

Need another word that means the same as “depress”? Find 37 synonyms and 30 related words for “depress” in this overview.

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**The synonyms of “Depress” are: lower, press down, cast down, deject, demoralise, demoralize, dismay, dispirit, get down, make sad, sadden, make unhappy, make gloomy, make despondent, slow down, slow up, reduce, weaken, sap, devitalize, impair, deflate, cut, cheapen, put down, keep down, mark down, discount, depreciate, devalue, diminish, downgrade, push, push down, press, exert pressure on, hold down**

## Depress as a Verb

### Definitions of "Depress" as a verb

According to the [Oxford Dictionary of English](#), “depress” as a verb can have the following definitions:

- *Lower someone's spirits; make downhearted.*
- *Lessen the activity or force of.*
- *Make (someone) feel utterly dispirited or dejected.*
- *Cause to drop or sink.*
- *Reduce the level or strength of activity in (something, especially an economic or biological system).*
- *Lower (prices or markets).*
- *Push or pull (something) down into a lower position.*
- *Press down.*



## Synonyms of "Depress" as a verb (37 Words)

<b>cast down</b>	Form by pouring (e.g., wax or hot metal) into a cast or mold.
<b>cheapen</b>	Degrade. <i>The depreciation of the dollar would <b>cheapen</b> US exports.</i>
<b>cut</b>	Cut down on make a reduction in. <i>Ted was <b>cutting</b> the lawn.</i>
<b>deflate</b>	Become deflated or flaccid as by losing air. <i>Her anger was <b>deflated</b>.</i>
<b>deject</b>	Lower someone's spirits; make downhearted. <i>Nothing <b>dejects</b> a trader like the interruption of his profits.</i>
<b>demoralise</b>	Corrupt morally or by intemperance or sensuality.
<b>demoralize</b>	Corrupt the morals of (someone). <i>The bad state of her child s health <b>demoralizes</b> her.</i>

<b>depreciate</b>	Lower the value of something. <i>The latest cars will <b>depreciate</b> heavily in the first year.</i>
<b>devalue</b>	Remove the value from; deprive of its value. <i>The tear <b>devalues</b> the painting.</i>
<b>devitalize</b>	Sap of life or energy. <i>An effective product to treat <b>devitalized</b> skin.</i>
<b>diminish</b>	Lessen the authority, dignity, or reputation of. <i>The pain will gradually <b>diminish</b>.</i>
<b>discount</b>	Bar from attention or consideration. <i>A product may carry a price which cannot easily be <b>discounted</b>.</i>
<b>dismay</b>	Cause (someone) to feel concern and distress. <i>They were <b>dismayed</b> by the U turn in policy.</i>
<b>dispirit</b>	Lower someone's spirits; make downhearted. <i>The army was <b>dispirited</b> by the uncomfortable winter conditions.</i>
<b>downgrade</b>	Rate lower; lower in value or esteem. <i>Some jobs had gradually been <b>downgraded</b> from skilled to semi skilled.</i>
<b>exert pressure on</b>	Make a great effort at a mental or physical task.
<b>get down</b>	Move into a desired direction of discourse.
<b>hold down</b>	Have as a major characteristic.
<b>impair</b>	Weaken or damage (something, especially a faculty or function). <i>A noisy job could permanently <b>impair</b> their hearing.</i>
<b>keep down</b>	Retain possession of.
<b>lower</b>	Set lower. <i><b>Lower</b> expectations.</i>
<b>make despondent</b>	Favor the development of.
<b>make gloomy</b>	Constitute the essence of.
<b>make sad</b>	Engage in.
<b>make unhappy</b>	Carry out or commit.
<b>mark down</b>	Be a distinctive feature, attribute, or trait; sometimes in a very positive sense.
<b>press</b>	Press and smooth with a heated iron. <i>The small seeds of sesame are chiefly <b>pressed</b> for their oil.</i>
<b>press down</b>	Exert oneself continuously, vigorously, or obtrusively to gain an end or engage in a crusade for a certain cause or person; be an advocate for.

<b>push</b>	Make strenuous pushing movements during birth to expel the baby. <i>Lydia <b>pushed</b> the door shut.</i>
<b>push down</b>	Press, drive, or impel (someone) to action or completion of an action.
<b>put down</b>	Make an investment.
<b>reduce</b>	Reduce in scope while retaining essential elements. <i><b>Reduce</b> your daily fat intake.</i>
<b>sadden</b>	Make unhappy. <i>I was <b>saddened</b> to see their lack of commitment.</i>
<b>sap</b>	Drain someone of (strength or power). <i>Our energy is being <b>sapped</b> by bureaucrats and politicians.</i>
<b>slow down</b>	Lose velocity; move more slowly.
<b>slow up</b>	Lose velocity; move more slowly.
<b>weaken</b>	Destroy property or hinder normal operations. <i>His resistance had <b>weakened</b>.</i>



## Usage Examples of "Depress" as a verb

- *These news depressed her.*
- *Depress the lever.*
- *Fear of inflation in America depressed bond markets.*
- *The rising inflation depressed the economy.*
- *That first day at school depressed me.*
- *The lack of rain had depressed the water level in the reservoir.*
- *Alcohol depresses the nervous system.*
- *The glut of oil depressed gas prices.*



## Associations of "Depress" (30 Words)

### **abase**

Behave in a way that belittles or degrades (someone).  
*I watched my colleagues abasing themselves before the board of trustees.*

<b>abate</b>	Become less in amount or intensity. <i>The storm <b>abated</b>.</i>
<b>adulterate</b>	Render (something) poorer in quality by adding another substance. <i>The brewer is said to <b>adulterate</b> his beer.</i>
<b>consternation</b>	Fear resulting from the awareness of danger. <i>To her <b>consternation</b> her car wouldn't start.</i>
<b>curtail</b>	Deprive someone of (something). <i><b>Curtail</b> drinking in school.</i>
<b>daunt</b>	Cause to lose courage. <i>Some people are <b>daunted</b> by technology.</i>
<b>debase</b>	Corrupt, debase or make impure by adding a foreign or inferior substance, often by replacing valuable ingredients with inferior ones. <i>War <b>debases</b> people.</i>
<b>decrement</b>	The ratio of the amplitudes in successive cycles of a damped oscillation. <i>The instruction <b>decrements</b> the accumulator by one.</i>
<b>demoralize</b>	Corrupt the morals of (someone). <i>The boss's behavior <b>demoralized</b> everyone in the office.</i>
<b>deprave</b>	Make (someone) immoral or wicked. <i>This book would <b>deprave</b> and corrupt young children.</i>
<b>despond</b>	Lose confidence or hope; become dejected. <i>I thought it right not to let my young lady <b>despond</b>.</i>
<b>deter</b>	Discourage (someone) from doing something by instilling doubt or fear of the consequences. <i>Strategists think not only about how to <b>deter</b> war but about how war might occur.</i>
<b>discourage</b>	Deprive of courage or hope; take away hope from cause to feel discouraged. <i>We should <b>discourage</b> this practice among our youth.</i>
<b>discouragement</b>	The feeling of despair in the face of obstacles. <i>The <b>discouragement</b> of crime.</i>
<b>dishearten</b>	Cause (someone) to lose determination or confidence. <i>The farmer was <b>disheartened</b> by the damage to his crops.</i>
<b>dismay</b>	Fear resulting from the awareness of danger. <i>They were <b>dismayed</b> by the U turn in policy.</i>
<b>dissuade</b>	Turn away from by persuasion. <i>Negative campaigning will only <b>dissuade</b> people.</i>

<b><u>down</u></b>	A chance for a team to advance the ball ending when the ball carrier is tackled or the ball becomes out of play A team must advance at least ten yards in a series of four downs in order to keep possession. <i>He <b>downed</b> a 20 foot putt for victory.</i>
<b>downgrade</b>	An instance of reducing someone or something's rank, status, or level of importance. <i>Some jobs had gradually been <b>downgraded</b> from skilled to semi skilled.</i>
<b><u>frustration</u></b>	A feeling of annoyance at being hindered or criticized. <i>Her constant complaints were the main source of his <b>frustration</b>.</i>
<b>lessen</b>	Decrease in size, extent, or range. <i>The years have <b>lessened</b> the gap in age between us.</i>
<b><u>lower</u></b>	Set lower. <i><b>Lower</b> a rating.</i>
<b><u>miserable</u></b>	(of a person) wretchedly unhappy or uncomfortable. <i>Almost depleted his <b>miserable</b> store of dried beans.</i>
<b><u>preclude</u></b>	(of a situation or condition) prevent someone from doing something. <i>His difficulties <b>preclude</b> him from leading a normal life.</i>
<b>retrench</b>	Reduce (something) in extent or quantity. <i>As a result of the recession the company <b>retrenched</b>.</i>
<b><u>rundown</u></b>	(of a company or industry) in a poor economic state. <i>A <b>rundown</b> in the business would be a devastating blow to the local economy.</i>
<b><u>scare</u></b>	Become scared. <i>I was <b>scared</b> stiff.</i>
<b>shrinkage</b>	An allowance made for reduction in the takings of a business due to wastage or theft. <i>The material lost 2 inches per yard in <b>shrinkage</b>.</i>
<b>slump</b>	Fail or decline substantially. <i>She <b>slumped</b> against the cushions.</i>
<b><u>weaken</u></b>	Lessen the strength of. <i>The fever <b>weakened</b> his body.</i>

