

Need another word that means the same as “dilemma”? Find 9 synonyms and 30 related words for “dilemma” in this overview.

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**The synonyms of “Dilemma” are: quandary, predicament, difficulty, problem, puzzle, conundrum, plight, mess, muddle**

## **Dilemma as a Noun**

### **Definitions of "Dilemma" as a noun**

According to the [Oxford Dictionary of English](#), “dilemma” as a noun can have the following definitions:

- *A difficult situation or problem.*
- *State of uncertainty or perplexity especially as requiring a choice between equally unfavorable options.*
- *An argument forcing an opponent to choose either of two unfavourable alternatives.*
- *A situation in which a difficult choice has to be made between two or more alternatives, especially ones that are equally undesirable.*



## Synonyms of "Dilemma" as a noun (9 Words)

- conundrum** A confusing and difficult problem or question.  
*One of the most difficult **conundrums** for the experts.*
- difficulty** A condition or state of affairs almost beyond one's ability to deal with and requiring great effort to bear or overcome.  
*There is a practical **difficulty**.*
- mess** A meal eaten in a mess hall by service personnel.  
*She made a **mess** of the kitchen.*
- muddle** Informal terms for a difficult situation.  
*A bureaucratic **muddle**.*
- plight** A dangerous, difficult, or otherwise unfortunate situation.  
*We must direct our efforts towards relieving the **plight** of children living in poverty.*

**predicament** (in Aristotelian logic) each of the ten 'categories', often listed as: substance or being, quantity, quality, relation, place, time, posture, having or possession, action, and passion.

*Finds himself in a most awkward **predicament**.*

**problem** A thing that is difficult to achieve.

*Motivation of staff can also be a **problem**.*

**puzzle** A jigsaw puzzle.

*Those who solve this **puzzle** in the shortest time are eligible for awards.*

**quandary** State of uncertainty or perplexity especially as requiring a choice between equally unfavorable options.

*A legal **quandary**.*



## Usage Examples of "Dilemma" as a noun

- *He wants to make money, but he also disapproves of it: Den's dilemma in a nutshell.*
- *The insoluble dilemma of adolescence.*



## Associations of "Dilemma" (30 Words)

<b><u>adversity</u></b>	A difficult or unpleasant situation. <i>Debt ridden farmers struggling with <b>adversity</b>.</i>
<b>agonize</b>	Cause to agonize. <i>I didn't <b>agonize</b> over the problem.</i>
<b>ail</b>	Be ill or unwell. <i>Exercise is good for whatever <b>ails</b> one.</i>
<b>challenge</b>	Issue a challenge to. <i>A <b>challenge</b> to the legality of the banning order.</i>
<b><u>complication</u></b>	A circumstance that complicates something; a difficulty. <i>To add further <b>complication</b> English speakers use a different name.</i>
<b>difficult</b>	(of a person) not easy to please or satisfy; awkward. <i>The questions are too <b>difficult</b> for the children.</i>

<b>difficulty</b>	A condition or state of affairs almost beyond one's ability to deal with and requiring great effort to bear or overcome. <i>They agreed about the <b>difficulty</b> of the climb.</i>
<b>disquiet</b>	Disturb in mind or make uneasy or cause to be worried or alarmed. <i>Public <b>disquiet</b> about animal testing.</i>
<b>distress</b>	Bring into difficulties or distress especially financial hardship. <i>They said the baby was in <b>distress</b>.</i>
<b>hardship</b>	Severe suffering or privation. <i>The many <b>hardships</b> of frontier life.</i>
<b><u>impasse</u></b>	A situation in which no progress can be made or no advancement is possible. <i>The current political <b>impasse</b>.</i>
<b>inconvenience</b>	To cause inconvenience or discomfort to. <i>Noise and fumes from traffic would <b>inconvenience</b> residents.</i>
<b>knotty</b>	Extremely difficult or complex. <i>Panelling in <b>knotty</b> pine.</i>
<b>nuisance</b>	A bothersome annoying person. <i>I hope you re not going to make a <b>nuisance</b> of yourself.</i>
<b>perturb</b>	Throw into great confusion or disorder. <i>The orbits of these stars were <b>perturbed</b> by the passings of a comet.</i>
<b><u>plight</u></b>	A situation from which extrication is difficult especially an unpleasant or trying one. <i>The woeful <b>plight</b> of homeless people.</i>
<b>predicament</b>	(in Aristotelian logic) each of the ten 'categories', often listed as: substance or being, quantity, quality, relation, place, time, posture, having or possession, action, and passion. <i>The club s financial <b>predicament</b>.</i>
<b>problem</b>	An inquiry starting from given conditions to investigate or demonstrate a fact, result, or law. <i>Our homework consisted of ten <b>problems</b> to solve.</i>
<b>problematic</b>	Making great mental demands; hard to comprehend or solve or believe. <i>The <b>problematics</b> of artificial intelligence.</i>
<b><u>puzzled</u></b>	Filled with bewilderment. <i>She looked <b>puzzled</b> and angry with him.</i>
<b><u>quandary</u></b>	State of uncertainty or perplexity especially as requiring a choice between equally unfavorable options. <i>A legal <b>quandary</b>.</i>

<b><u>questionable</u></b>	Subject to question. <i>A fire of <b>questionable</b> origin.</i>
<b><u>stalemate</u></b>	Subject to a stalemate. <i>The war had again reached <b>stalemate</b>.</i>
<b>suffering</b>	Psychological suffering. <i>His disregard for the <b>sufferings</b> of his fellow countrymen.</i>
<b><u>tangled</u></b>	In a confused mass. <i>Oh what a <b>tangled</b> web we weave.</i>
<b><u>tortuous</u></b>	Marked by repeated turns and bends. <i><b>Tortuous</b> negotiations lasting for months.</i>
<b><u>tough</u></b>	Physically toughened. <i>We have six <b>tough</b> matches in a row.</i>
<b>trouble</b>	Take the trouble to do something concern oneself. <i>Heart <b>trouble</b>.</i>
<b>unaccustomed</b>	Not familiar or usual; out of the ordinary. <i>A new budget of <b>unaccustomed</b> austerity.</i>
<b>upset</b>	The act of upsetting something. <i>The greatest <b>upset</b> in boxing history.</i>

