

Need another word that means the same as “depress”? Find 37 synonyms and 30 related words for “depress” in this overview.

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The synonyms of “Depress” are: lower, press down, cast down, deject, demoralise, demoralize, dismay, dispirit, get down, make sad, sadden, make unhappy, make gloomy, make despondent, slow down, slow up, reduce, weaken, sap, devitalize, impair, deflate, cut, cheapen, put down, keep down, mark down, discount, depreciate, devalue, diminish, downgrade, push, push down, press, exert pressure on, hold down

Depress as a Verb

Definitions of "Depress" as a verb

According to the [Oxford Dictionary of English](#), “depress” as a verb can have the following definitions:

- *Lower someone's spirits; make downhearted.*
- *Lessen the activity or force of.*
- *Make (someone) feel utterly dispirited or dejected.*
- *Cause to drop or sink.*
- *Reduce the level or strength of activity in (something, especially an economic or biological system).*
- *Lower (prices or markets).*
- *Push or pull (something) down into a lower position.*
- *Press down.*



Synonyms of "Depress" as a verb (37 Words)

cast down	Form by pouring (e.g., wax or hot metal) into a cast or mold.
cheapen	Degrade. <i>The depreciation of the dollar would cheapen US exports.</i>
cut	Cut down on make a reduction in. <i>Ted was cutting the lawn.</i>
deflate	Become deflated or flaccid as by losing air. <i>Her anger was deflated.</i>
deject	Lower someone's spirits; make downhearted. <i>Nothing dejects a trader like the interruption of his profits.</i>
demoralise	Corrupt morally or by intemperance or sensuality.
demoralize	Corrupt the morals of (someone). <i>The bad state of her child s health demoralizes her.</i>

<u>depreciate</u>	Lower the value of something. <i>The latest cars will depreciate heavily in the first year.</i>
<u>devalue</u>	Remove the value from; deprive of its value. <i>The tear devalues the painting.</i>
devitalize	Sap of life or energy. <i>An effective product to treat devitalized skin.</i>
diminish	Lessen the authority, dignity, or reputation of. <i>The pain will gradually diminish.</i>
discount	Bar from attention or consideration. <i>A product may carry a price which cannot easily be discounted.</i>
dismay	Cause (someone) to feel concern and distress. <i>They were dismayed by the U turn in policy.</i>
dispirit	Lower someone's spirits; make downhearted. <i>The army was dispirited by the uncomfortable winter conditions.</i>
downgrade	Rate lower; lower in value or esteem. <i>Some jobs had gradually been downgraded from skilled to semi skilled.</i>
exert pressure on	Make a great effort at a mental or physical task.
get down	Move into a desired direction of discourse.
hold down	Have as a major characteristic.
<u>impair</u>	Weaken or damage (something, especially a faculty or function). <i>A noisy job could permanently impair their hearing.</i>
keep down	Retain possession of.
<u>lower</u>	Set lower. <i>Lower expectations.</i>
make despondent	Favor the development of.
make gloomy	Constitute the essence of.
make sad	Engage in.
make unhappy	Carry out or commit.
mark down	Be a distinctive feature, attribute, or trait; sometimes in a very positive sense.
press	Press and smooth with a heated iron. <i>The small seeds of sesame are chiefly pressed for their oil.</i>
press down	Exert oneself continuously, vigorously, or obtrusively to gain an end or engage in a crusade for a certain cause or person; be an advocate for.

push

Make strenuous pushing movements during birth to expel the baby.

*Lydia **pushed** the door shut.*

push down

Press, drive, or impel (someone) to action or completion of an action.

put down

Make an investment.

reduce

Reduce in scope while retaining essential elements.

***Reduce** your daily fat intake.*

sadden

Make unhappy.

*I was **saddened** to see their lack of commitment.*

sap

Drain someone of (strength or power).

*Our energy is being **sapped** by bureaucrats and politicians.*

slow down

Lose velocity; move more slowly.

slow up

Lose velocity; move more slowly.

weaken

Destroy property or hinder normal operations.

*His resistance had **weakened**.*



Usage Examples of "Depress" as a verb

- *These news depressed her.*
- *Depress the lever.*
- *Fear of inflation in America depressed bond markets.*
- *The rising inflation depressed the economy.*
- *That first day at school depressed me.*
- *The lack of rain had depressed the water level in the reservoir.*
- *Alcohol depresses the nervous system.*
- *The glut of oil depressed gas prices.*



Associations of "Depress" (30 Words)

abase

Behave in a way that belittles or degrades (someone).
I watched my colleagues abasing themselves before the board of trustees.

<u>abate</u>	Become less in amount or intensity. <i>The storm abated.</i>
adulterate	Render (something) poorer in quality by adding another substance. <i>The brewer is said to adulterate his beer.</i>
consternation	Fear resulting from the awareness of danger. <i>To her consternation her car wouldn't start.</i>
<u>curtail</u>	Deprive someone of (something). <i>Curtail drinking in school.</i>
daunt	Cause to lose courage. <i>Some people are daunted by technology.</i>
debase	Corrupt, debase or make impure by adding a foreign or inferior substance often by replacing valuable ingredients with inferior ones. <i>War debases people.</i>
decrement	The ratio of the amplitudes in successive cycles of a damped oscillation. <i>The instruction decrements the accumulator by one.</i>
demoralize	Corrupt the morals of (someone). <i>The boss's behavior demoralized everyone in the office.</i>
deprave	Make (someone) immoral or wicked. <i>This book would deprave and corrupt young children.</i>
despond	Lose confidence or hope; become dejected. <i>I thought it right not to let my young lady despond.</i>
<u>deter</u>	Discourage (someone) from doing something by instilling doubt or fear of the consequences. <i>Strategists think not only about how to deter war but about how war might occur.</i>
<u>discourage</u>	Deprive of courage or hope; take away hope from cause to feel discouraged. <i>We should discourage this practice among our youth.</i>
<u>discouragement</u>	The feeling of despair in the face of obstacles. <i>The discouragement of crime.</i>
dishearten	Cause (someone) to lose determination or confidence. <i>The farmer was disheartened by the damage to his crops.</i>
dismay	Fear resulting from the awareness of danger. <i>They were dismayed by the U turn in policy.</i>
<u>dissuade</u>	Turn away from by persuasion. <i>Negative campaigning will only dissuade people.</i>

down

A chance for a team to advance the ball ending when the ball carrier is tackled or the ball becomes out of play A team must advance at least ten yards in a series of four downs in order to keep possession.

*He **downed** a 20 foot putt for victory.*

downgrade

An instance of reducing someone or something's rank, status, or level of importance.

*Some jobs had gradually been **downgraded** from skilled to semi skilled.*

frustration

A feeling of annoyance at being hindered or criticized.

*Her constant complaints were the main source of his **frustration**.*

lessen

Decrease in size, extent, or range.

*The years have **lessened** the gap in age between us.*

lower

Set lower.

***Lower** a rating.*

miserable

(of a person) wretchedly unhappy or uncomfortable.

*Almost depleted his **miserable** store of dried beans.*

preclude

(of a situation or condition) prevent someone from doing something.

*His difficulties **preclude** him from leading a normal life.*

retrench

Reduce (something) in extent or quantity.

*As a result of the recession the company **retrenched**.*

rundown

(of a company or industry) in a poor economic state.

*A **rundown** in the business would be a devastating blow to the local economy.*

scare

Become scared.

*I was **scared** stiff.*

shrinkage

An allowance made for reduction in the takings of a business due to wastage or theft.

*The material lost 2 inches per yard in **shrinkage**.*

slump

Fail or decline substantially.

*She **slumped** against the cushions.*

weaken

Lessen the strength of.

*The fever **weakened** his body.*

