

Need another word that means the same as “disciplined”? Find 26 synonyms and 30 related words for “disciplined” in this overview.

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**The synonyms of “Disciplined” are: well mannered, polite, civil, courteous, respectful, deferential, obedient, gentlemanly, chivalrous, gallant, ladylike, genteel, cultivated, gracious, obliging, considerate, thoughtful, urbane, civilized, well spoken, formal, proper, decorous, refined, polished, well brought up**

## **Disciplined as an Adjective**

### **Definitions of "Disciplined" as an adjective**

According to the [Oxford Dictionary of English](#), “disciplined” as an adjective can have the following definitions:

- *Obeying the rules.*
- *Trained mentally or physically by instruction or exercise.*
- *Showing a controlled form of behaviour or way of working.*



## Synonyms of "Disciplined" as an adjective (26 Words)

- chivalrous** Being attentive to women like an ideal knight.  
*The concept of **chivalrous** combat.*
- civil** Relating to civil law.  
***Civil** peoples.*
- civilized** Marked by refinement in taste and manners.  
*A **civilized** society.*
- considerate** Showing concern for the rights and feelings of others.  
*Be **considerate** over your handwriting.*
- courteous** Exhibiting courtesy and politeness.  
*She was **courteous** and obliging to all.*
- cultivated** Marked by refinement in taste and manners.  
***Cultivated** roses.*

<b>decorous</b>	Characterized by propriety and dignity and good taste in manners and conduct. <i>Charlotte gave David a <b>decorous</b> kiss.</i>
<b>deferential</b>	Showing deference; respectful. <i>People were always <b>deferential</b> to him.</i>
<b>formal</b>	Being in accord with established forms and conventions and requirements as e.g. of formal dress. <i><b>Formal</b> dress.</i>
<b><u>gallant</u></b>	(of a person or their behaviour) brave; heroic. <i>A <b>gallant</b> gentleman came over and kissed my hand.</i>
<b>genteel</b>	Characterized by exaggerated or affected politeness, refinement, or respectability. <i>A <b>genteel</b> old lady.</i>
<b>gentlemanly</b>	Befitting a man of good breeding. <i>His <b>gentlemanly</b> behaviour.</i>
<b><u>gracious</u></b>	Characterized by charm, good taste, and generosity of spirit. <i>Greig was <b>gracious</b> in defeat.</i>
<b>ladylike</b>	Befitting a woman of good breeding. <i>It wasn't <b>ladylike</b> to be too interested in men.</i>
<b><u>obedient</u></b>	Complying or willing to comply with an order or request; submissive to another's authority. <i>Children are taught to be <b>obedient</b> to their parents.</i>
<b>obliging</b>	Showing a cheerful willingness to do favors for others. <i>One of the most <b>obliging</b> stewards.</i>
<b><u>polished</u></b>	Shiny as a result of being rubbed. <i>He was <b>polished</b> and charming.</i>
<b><u>polite</u></b>	Showing regard for others in manners, speech, behavior, etc. <i><b>Polite</b> society.</i>
<b>proper</b>	Limited to the thing specified. <i>After this event three countries will progress to the World Cup <b>proper</b>.</i>
<b><u>refined</u></b>	Freed from impurities by processing. <i><b>Refined</b> oil.</i>
<b>respectful</b>	Feeling or showing deference and respect. <i><b>Respectful</b> behavior.</i>
<b>thoughtful</b>	Taking heed giving close and thoughtful attention. <i>Her work is <b>thoughtful</b> and provocative.</i>

- urbane** Courteous and refined in manner (typically used of a man).  
*Urbane* wit was the mark of taste and cultivation.
- well brought up** Wise or advantageous and hence advisable.
- well mannered** In good health especially after having suffered illness or injury.
- well spoken** In good health especially after having suffered illness or injury.



### Usage Examples of "Disciplined" as an adjective

- *A disciplined approach to management.*
- *The beautiful coordination of his disciplined muscles.*
- *A disciplined mind.*



## Associations of "Disciplined" (30 Words)

### abstemious

Sparing in consumption of especially food and drink- John Galsworthy.  
*The pleasures of the table never of much consequence to one naturally **abstemious**.*

### appertain

Be appropriate or applicable.  
*The answers generally **appertain** to improvements in standard of service.*

### approach

Come close to (a number, level, or standard) in quality or quantity.  
*I was **approached** by the President to serve as his adviser in foreign matters.*

<b>ascetic</b>	Pertaining to or characteristic of an ascetic or the practice of rigorous self discipline. <i>Be systematically <b>ascetic</b> do something for no other reason than that you would rather not do it.</i>
<b><u>austere</u></b>	Severely simple. <i>A desert nomad s <b>austere</b> life.</i>
<b>behest</b>	An authoritative command or request. <i>They had assembled at his <b>behest</b>.</i>
<b>contained</b>	Gotten under control. <i>The oil spill is <b>contained</b>.</i>
<b>controlled</b>	(of an explosion) produced deliberately under conditions that are determined beforehand. <i>The office was in a state of <b>controlled</b> chaos.</i>
<b>cultivated</b>	Marked by refinement in taste and manners. <i>He was a remarkably <b>cultivated</b> and educated man.</i>
<b>cultured</b>	Characterized by refined taste and manners and good education. <i><b>Cultured</b> tumour cells.</i>
<b>domesticated</b>	(of a plant) cultivated for food; naturalized. <i><b>Domesticated</b> crops.</i>
<b>dominated</b>	Harassed by persistent nagging.
<b>educated</b>	Having been educated. <i>A Harvard <b>educated</b> lawyer.</i>
<b>guidance</b>	Advice or information aimed at resolving a problem or difficulty, especially as given by someone in authority. <i>He looked to his father for inspiration and <b>guidance</b>.</i>
<b>manage</b>	Be the manager of a sports team or a performer. <i>The forest is <b>managed</b> to achieve maximum growth.</i>
<b><u>moderation</u></b>	The action of making something less extreme, intense, or violent. <i>The union s approach was based on increased dialogue and the <b>moderation</b> of demands.</i>
<b>proficiency</b>	Skillfulness in the command of fundamentals deriving from practice and familiarity. <i>Practice greatly improves <b>proficiency</b>.</i>
<b>protocol</b>	A formal or official record of scientific experimental observations. <i>What is the <b>protocol</b> at a smart lunch if one s neighbour dozes off during the speeches.</i>

<b>puritan</b>	Having or displaying censorious moral beliefs, especially about self-indulgence and sex. <i>My mother was a <b>puritan</b> about sex.</i>
<b>refrain</b>	Choose not to consume. <i>She <b>refrained</b> from comment.</i>
<b>regulate</b>	Control or maintain the rate or speed of (a machine or process) so that it operates properly. <i>The Code <b>regulates</b> the takeovers of all public companies.</i>
<b>remotely</b>	In a remote manner. <i>The meeting was the first to be held <b>remotely</b> using conferencing software.</i>
<b>restrained</b>	Prudent. <i><b>Restrained</b> in his response.</i>
<b>simplicity</b>	Absence of affectation or pretense. <i>The <b>simplicity</b> of a crystal.</i>
<b>subdued</b>	Lacking in light; not bright or harsh. <i><b>Subdued</b> lights and soft music.</i>
<b>superintendence</b>	Management by overseeing the performance or operation of a person or group. <i>The school was under the <b>superintendence</b> of the nuns of the convent.</i>
<b>supervision</b>	The action of supervising someone or something. <i>He was placed under the <b>supervision</b> of a probation officer.</i>
<b>tame</b>	(of a plant) produced by cultivation. <i>The author finally <b>tamed</b> some of his potentially offensive statements.</i>
<b>trained</b>	Having been taught a particular skill or type of behaviour through practice and instruction over a period of time. <i>A <b>trained</b> mind.</i>
<b>understatement</b>	A statement that is restrained in ironic contrast to what might have been said. <i>A master of English <b>understatement</b>.</i>

