

Need another word that means the same as “disheartening”? Find 3 synonyms and 30 related words for “disheartening” in this overview.

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The synonyms of “Disheartening” are: demoralising, demoralizing, dispiriting

## Disheartening as an Adjective

### Definitions of "Disheartening" as an adjective

According to the [Oxford Dictionary of English](#), “disheartening” as an adjective can have the following definitions:

- *Causing someone to lose determination or confidence; discouraging or dispiriting.*
- *Destructive of morale and self-reliance.*

### Synonyms of "Disheartening" as an adjective (3 Words)

**demoralising** Destructive of morale and self-reliance.

**demoralizing** Causing someone to lose confidence or hope; disheartening.  
*The **demoralizing** effect of imprisonment.*

**dispiriting** Causing someone to lose enthusiasm and hope; disheartening.  
*It was a **dispiriting** occasion.*

### Usage Examples of "Disheartening" as an adjective

- *Her death is particularly disheartening because it was preventable.*

## Associations of "Disheartening" (30 Words)

<b>browbeat</b>	Intimidate (someone), typically into doing something, with stern or abusive words. <i>A witness is being <b>browbeaten</b> under cross examination.</i>
<b>bully</b>	A person who habitually seeks to harm or intimidate those whom they perceive as vulnerable. <i>He did a <b>bully</b> job.</i>
<b>daunt</b>	Cause to lose courage. <i>Some people are <b>daunted</b> by technology.</i>
<b>demoralize</b>	Cause (someone) to lose confidence or hope. <i>The boss's behavior <b>demoralized</b> everyone in the office.</i>
<b>deprave</b>	Corrupt morally or by intemperance or sensuality. <i>This book would <b>deprave</b> and corrupt young children.</i>
<u><b>depress</b></u>	Make (someone) feel utterly dispirited or dejected. <i>That first day at school <b>depressed</b> me.</i>
<u><b>deter</b></u>	Prevent the occurrence of. <i>Strategists think not only about how to <b>deter</b> war but about how war might occur.</i>
<b>deterrence</b>	A negative motivational influence. <i>Nuclear missiles remain the main <b>deterrence</b> against possible aggression.</i>
<u><b>discourage</b></u>	Deprive of courage or hope take away hope from cause to feel discouraged. <i>Tedious regulations could <b>discourage</b> investors.</i>
<u><b>dissuade</b></u>	Turn away from by persuasion. <i>His friends tried to <b>dissuade</b> him from flying.</i>
<b>embarrass</b>	Cause to be embarrassed cause to feel self conscious. <i>I do not apprehend that this case will be <b>embarrassed</b> by that decision.</i>
<b>faze</b>	Disturb the composure of. <i>She was not <b>fazed</b> by his show of anger.</i>
<b>fright</b>	Frighten. <i>I jumped up in <b>fright</b>.</i>
<b>frighten</b>	Drive out by frightening. <i>The stranger who hangs around the building <b>frightens</b> me.</i>
<u><b>frown</b></u>	Furrow one's brows in an expression indicating disapproval, displeasure, or concentration. <i>Promiscuity was <b>frowned</b> upon.</i>

<b>hector</b>	Talk to (someone) in a bullying way. <i>She doesn't <b>hector</b> us about giving up things.</i>
<b>horror</b>	Something that inspires horror something horrible. <i><b>Horrors</b> two buttons were missing.</i>
<b>intimidate</b>	To compel or deter by or as if by threats. <i>The forts are designed to <b>intimidate</b> the nationalist population.</i>
<b>intimidation</b>	The feeling of being intimidated; being made to feel afraid or timid. <i>The <b>intimidation</b> of witnesses and jurors.</i>
<b>marred</b>	Blemished by injury or rough wear. <i>Walls <b>marred</b> by graffiti.</i>
<b>menace</b>	A threat or the act of threatening. <i>A new initiative aimed at beating the <b>menace</b> of drugs.</i>
<b>overawe</b>	Subdue, restrain, or overcome by affecting with a feeling of awe; frighten (as with threats). <i>The eleven year old was <b>overawed</b> by the atmosphere.</i>
<b>panic</b>	Feel or cause to feel panic. <i>The mere thought of an isolation cell <b>panicked</b> the prisoners.</i>
<b>scare</b>	Become scared. <i>She has been given the all clear after a breast cancer <b>scare</b>.</i>
<b>scowl</b>	An angry or bad-tempered expression. <i>She <b>scowled</b> at him defiantly.</i>
<b>terrify</b>	Cause to feel extreme fear. <i>The thought terrifies me.</i>
<b>terror</b>	Terrorism. <i>His delivery is the <b>terror</b> of even world class batsmen.</i>
<b>threat</b>	A menace of bodily harm, such as may restrain a person's freedom of action. <i>Members of her family have received death <b>threats</b>.</i>
<b>threaten</b>	To be a menacing indication of something. <i>Danger <b>threatens</b>.</i>
<b>unnerve</b>	Make (someone) lose courage or confidence. <i>The journey over the bridge had <b>unnerved</b> me.</i>