

Need another word that means the same as “crunch”? Find 24 synonyms for “crunch” in this overview.

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The synonyms of “Crunch” are: munch, bray, comminute, grind, mash, crackle, scranch, scaunch, cranch, craunch, chew noisily, chomp, champ, bite, gnaw, masticate, compaction, crush, moment of truth, crux, crisis, decision time, zero hour, point of no return

Crunch as a Noun

Definitions of "Crunch" as a noun

According to the [Oxford Dictionary of English](#), “crunch” as a noun can have the following definitions:

- *The act of crushing.*
- *A crucial point or situation, typically one at which a decision with important consequences must be made.*
- *A critical situation that arises because of a shortage (as a shortage of time or money or resources).*
- *A severe shortage of money or credit.*
- *The sound of something crunching.*
- *A loud muffled grinding sound like that of something hard or brittle being crushed.*
- *A physical exercise designed to strengthen the abdominal muscles; a sit-up.*



Synonyms of "Crunch" as a noun (8 Words)

compaction	An increase in the density of something. <i>Tyres take up valuable landfill space and prevent waste compaction.</i>
crisis	A crucial stage or turning point in the course of something. <i>After the crisis the patient either dies or gets better.</i>
crush	The act of crushing. <i>Lemon crush.</i>
crux	The most important point. <i>The crux of the matter is that attitudes have changed.</i>
decision time	A position or opinion or judgment reached after consideration.
moment of truth	An indefinitely short time.
point of no return	An isolated fact that is considered separately from the whole.
zero hour	The point on a scale from which positive or negative numerical quantities can be measured.



Usage Examples of "Crunch" as a noun

- *The agencies are facing a financial crunch.*
- *An end-of-the year crunch.*
- *A financial crunch.*
- *He heard the crunch of footsteps on the gravel path.*
- *Marco's fist struck Brian's nose with a crunch.*
- *When it comes to the crunch you chicken out.*



Crunch as a Verb

Definitions of "Crunch" as a verb

According to the [Oxford Dictionary of English](#), "crunch" as a verb can have the following definitions:

- *Make a crunching sound, especially when walking or driving over gravel or an icy surface.*
- *Reduce to small pieces or particles by pounding or abrading.*
- *(especially of a computer) process (large quantities of information).*
- *Crush (a hard or brittle foodstuff) with the teeth, making a loud but muffled grinding sound.*
- *Press or grind with a crushing noise.*
- *Chew noisily.*
- *Make a crushing noise.*



Synonyms of "Crunch" as a verb (16 Words)

- bite** (of a snake, insect, or spider) wound (someone or something) with fangs, pincers, or a sting.
*I marvel at how easily and eagerly a chub will **bite**.*
- bray** Of a donkey or mule utter a bray.
*He **brayed** with laughter.*
- champ** Fret impatiently.
*He was already on the plane **champing** to get off to Lagos.*
- chew noisily** Chew (food); to bite and grind with the teeth.
- chomp** Munch or chew noisily or vigorously.
*The boy **chomped** his sandwich.*
- comminute** Reduce to small pieces or particles by pounding or abrading.
- crackle** Make a rapid succession of short sharp noises.
*The fire suddenly **crackled** and spat sparks.*

crunch	Press or grind with a crushing noise.
crunch	Press or grind with a crushing noise.
gnaw	Bite at or nibble something persistently. Gnaw <i>an old cracker.</i>
grind	Shape or form by grinding. Grind <i>lenses for glasses and cameras.</i>
mash	Crush or smash something to a pulp. Mash <i>the beans to a paste.</i>
masticate	Chew (food); to bite and grind with the teeth. Masticate <i>rubber.</i>
munch	Chew noisily. <i>Russell munched his breakfast toast.</i>
scrunch	Make a crushing noise.
scaunch	Make a crushing noise.



Usage Examples of "Crunch" as a verb

- *His shoes were crunching on the gravel.*
- *She paused to crunch a ginger biscuit.*
- *Footsteps began to crunch across the frozen rock.*
- *The program crunches data from 14,000 sensors to decipher evolving patterns.*
- *The children crunched the celery sticks.*
- *The snow crunched as we walked.*

