

Need another word that means the same as “disciplined”? Find 26 synonyms and 30 related words for “disciplined” in this overview.

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The synonyms of “Disciplined” are: well mannered, polite, civil, courteous, respectful, deferential, obedient, gentlemanly, chivalrous, gallant, ladylike, genteel, cultivated, gracious, obliging, considerate, thoughtful, urbane, civilized, well spoken, formal, proper, decorous, refined, polished, well brought up

Disciplined as an Adjective

Definitions of "Disciplined" as an adjective

According to the [Oxford Dictionary of English](#), “disciplined” as an adjective can have the following definitions:

- *Obeying the rules.*
- *Trained mentally or physically by instruction or exercise.*
- *Showing a controlled form of behaviour or way of working.*



Synonyms of "Disciplined" as an adjective (26 Words)

<u>chivalrous</u>	Being attentive to women like an ideal knight. <i>The concept of chivalrous combat.</i>
<u>civil</u>	Relating to civil law. <i>Civil peoples.</i>
<u>civilized</u>	Marked by refinement in taste and manners. <i>A civilized society.</i>
<u>considerate</u>	Showing concern for the rights and feelings of others. <i>Be considerate over your handwriting.</i>
<u>courteous</u>	Exhibiting courtesy and politeness. <i>She was courteous and obliging to all.</i>
cultivated	Marked by refinement in taste and manners. <i>Cultivated roses.</i>

decorous	<p>Characterized by propriety and dignity and good taste in manners and conduct.</p> <p><i>Charlotte gave David a decorous kiss.</i></p>
deferential	<p>Showing deference; respectful.</p> <p><i>People were always deferential to him.</i></p>
formal	<p>Being in accord with established forms and conventions and requirements as e g of formal dress.</p> <p><i>Formal dress.</i></p>
<u>gallant</u>	<p>(of a person or their behaviour) brave; heroic.</p> <p><i>A gallant gentleman came over and kissed my hand.</i></p>
genteel	<p>Characterized by exaggerated or affected politeness, refinement, or respectability.</p> <p><i>A genteel old lady.</i></p>
gentlemanly	<p>Befitting a man of good breeding.</p> <p><i>His gentlemanly behaviour.</i></p>
<u>gracious</u>	<p>Characterized by charm, good taste, and generosity of spirit.</p> <p><i>Greig was gracious in defeat.</i></p>
ladylike	<p>Befitting a woman of good breeding.</p> <p><i>It wasn't ladylike to be too interested in men.</i></p>
<u>obedient</u>	<p>Complying or willing to comply with an order or request; submissive to another's authority.</p> <p><i>Children are taught to be obedient to their parents.</i></p>
obliging	<p>Showing a cheerful willingness to do favors for others.</p> <p><i>One of the most obliging stewards.</i></p>
<u>polished</u>	<p>Shiny as a result of being rubbed.</p> <p><i>He was polished and charming.</i></p>
<u>polite</u>	<p>Showing regard for others in manners, speech, behavior, etc.</p> <p><i>Polite society.</i></p>
proper	<p>Limited to the thing specified.</p> <p><i>After this event three countries will progress to the World Cup proper.</i></p>
<u>refined</u>	<p>Freed from impurities by processing.</p> <p><i>Refined oil.</i></p>
respectful	<p>Feeling or showing deference and respect.</p> <p><i>Respectful behavior.</i></p>
thoughtful	<p>Taking heed giving close and thoughtful attention.</p> <p><i>Her work is thoughtful and provocative.</i></p>

- urbane** Courteous and refined in manner (typically used of a man).
***Urbane** wit was the mark of taste and cultivation.*
- well brought up** Wise or advantageous and hence advisable.
- well mannered** In good health especially after having suffered illness or injury.
- well spoken** In good health especially after having suffered illness or injury.



Usage Examples of "Disciplined" as an adjective

- *A disciplined approach to management.*
- *The beautiful coordination of his disciplined muscles.*
- *A disciplined mind.*



Associations of "Disciplined" (30 Words)

abstemious

Sparing in consumption of especially food and drink- John Galsworthy.
*The pleasures of the table never of much consequence to one naturally **abstemious**.*

appertain

Be appropriate or applicable.
*The answers generally **appertain** to improvements in standard of service.*

approach

Come close to (a number, level, or standard) in quality or quantity.
*I was **approached** by the President to serve as his adviser in foreign matters.*

ascetic	Pertaining to or characteristic of an ascetic or the practice of rigorous self discipline. <i>Be systematically ascetic do something for no other reason than that you would rather not do it.</i>
<u>austere</u>	Severely simple. <i>A desert nomad s austere life.</i>
behest	An authoritative command or request. <i>They had assembled at his behest.</i>
contained	Gotten under control. <i>The oil spill is contained.</i>
controlled	(of an explosion) produced deliberately under conditions that are determined beforehand. <i>The office was in a state of controlled chaos.</i>
cultivated	Marked by refinement in taste and manners. <i>He was a remarkably cultivated and educated man.</i>
cultured	Characterized by refined taste and manners and good education. <i>Cultured tumour cells.</i>
domesticated	(of a plant) cultivated for food; naturalized. <i>Domesticated crops.</i>
dominated	Harassed by persistent nagging.
educated	Having been educated. <i>A Harvard educated lawyer.</i>
guidance	Advice or information aimed at resolving a problem or difficulty, especially as given by someone in authority. <i>He looked to his father for inspiration and guidance.</i>
manage	Be the manager of a sports team or a performer. <i>The forest is managed to achieve maximum growth.</i>
<u>moderation</u>	The action of making something less extreme, intense, or violent. <i>The union s approach was based on increased dialogue and the moderation of demands.</i>
proficiency	Skillfulness in the command of fundamentals deriving from practice and familiarity. <i>Practice greatly improves proficiency.</i>
protocol	A formal or official record of scientific experimental observations. <i>What is the protocol at a smart lunch if one s neighbour dozes off during the speeches.</i>

puritan	Having or displaying censorious moral beliefs, especially about self-indulgence and sex. <i>My mother was a puritan about sex.</i>
<u>refrain</u>	Choose not to consume. <i>She refrained from comment.</i>
regulate	Control or maintain the rate or speed of (a machine or process) so that it operates properly. <i>The Code regulates the takeovers of all public companies.</i>
remotely	In a remote manner. <i>The meeting was the first to be held remotely using conferencing software.</i>
restrained	Prudent. <i>Restrained in his response.</i>
simplicity	Absence of affectation or pretense. <i>The simplicity of a crystal.</i>
subdued	Lacking in light; not bright or harsh. <i>Subdued lights and soft music.</i>
superintendence	Management by overseeing the performance or operation of a person or group. <i>The school was under the superintendence of the nuns of the convent.</i>
supervision	The action of supervising someone or something. <i>He was placed under the supervision of a probation officer.</i>
tame	(of a plant) produced by cultivation. <i>The author finally tamed some of his potentially offensive statements.</i>
trained	Having been taught a particular skill or type of behaviour through practice and instruction over a period of time. <i>A trained mind.</i>
<u>understatement</u>	A statement that is restrained in ironic contrast to what might have been said. <i>A master of English understatement.</i>

