

Need another word that means the same as “disappointment”? Find 8 synonyms and 30 related words for “disappointment” in this overview.

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The synonyms of “Disappointment” are: letdown, dashing hopes, sadness, regret, dismay, sorrow, failure, anticlimax

Disappointment as a Noun

Definitions of "Disappointment" as a noun

According to the [Oxford Dictionary of English](#), “disappointment” as a noun can have the following definitions:

- *An act (or failure to act) that disappoints someone.*
- *Sadness or displeasure caused by the non-fulfilment of one's hopes or expectations.*
- *A feeling of dissatisfaction that results when your expectations are not realized.*
- *A person or thing that causes disappointment.*



Synonyms of "Disappointment" as a noun (8 Words)

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| anticlimax | A change from a serious subject to a disappointing one. <i>A sense of anticlimax and incipient boredom.</i> |
| dashing hopes | The act of moving with great haste. |
| dismay | Concern and distress caused by something unexpected. <i>To his dismay she left him.</i> |
| failure | The collapse of a business. <i>Symptoms of heart failure.</i> |
| letdown | A feeling of dissatisfaction that results when your expectations are not realized. |
| regret | A feeling of sadness, repentance, or disappointment over an occurrence or something that one has done or failed to do. <i>She expressed her regret at Virginia s death.</i> |
| sadness | The quality of excessive mournfulness and uncheerfulness. <i>She tired of his perpetual sadness.</i> |

sorrow

An event or circumstance that causes sorrow.

*A bereaved person needs time to work through their **sorrow**.*



Usage Examples of "Disappointment" as a noun

- *I was a big disappointment to her.*
- *The job proved a disappointment.*
- *His hopes were so high he was doomed to disappointment.*
- *To her disappointment, there was no chance to talk privately with Luke.*



Associations of "Disappointment" (30 Words)

- affliction** The state of being in pain.
*Poor people in great **affliction**.*
- angst** An acute but unspecific feeling of anxiety; usually reserved for philosophical anxiety about the world or about personal freedom.
*My hair causes me **angst**.*
- anguish** Cause emotional anguish or make miserable.
*Philip gave a cry of **anguish**.*
- bitterness** The taste experience when quinine or coffee is taken into the mouth.
*The lime juice imparts a slight **bitterness**.*
- dejected** Affected or marked by low spirits.
*Is **dejected** but trying to look cheerful.*
- dejection** A state of melancholy depression.
*He was slumped in deep **dejection**.*

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| despair | Abandon hope; give up hope; lose heart. <i>Don't despair help is on the way.</i> |
| <u>desperately</u> | In intense despair. <i>He looked around desperately.</i> |
| despondency | Feeling downcast and disheartened and hopeless. <i>An air of despondency.</i> |
| disappoint | Fail to fulfil the hopes or expectations of. <i>I have no wish to disappoint everyone by postponing the visit.</i> |
| <u>distraught</u> | Very worried and upset. <i>Distraught parents looking for a runaway teenager.</i> |
| distress | Bring into difficulties or distress especially financial hardship. <i>A distress call.</i> |
| distressed | (of property) offered for sale cheaply due to mortgage foreclosure or because it is part of an insolvent estate. <i>Women in distressed circumstances.</i> |
| <u>frustration</u> | An event or circumstance that causes one to feel frustrated. <i>Her constant complaints were the main source of his frustration.</i> |
| gloom | Partial or total darkness. <i>His gloom deepened.</i> |
| <u>grief</u> | Something that causes great unhappiness. <i>She was overcome with grief.</i> |
| grieve | Cause to feel sorrow. <i>She grieved for her father.</i> |
| heartache | Intense sorrow caused by loss of a loved one (especially by death). <i>The familiar pang of heartache.</i> |
| <u>humiliate</u> | Cause to feel shame; hurt the pride of. <i>He humiliated his colleague by criticising him in front of the boss.</i> |
| lamentable | (of circumstances or conditions) very bad; deplorable. <i>The industry is in a lamentable state.</i> |
| loneliness | (of a place) the quality of being unfrequented and remote; isolation. <i>The loneliness of the farm.</i> |
| <u>melancholy</u> | Having a feeling of melancholy sad and pensive. <i>She felt a little melancholy.</i> |
| <u>miserable</u> | Of very poor quality or condition. <i>Their happiness made Anne feel even more miserable.</i> |
| <u>mourn</u> | Observe the customs of mourning after the death of a loved one. <i>Publishers mourned declining sales of hardback fiction.</i> |

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| <u>nostalgia</u> | Something done or presented in order to evoke feelings of nostalgia. <i>An evening of TV nostalgia.</i> |
| sad | Of things that make you feel sad Christina Rossetti. <i>Feeling sad because his dog had died.</i> |
| sadness | The state of being sad. <i>A source of great sadness.</i> |
| <u>sorrow</u> | An event or circumstance that causes sorrow. <i>He tried to express his sorrow at her loss.</i> |
| <u>sorry</u> | In a poor or pitiful state. <i>We feel so ashamed that we keep quiet about the whole sorry business.</i> |
| woe | Great sorrow or distress (often used hyperbolically). <i>The Everton tale of woe continued.</i> |

