

Need another word that means the same as “disciplined”? Find 26 synonyms and 30 related words for “disciplined” in this overview.

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**The synonyms of “Disciplined” are: well mannered, polite, civil, courteous, respectful, deferential, obedient, gentlemanly, chivalrous, gallant, ladylike, genteel, cultivated, gracious, obliging, considerate, thoughtful, urbane, civilized, well spoken, formal, proper, decorous, refined, polished, well brought up**

## **Disciplined as an Adjective**

### **Definitions of "Disciplined" as an adjective**

According to the [Oxford Dictionary of English](#), “disciplined” as an adjective can have the following definitions:

- *Obeying the rules.*
- *Trained mentally or physically by instruction or exercise.*
- *Showing a controlled form of behaviour or way of working.*



## Synonyms of "Disciplined" as an adjective (26 Words)

- chivalrous** Being attentive to women like an ideal knight.  
*The concept of **chivalrous** combat.*
- civil** Relating to civil law.  
***Civil** peoples.*
- civilized** Marked by refinement in taste and manners.  
*A **civilized** society.*
- considerate** Showing concern for the rights and feelings of others.  
*Be **considerate** over your handwriting.*
- courteous** Exhibiting courtesy and politeness.  
*She was **courteous** and obliging to all.*
- cultivated** Marked by refinement in taste and manners.  
***Cultivated** roses.*

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| <b>decorous</b>        | Characterized by propriety and dignity and good taste in manners and conduct.<br><i>Charlotte gave David a <b>decorous</b> kiss.</i>                              |
| <b>deferential</b>     | Showing deference; respectful.<br><i>People were always <b>deferential</b> to him.</i>  |
| <b>formal</b>          | Being in accord with established forms and conventions and requirements as e.g. of formal dress.<br><i><b>Formal</b> dress.</i>                                   |
| <b><u>gallant</u></b>  | (of a person or their behaviour) brave; heroic.<br><i>A <b>gallant</b> gentleman came over and kissed my hand.</i>  |
| <b>genteel</b>         | Characterized by exaggerated or affected politeness, refinement, or respectability.<br><i>A <b>genteel</b> old lady.</i>  |
| <b>gentlemanly</b>     | Befitting a man of good breeding.<br><i>His <b>gentlemanly</b> behaviour.</i>   |
| <b><u>gracious</u></b> | Characterized by charm, good taste, and generosity of spirit.<br><i>Greig was <b>gracious</b> in defeat.</i>  |
| <b>ladylike</b>        | Befitting a woman of good breeding.<br><i>It wasn't <b>ladylike</b> to be too interested in men.</i>  |
| <b><u>obedient</u></b> | Complying or willing to comply with an order or request; submissive to another's authority.<br><i>Children are taught to be <b>obedient</b> to their parents.</i> |
| <b>obliging</b>        | Showing a cheerful willingness to do favors for others.<br><i>One of the most <b>obliging</b> stewards.</i>   |
| <b><u>polished</u></b> | Shiny as a result of being rubbed.<br><i>He was <b>polished</b> and charming.</i>   |
| <b><u>polite</u></b>   | Showing regard for others in manners, speech, behavior, etc.<br><i><b>Polite</b> society.</i>   |
| <b>proper</b>          | Limited to the thing specified.<br><i>After this event three countries will progress to the World Cup <b>proper</b>.</i>  |
| <b><u>refined</u></b>  | Freed from impurities by processing.<br><i><b>Refined</b> oil.</i>  |
| <b>respectful</b>      | Feeling or showing deference and respect.<br><i><b>Respectful</b> behavior.</i>   |
| <b>thoughtful</b>      | Taking heed giving close and thoughtful attention.<br><i>Her work is <b>thoughtful</b> and provocative.</i>   |

- urbane** Courteous and refined in manner (typically used of a man).  
*Urbane* wit was the mark of taste and cultivation.
- well brought up** Wise or advantageous and hence advisable.
- well mannered** In good health especially after having suffered illness or injury.
- well spoken** In good health especially after having suffered illness or injury.



### Usage Examples of "Disciplined" as an adjective

- *A disciplined approach to management.*
- *The beautiful coordination of his disciplined muscles.*
- *A disciplined mind.*



## Associations of "Disciplined" (30 Words)

### abstemious

Sparing in consumption of especially food and drink- John Galsworthy.  
*The pleasures of the table never of much consequence to one naturally **abstemious**.*

### appertain

Be appropriate or applicable.  
*The answers generally **appertain** to improvements in standard of service.*

### approach

Come close to (a number, level, or standard) in quality or quantity.  
*I was **approached** by the President to serve as his adviser in foreign matters.*

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| <b>ascetic</b>           | Pertaining to or characteristic of an ascetic or the practice of rigorous self discipline.<br><i>Be systematically <b>ascetic</b> do something for no other reason than that you would rather not do it.</i> |
| <b><u>austere</u></b>    | Severely simple.<br><i>A desert nomad s <b>austere</b> life.</i>   |
| <b>behest</b>            | An authoritative command or request.<br><i>They had assembled at his <b>behest</b>.</i>  |
| <b>contained</b>         | Gotten under control.<br><i>The oil spill is <b>contained</b>.</i>   |
| <b>controlled</b>        | (of an explosion) produced deliberately under conditions that are determined beforehand.<br><i>The office was in a state of <b>controlled</b> chaos.</i>   |
| <b>cultivated</b>        | Marked by refinement in taste and manners.<br><i>He was a remarkably <b>cultivated</b> and educated man.</i>   |
| <b>cultured</b>          | Characterized by refined taste and manners and good education.<br><i><b>Cultured</b> tumour cells.</i>   |
| <b>domesticated</b>      | (of a plant) cultivated for food; naturalized.<br><i><b>Domesticated</b> crops.</i>  |
| <b>dominated</b>         | Harassed by persistent nagging.  |
| <b>educated</b>          | Having been educated.<br><i>A Harvard <b>educated</b> lawyer.</i>  |
| <b>guidance</b>          | Advice or information aimed at resolving a problem or difficulty, especially as given by someone in authority.<br><i>He looked to his father for inspiration and <b>guidance</b>.</i>                        |
| <b>manage</b>            | Be the manager of a sports team or a performer.<br><i>The forest is <b>managed</b> to achieve maximum growth.</i>  |
| <b><u>moderation</u></b> | The action of making something less extreme, intense, or violent.<br><i>The union s approach was based on increased dialogue and the <b>moderation</b> of demands.</i>                                       |
| <b>proficiency</b>       | Skillfulness in the command of fundamentals deriving from practice and familiarity.<br><i>Practice greatly improves <b>proficiency</b>.</i>  |
| <b>protocol</b>          | A formal or official record of scientific experimental observations.<br><i>What is the <b>protocol</b> at a smart lunch if one s neighbour dozes off during the speeches.</i>                                |

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| <b>puritan</b>         | Having or displaying censorious moral beliefs, especially about self-indulgence and sex.<br><i>My mother was a <b>puritan</b> about sex.</i>                             |
| <b>refrain</b>         | Choose not to consume.<br><i>She <b>refrained</b> from comment.</i>  |
| <b>regulate</b>        | Control or maintain the rate or speed of (a machine or process) so that it operates properly.<br><i>The Code <b>regulates</b> the takeovers of all public companies.</i> |
| <b>remotely</b>        | In a remote manner.<br><i>The meeting was the first to be held <b>remotely</b> using conferencing software.</i>  |
| <b>restrained</b>      | Prudent.<br><i><b>Restrained</b> in his response.</i>  |
| <b>simplicity</b>      | Absence of affectation or pretense.<br><i>The <b>simplicity</b> of a crystal.</i>  |
| <b>subdued</b>         | Lacking in light; not bright or harsh.<br><i><b>Subdued</b> lights and soft music.</i>   |
| <b>superintendence</b> | Management by overseeing the performance or operation of a person or group.<br><i>The school was under the <b>superintendence</b> of the nuns of the convent.</i>        |
| <b>supervision</b>     | The action of supervising someone or something.<br><i>He was placed under the <b>supervision</b> of a probation officer.</i>   |
| <b>tame</b>            | (of a plant) produced by cultivation.<br><i>The author finally <b>tamed</b> some of his potentially offensive statements.</i>  |
| <b>trained</b>         | Having been taught a particular skill or type of behaviour through practice and instruction over a period of time.<br><i>A <b>trained</b> mind.</i>                      |
| <b>understatement</b>  | A statement that is restrained in ironic contrast to what might have been said.<br><i>A master of English <b>understatement</b>.</i>                                     |

