

Need another word that means the same as “discouragement”? Find 19 synonyms and 30 related words for “discouragement” in this overview.

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**The synonyms of “Discouragement” are: disheartenment, dismay, dispiritedness, downheartedness, dejection, depression, demoralization, disappointment, despondency, hopelessness, lack of enthusiasm, lack of confidence, pessimism, despair, gloom, gloominess, low spirits, deterrent, disincentive**

## Discouragement as a Noun

### Definitions of "Discouragement" as a noun

According to the [Oxford Dictionary of English](#), “discouragement” as a noun can have the following definitions:

- *The feeling of despair in the face of obstacles.*
- *A loss of confidence or enthusiasm; dispiritedness.*
- *An attempt to prevent something by showing disapproval or creating difficulties; deterrent.*
- *The expression of opposition and disapproval.*
- *The act of discouraging.*



## Synonyms of "Discouragement" as a noun (19 Words)

### [dejection](#)

Solid excretory product evacuated from the bowels.  
*He was slumped in deep **dejection**.*

### **demoralization**

Depression resulting from an undermining of your morale.  
*His inconsistency resulted in the **demoralization** of his staff.*

### **depression**

A period during the 1930s when there was a worldwide economic depression and mass unemployment.  
*Hurricanes start off as loose regions of bad weather known as tropical **depressions**.*

### **despair**

The complete loss or absence of hope.  
*One harsh word would send her into the depths of **despair**.*

### **despondency**

Low spirits from loss of hope or courage; dejection.  
*An air of **despondency**.*

### **deterrent**

Something immaterial that interferes with or delays action or progress.  
*Cameras are a major **deterrent** to crime.*

### [disappointment](#)

A person or thing that causes disappointment.  
*I was a big **disappointment** to her.*

### **disheartenment**

A communication that leaves you disheartened or daunted.

<b>disincentive</b>	A factor, especially a financial disadvantage, that discourages a particular action. <i>Spiralling house prices are beginning to act as a <b>disincentive</b> to development.</i>
<b>dismay</b>	Concern and distress caused by something unexpected. <i>To his <b>dismay</b> she left him.</i>
<b>dispiritedness</b>	A feeling of low spirits.
<b>downheartedness</b>	A feeling of low spirits.
<b>gloom</b>	A state of partial or total darkness. <i><b>Gloom</b> pervaded the office.</i>
<b>gloominess</b>	A feeling of melancholy apprehension.
<b>hopelessness</b>	The despair you feel when you have abandoned hope of comfort or success. <i>His face bears the expression of utter <b>hopelessness</b>.</i>
<b>lack of confidence</b>	The state of needing something that is absent or unavailable.
<b>lack of enthusiasm</b>	The state of needing something that is absent or unavailable.
<b>low spirits</b>	An air mass of lower pressure; often brings precipitation.
<b>pessimism</b>	The feeling that things will turn out badly. <i>The dispute cast an air of deep <b>pessimism</b> over the future of the peace talks.</i>



## **Usage Examples of "Discouragement" as a noun**

- *The discouragement of crime.*
- *The discouragement of petty theft.*
- *Do not give in to discouragement.*



## Associations of "Discouragement" (30 Words)

<b>alarming</b>	Worrying or disturbing. <i>Our countryside is disappearing at an <b>alarming</b> rate.</i>
<b>angst</b>	A feeling of persistent worry about something trivial. <i>Rock and pop have a tradition of celebrating adolescent <b>angst</b>.</i>
<b>consternation</b>	Fear resulting from the awareness of danger. <i>To her <b>consternation</b> her car wouldn't start.</i>
<b>demoralize</b>	Corrupt morally or by intemperance or sensuality. <i>The boss's behavior <b>demoralized</b> everyone in the office.</i>
<b>depress</b>	Make (someone) feel utterly dispirited or dejected. <i>The lack of rain had <b>depressed</b> the water level in the reservoir.</i>
<b>despair</b>	Abandon hope; give up hope; lose heart. <i>She <b>despaired</b> of finding a good restaurant nearby.</i>

<b><u>desperately</u></b>	In intense despair. <i>I am <b>desperately</b> disappointed.</i>
<b><u>desperation</u></b>	Desperate recklessness. <i>It was a policy of <b>desperation</b>.</i>
<b>despond</b>	Lose confidence or hope; become dejected. <i>The supporters of the Presidential candidate <b>desponded</b> when they learned the early results of the election.</i>
<b>despondency</b>	Feeling downcast and disheartened and hopeless. <i>An air of <b>despondency</b>.</i>
<b>disappoint</b>	Fail to meet the hopes or expectations of. <i>The governing coalition had bitterly <b>disappointed</b> the hopes of its voters.</i>
<b><u>disappointing</u></b>	Not up to expectations. <i>A <b>disappointing</b> performance from one who had seemed so promising.</i>
<b><u>disappointment</u></b>	A person or thing that causes disappointment. <i>His hopes were so high he was doomed to <b>disappointment</b>.</i>
<b>dismay</b>	Lower someone's spirits; make downhearted. <i>They were <b>dismayed</b> by the U turn in policy.</i>
<b>failure</b>	Lack of success. <i>He resented my <b>failure</b> to return his call.</i>
<b><u>frustration</u></b>	The prevention of the progress, success, or fulfilment of something. <i>The inherent <b>frustrations</b> of assembly line work.</i>
<b>futility</b>	Uselessness as a consequence of having no practical result. <i>The horror and <b>futility</b> of war.</i>
<b>gloom</b>	Make dark or dismal. <i>Charles was always <b>glooming</b> about money.</i>
<b><u>grief</u></b>	Intense sorrow, especially caused by someone's death. <i>She was overcome with <b>grief</b>.</i>
<b>heartache</b>	Intense sorrow caused by loss of a loved one (especially by death). <i>The familiar pang of <b>heartache</b>.</i>
<b>heaviness</b>	An oppressive quality that is laborious and solemn and lacks grace or fluency. <i>A sudden <b>heaviness</b> overpowers me.</i>
<b>hopelessness</b>	The despair you feel when you have abandoned hope of comfort or success. <i>I was overcome by the <b>hopelessness</b> of the situation.</i>

<b><u>melancholy</u></b>	A humor that was once believed to be secreted by the kidneys or spleen and to cause sadness and melancholy. <i>Growing more <b>melancholy</b> every hour.</i>
<b><u>miserable</u></b>	(of a person) wretchedly unhappy or uncomfortable. <i>Horribly wet and <b>miserable</b> conditions.</i>
<b>mourning</b>	The passionate and demonstrative activity of expressing grief. <i>If he dies she ll put on <b>mourning</b> but she won t cry.</i>
<b>pessimism</b>	The feeling that things will turn out badly. <i>The dispute cast an air of deep <b>pessimism</b> over the future of the peace talks.</i>
<b>sad</b>	Of things that make you feel sad. <i>He told her the <b>sad</b> story of his life.</i>
<b>sadness</b>	The quality of excessive mournfulness and uncheerfulness. <i>She tired of his perpetual <b>sadness</b>.</i>
<b>slough</b>	Necrotic tissue; a mortified or gangrenous part or mass. <i>The economic <b>slough</b> of the interwar years.</i>
<b><u>sorrow</u></b>	An event or circumstance that causes sorrow. <i>A woman had cried all night <b>sorrowing</b> over the death of her husband.</i>

