

Need another word that means the same as “disheartening”? Find 3 synonyms and 30 related words for “disheartening” in this overview.

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The synonyms of “Disheartening” are: demoralising, demoralizing, dispiriting

Disheartening as an Adjective

Definitions of "Disheartening" as an adjective

According to the [Oxford Dictionary of English](#), “disheartening” as an adjective can have the following definitions:

- *Causing someone to lose determination or confidence; discouraging or dispiriting.*
- *Destructive of morale and self-reliance.*

Synonyms of "Disheartening" as an adjective (3 Words)

demoralising Destructive of morale and self-reliance.

demoralizing Causing someone to lose confidence or hope; disheartening.
*The **demoralizing** effect of imprisonment.*

dispiriting Causing someone to lose enthusiasm and hope; disheartening.
*It was a **dispiriting** occasion.*

Usage Examples of "Disheartening" as an adjective

- *Her death is particularly disheartening because it was preventable.*

Associations of "Disheartening" (30 Words)

browbeat	Intimidate (someone), typically into doing something, with stern or abusive words. <i>A witness is being browbeaten under cross examination.</i>
bully	A person who habitually seeks to harm or intimidate those whom they perceive as vulnerable. <i>He did a bully job.</i>
daunt	Cause to lose courage. <i>Some people are daunted by technology.</i>
demoralize	Cause (someone) to lose confidence or hope. <i>The boss's behavior demoralized everyone in the office.</i>
deprave	Corrupt morally or by intemperance or sensuality. <i>This book would deprave and corrupt young children.</i>
<u>depress</u>	Make (someone) feel utterly dispirited or dejected. <i>That first day at school depressed me.</i>
<u>deter</u>	Prevent the occurrence of. <i>Strategists think not only about how to deter war but about how war might occur.</i>
deterrence	A negative motivational influence. <i>Nuclear missiles remain the main deterrence against possible aggression.</i>
<u>discourage</u>	Deprive of courage or hope take away hope from cause to feel discouraged. <i>Tedious regulations could discourage investors.</i>
<u>dissuade</u>	Turn away from by persuasion. <i>His friends tried to dissuade him from flying.</i>
embarrass	Cause to be embarrassed cause to feel self-conscious. <i>I do not apprehend that this case will be embarrassed by that decision.</i>
faze	Disturb the composure of. <i>She was not fazed by his show of anger.</i>
fright	Frighten. <i>I jumped up in fright.</i>
frighten	Drive out by frightening. <i>The stranger who hangs around the building frightens me.</i>
<u>frown</u>	Furrow one's brows in an expression indicating disapproval, displeasure, or concentration. <i>Promiscuity was frowned upon.</i>

hector	Talk to (someone) in a bullying way. <i>She doesn't hector us about giving up things.</i>
horror	Something that inspires horror something horrible. <i>Horrors two buttons were missing.</i>
intimidate	To compel or deter by or as if by threats. <i>The forts are designed to intimidate the nationalist population.</i>
intimidation	The feeling of being intimidated; being made to feel afraid or timid. <i>The intimidation of witnesses and jurors.</i>
marred	Blemished by injury or rough wear. <i>Walls marred by graffiti.</i>
menace	A threat or the act of threatening. <i>A new initiative aimed at beating the menace of drugs.</i>
overawe	Subdue, restrain, or overcome by affecting with a feeling of awe; frighten (as with threats). <i>The eleven year old was overawed by the atmosphere.</i>
panic	Feel or cause to feel panic. <i>The mere thought of an isolation cell panicked the prisoners.</i>
scare	Become scared. <i>She has been given the all clear after a breast cancer scare.</i>
scowl	An angry or bad-tempered expression. <i>She scowled at him defiantly.</i>
terrify	Cause to feel extreme fear. <i>The thought terrifies me.</i>
terror	Terrorism. <i>His delivery is the terror of even world class batsmen.</i>
threat	A menace of bodily harm, such as may restrain a person's freedom of action. <i>Members of her family have received death threats.</i>
threaten	To be a menacing indication of something. <i>Danger threatens.</i>
unnerve	Make (someone) lose courage or confidence. <i>The journey over the bridge had unnerved me.</i>