Lemon <b>crush</b>.</i>
<b>crux</b>	The most important point. <i>The <b>crux</b> of the matter is that attitudes have changed.</i>
<b>decision time</b>	A position or opinion or judgment reached after consideration.
<b>moment of truth</b>	An indefinitely short time.
<b>point of no return</b>	An isolated fact that is considered separately from the whole.
<b>zero hour</b>	The point on a scale from which positive or negative numerical quantities can be measured.



## Usage Examples of "Crunch" as a noun

- *The agencies are facing a financial crunch.*
- *An end-of-the year crunch.*
- *A financial crunch.*
- *He heard the crunch of footsteps on the gravel path.*
- *Marco's fist struck Brian's nose with a crunch.*
- *When it comes to the crunch you chicken out.*



## Crunch as a Verb

### Definitions of "Crunch" as a verb

According to the [Oxford Dictionary of English](#), "crunch" as a verb can have the following definitions:

- *Make a crunching sound, especially when walking or driving over gravel or an icy surface.*
- *Reduce to small pieces or particles by pounding or abrading.*
- *(especially of a computer) process (large quantities of information).*
- *Crush (a hard or brittle foodstuff) with the teeth, making a loud but muffled grinding sound.*
- *Press or grind with a crushing noise.*
- *Chew noisily.*
- *Make a crushing noise.*



### Synonyms of "Crunch" as a verb (16 Words)

- bite** (of a snake, insect, or spider) wound (someone or something) with fangs, pincers, or a sting.  
*I marvel at how easily and eagerly a chub will **bite**.*
- bray** Of a donkey or mule utter a bray.  
*He **brayed** with laughter.*
- champ** Fret impatiently.  
*He was already on the plane **champing** to get off to Lagos.*
- chew noisily** Chew (food); to bite and grind with the teeth.
- chomp** Munch or chew noisily or vigorously.  
*The boy **chomped** his sandwich.*
- comminute** Reduce to small pieces or particles by pounding or abrading.
- crackle** Make a rapid succession of short sharp noises.  
*The fire suddenly **crackled** and spat sparks.*

<b>cranch</b>	Press or grind with a crushing noise.
<b>crunch</b>	Press or grind with a crushing noise.
<b>gnaw</b>	Bite at or nibble something persistently. <b>Gnaw</b> <i>an old cracker.</i>
<b>grind</b>	Shape or form by grinding. <b>Grind</b> <i>lenses for glasses and cameras.</i>
<b>mash</b>	Crush or smash something to a pulp. <b>Mash</b> <i>the beans to a paste.</i>
<b>masticate</b>	Chew (food); to bite and grind with the teeth. <b>Masticate</b> <i>rubber.</i>
<b>munch</b>	Chew noisily. <i>Russell <b>munched</b> his breakfast toast.</i>
<b>scranch</b>	Make a crushing noise.
<b>scaunch</b>	Make a crushing noise.



## Usage Examples of "Crunch" as a verb

- *His shoes were crunching on the gravel.*
- *She paused to crunch a ginger biscuit.*
- *Footsteps began to crunch across the frozen rock.*
- *The program crunches data from 14,000 sensors to decipher evolving patterns.*
- *The children crunched the celery sticks.*
- *The snow crunched as we walked.*

