

Need another word that means the same as “disoriented”? Find 10 synonyms and 30 related words for “disoriented” in this overview.

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**The synonyms of “Disoriented” are: alienated, anomic, confused, lost, bewildered, perplexed, nonplussed, all at sea, in a state of confusion, in a muddle**

## **Disoriented as an Adjective**

### **Definitions of "Disoriented" as an adjective**

According to the [Oxford Dictionary of English](#), “disoriented” as an adjective can have the following definitions:

- *Having lost one's sense of direction; disorientated.*
- *Socially disoriented.*
- *Having lost your bearings; confused as to time or place or personal identity.*
- *Confused and unable to think clearly.*



## Synonyms of "Disoriented" as an adjective (10 Words)

<b>alienated</b>	Socially disoriented. <i>We live in an age of rootless <b>alienated</b> people.</i>
<b>all at sea</b>	Quantifier; used with either mass or count nouns to indicate the whole number or amount of or every one of a class.
<b>anomic</b>	Socially disoriented. <i><b>Anomic</b> loners musing over their fate.</i>
<b>bewildered</b>	Perplexed by many conflicting situations or statements; filled with bewilderment. <i>He saw the <b>bewildered</b> look on my face.</i>
<b>confused</b>	Having lost your bearings confused as to time or place or personal identity. <i>The <b>confused</b> information supplied by authorities.</i>
<b>in a muddle</b>	Directed or bound inward.

**in a state of confusion**

Currently fashionable.

**lost**

Having lost your bearings confused as to time or place or personal identity.

*His **lost** honor.*

**nonplussed**

So surprised and confused that one is unsure how to react.

*Henry looked completely **nonplussed**.*

**perplexed**

Completely baffled; very puzzled.

*She gave him a **perplexed** look.*



## Usage Examples of "Disoriented" as an adjective

- *I frequently find myself disoriented when I come up out of the subway.*
- *The anesthetic left her completely disoriented.*
- *Jet lag leaves you irritable, disoriented, and tired.*

- *She was so disoriented that Joe had to walk her to her room.*



## Associations of "Disoriented" (30 Words)

<b>addle</b>	Make (someone) unable to think clearly; confuse. <i>Being in love must have <b>addled</b> your brain.</i>
<b>baffle</b>	Be a mystery or bewildering to. <i>An unexplained occurrence that <b>baffled</b> everyone.</i>
<b>befuddle</b>	Make (someone) unable to think clearly. <i>The logic used to arrive at this conclusion <b>befuddles</b> me.</i>
<b><u>bemused</u></b>	Puzzled, confused, or bewildered. <i>Obviously <b>bemused</b> by his questions.</i>
<b><u>bewilder</u></b>	Be a mystery or bewildering to. <i>His reaction had <b>bewildered</b> her.</i>
<b>bewildered</b>	Perplexed and confused; very puzzled. <i><b>Bewildered</b> and confused.</i>

<b>chaos</b>	The property of a complex system whose behaviour is so unpredictable as to appear random, owing to great sensitivity to small changes in conditions. <i>Snow caused <b>chaos</b> in the region.</i>
<b>confound</b>	Be confusing or perplexing to; cause to be unable to think clearly. <i>We will <b>confound</b> these tactics by the pressure groups.</i>
<b>confuse</b>	Assemble without order or sense. <i>Purchasers might <b>confuse</b> the two products.</i>
<b>confused</b>	Mentally confused unable to think with clarity or act intelligently. <i>A <b>confused</b> dream about the end of the world.</i>
<b><u>discombobulated</u></b>	Having self-possession upset; thrown into confusion- G.B.Shaw. <i>The hecklers pelted the <b>discombobulated</b> speaker with anything that came to hand.</i>
<b>discomfit</b>	Make (someone) feel uneasy or embarrassed. <i>He was not noticeably <b>discomfited</b> by her tone.</i>
<b>disconcert</b>	Disturb the composure of; unsettle. <i>The abrupt change of subject <b>disconcerted</b> her.</i>
<b>disconcerted</b>	Having self-possession upset; thrown into confusion. <i>Looked at each other dumbly quite <b>disconcerted</b>.</i>
<b>disorder</b>	Bring disorder to. <i>She <b>disordered</b> the house to suggest that the killer had been a burglar.</i>
<b>embarrass</b>	Cause to be embarrassed cause to feel self conscious. <i>I do not apprehend that this case will be <b>embarrassed</b> by that decision.</i>
<b>fluster</b>	Be flustered behave in a confused manner. <i>The main thing is not to get all in a <b>fluster</b>.</i>
<b><u>gloomy</u></b>	Filled with melancholy and despondency. <i>A <b>gloomy</b> silence.</i>
<b><u>groggy</u></b>	Dazed, weak, or unsteady, especially from illness, intoxication, sleep, or a blow. <i>The sleeping pills had left her feeling <b>groggy</b>.</i>
<b>jumble</b>	Articles collected for a jumble sale. <i>A drawer full of letters <b>jumbled</b> together.</i>
<b><u>maze</u></b>	Be dazed and confused. <i>The house has a <b>maze</b> and a walled Italian garden.</i>
<b>melee</b>	A confused crowd of people. <i>The <b>melee</b> of people that were always thronging the streets.</i>

<b>mystify</b>	Make mysterious. <i>Lawyers who <b>mystify</b> the legal system so that laymen find it unintelligible.</i>
<b>obfuscate</b>	Make obscure, unclear, or unintelligible. <i>The spelling changes will deform some familiar words and <b>obfuscate</b> their etymological origins.</i>
<b>perplex</b>	Be a mystery or bewildering to. <i>She was <b>perplexed</b> by her husband's moodiness.</i>
<b>perplexed</b>	Completely baffled; very puzzled. <i>She gave him a <b>perplexed</b> look.</i>
<b>perplexing</b>	Lacking clarity of meaning; causing confusion or perplexity. <i><b>Perplexing</b> to someone who knew nothing about it.</i>
<b>puzzling</b>	Causing one to be puzzled; perplexing. <i>A <b>puzzling</b> statement.</i>
<b>thwart</b>	A crosspiece spreading the gunnels of a boat; used as a seat in a rowboat. <i>He never did anything to <b>thwart</b> his father.</i>
<b>vertigo</b>	A reeling sensation; a feeling that you are about to fall.

