

Need another word that means the same as “disappointment”? Find 8 synonyms and 30 related words for “disappointment” in this overview.

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The synonyms of “Disappointment” are: letdown, dashing hopes, sadness, regret, dismay, sorrow, failure, anticlimax

Disappointment as a Noun

Definitions of "Disappointment" as a noun

According to the [Oxford Dictionary of English](#), “disappointment” as a noun can have the following definitions:

- *An act (or failure to act) that disappoints someone.*
- *Sadness or displeasure caused by the non-fulfilment of one's hopes or expectations.*
- *A feeling of dissatisfaction that results when your expectations are not realized.*
- *A person or thing that causes disappointment.*



Synonyms of "Disappointment" as a noun (8 Words)

anticlimax	A change from a serious subject to a disappointing one. <i>A sense of anticlimax and incipient boredom.</i>
dashing hopes	The act of moving with great haste.
dismay	Concern and distress caused by something unexpected. <i>To his dismay she left him.</i>
failure	The collapse of a business. <i>Symptoms of heart failure.</i>
letdown	A feeling of dissatisfaction that results when your expectations are not realized.
regret	A feeling of sadness, repentance, or disappointment over an occurrence or something that one has done or failed to do. <i>She expressed her regret at Virginia's death.</i>
sadness	The quality of excessive mournfulness and uncheerfulness. <i>She tired of his perpetual sadness.</i>

sorrow

An event or circumstance that causes sorrow.

*A bereaved person needs time to work through their **sorrow**.*



Usage Examples of "Disappointment" as a noun

- *I was a big disappointment to her.*
- *The job proved a disappointment.*
- *His hopes were so high he was doomed to disappointment.*
- *To her disappointment, there was no chance to talk privately with Luke.*



Associations of "Disappointment" (30 Words)

- affliction** The state of being in pain.
*Poor people in great **affliction**.*
- angst** An acute but unspecific feeling of anxiety; usually reserved for philosophical anxiety about the world or about personal freedom.
*My hair causes me **angst**.*
- anguish** Cause emotional anguish or make miserable.
*Philip gave a cry of **anguish**.*
- bitterness** The taste experience when quinine or coffee is taken into the mouth.
*The lime juice imparts a slight **bitterness**.*
- dejected** Affected or marked by low spirits.
*Is **dejected** but trying to look cheerful.*
- dejection** A state of melancholy depression.
*He was slumped in deep **dejection**.*

despair	Abandon hope; give up hope; lose heart. <i>Don't despair help is on the way.</i>
<u>desperately</u>	In intense despair. <i>He looked around desperately.</i>
despondency	Feeling downcast and disheartened and hopeless. <i>An air of despondency.</i>
disappoint	Fail to fulfil the hopes or expectations of. <i>I have no wish to disappoint everyone by postponing the visit.</i>
<u>distraught</u>	Very worried and upset. <i>Distraught parents looking for a runaway teenager.</i>
distress	Bring into difficulties or distress especially financial hardship. <i>A distress call.</i>
distressed	(of property) offered for sale cheaply due to mortgage foreclosure or because it is part of an insolvent estate. <i>Women in distressed circumstances.</i>
<u>frustration</u>	An event or circumstance that causes one to feel frustrated. <i>Her constant complaints were the main source of his frustration.</i>
gloom	Partial or total darkness. <i>His gloom deepened.</i>
<u>grief</u>	Something that causes great unhappiness. <i>She was overcome with grief.</i>
grieve	Cause to feel sorrow. <i>She grieved for her father.</i>
heartache	Intense sorrow caused by loss of a loved one (especially by death). <i>The familiar pang of heartache.</i>
<u>humiliate</u>	Cause to feel shame; hurt the pride of. <i>He humiliated his colleague by criticising him in front of the boss.</i>
lamentable	(of circumstances or conditions) very bad; deplorable. <i>The industry is in a lamentable state.</i>
loneliness	(of a place) the quality of being unfrequented and remote; isolation. <i>The loneliness of the farm.</i>
<u>melancholy</u>	Having a feeling of melancholy sad and pensive. <i>She felt a little melancholy.</i>
<u>miserable</u>	Of very poor quality or condition. <i>Their happiness made Anne feel even more miserable.</i>
<u>mourn</u>	Observe the customs of mourning after the death of a loved one. <i>Publishers mourned declining sales of hardback fiction.</i>

<u>nostalgia</u>	Something done or presented in order to evoke feelings of nostalgia. <i>An evening of TV nostalgia.</i>
sad	Of things that make you feel sad Christina Rossetti. <i>Feeling sad because his dog had died.</i>
sadness	The state of being sad. <i>A source of great sadness.</i>
<u>sorrow</u>	An event or circumstance that causes sorrow. <i>He tried to express his sorrow at her loss.</i>
<u>sorry</u>	In a poor or pitiful state. <i>We feel so ashamed that we keep quiet about the whole sorry business.</i>
woe	Great sorrow or distress (often used hyperbolically). <i>The Everton tale of woe continued.</i>

