

Need another word that means the same as “disoriented”? Find 10 synonyms and 30 related words for “disoriented” in this overview.

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The synonyms of “Disoriented” are: alienated, anomic, confused, lost, bewildered, perplexed, nonplussed, all at sea, in a state of confusion, in a muddle

Disoriented as an Adjective

Definitions of "Disoriented" as an adjective

According to the [Oxford Dictionary of English](#), “disoriented” as an adjective can have the following definitions:

- *Having lost one's sense of direction; disorientated.*
- *Socially disoriented.*
- *Having lost your bearings; confused as to time or place or personal identity.*
- *Confused and unable to think clearly.*



Synonyms of "Disoriented" as an adjective (10 Words)

alienated	Socially disoriented. <i>We live in an age of rootless alienated people.</i>
all at sea	Quantifier; used with either mass or count nouns to indicate the whole number or amount of or every one of a class.
anomic	Socially disoriented. <i>Anomic loners musing over their fate.</i>
bewildered	Perplexed by many conflicting situations or statements; filled with bewilderment. <i>He saw the bewildered look on my face.</i>
confused	Having lost your bearings confused as to time or place or personal identity. <i>The confused information supplied by authorities.</i>
in a muddle	Directed or bound inward.

in a state of confusion

Currently fashionable.

lost

Having lost your bearings confused as to time or place or personal identity.

*His **lost** honor.*

nonplussed

So surprised and confused that one is unsure how to react.

*Henry looked completely **nonplussed**.*

perplexed

Completely baffled; very puzzled.

*She gave him a **perplexed** look.*



Usage Examples of "Disoriented" as an adjective

- *I frequently find myself disoriented when I come up out of the subway.*
- *The anesthetic left her completely disoriented.*
- *Jet lag leaves you irritable, disoriented, and tired.*

- *She was so disoriented that Joe had to walk her to her room.*



Associations of "Disoriented" (30 Words)

addle	Make (someone) unable to think clearly; confuse. <i>Being in love must have addled your brain.</i>
baffle	Be a mystery or bewildering to. <i>An unexplained occurrence that baffled everyone.</i>
befuddle	Make (someone) unable to think clearly. <i>The logic used to arrive at this conclusion befuddles me.</i>
<u>bemused</u>	Puzzled, confused, or bewildered. <i>Obviously bemused by his questions.</i>
<u>bewilder</u>	Be a mystery or bewildering to. <i>His reaction had bewildered her.</i>
bewildered	Perplexed and confused; very puzzled. <i>Bewildered and confused.</i>

chaos	The property of a complex system whose behaviour is so unpredictable as to appear random, owing to great sensitivity to small changes in conditions. <i>Snow caused chaos in the region.</i>
confound	Be confusing or perplexing to; cause to be unable to think clearly. <i>We will confound these tactics by the pressure groups.</i>
confuse	Assemble without order or sense. <i>Purchasers might confuse the two products.</i>
confused	Mentally confused unable to think with clarity or act intelligently. <i>A confused dream about the end of the world.</i>
<u>discombobulated</u>	Having self-possession upset; thrown into confusion- G.B.Shaw. <i>The hecklers pelted the discombobulated speaker with anything that came to hand.</i>
discomfit	Make (someone) feel uneasy or embarrassed. <i>He was not noticeably discomfited by her tone.</i>
disconcert	Disturb the composure of; unsettle. <i>The abrupt change of subject disconcerted her.</i>
disconcerted	Having self-possession upset; thrown into confusion. <i>Looked at each other dumbly quite disconcerted.</i>
disorder	Bring disorder to. <i>She disordered the house to suggest that the killer had been a burglar.</i>
embarrass	Cause to be embarrassed cause to feel self conscious. <i>I do not apprehend that this case will be embarrassed by that decision.</i>
fluster	Be flustered behave in a confused manner. <i>The main thing is not to get all in a fluster.</i>
<u>gloomy</u>	Filled with melancholy and despondency. <i>A gloomy silence.</i>
<u>groggy</u>	Dazed, weak, or unsteady, especially from illness, intoxication, sleep, or a blow. <i>The sleeping pills had left her feeling groggy.</i>
jumble	Articles collected for a jumble sale. <i>A drawer full of letters jumbled together.</i>
<u>maze</u>	Be dazed and confused. <i>The house has a maze and a walled Italian garden.</i>
melee	A confused crowd of people. <i>The melee of people that were always thronging the streets.</i>

mystify	Make mysterious. <i>Lawyers who mystify the legal system so that laymen find it unintelligible.</i>
<u>obfuscate</u>	Make obscure, unclear, or unintelligible. <i>The spelling changes will deform some familiar words and obfuscate their etymological origins.</i>
perplex	Be a mystery or bewildering to. <i>She was perplexed by her husband's moodiness.</i>
<u>perplexed</u>	Completely baffled; very puzzled. <i>She gave him a perplexed look.</i>
perplexing	Lacking clarity of meaning; causing confusion or perplexity. <i>Perplexing to someone who knew nothing about it.</i>
<u>puzzling</u>	Causing one to be puzzled; perplexing. <i>A puzzling statement.</i>
<u>thwart</u>	A crosspiece spreading the gunnels of a boat; used as a seat in a rowboat. <i>He never did anything to thwart his father.</i>
<u>vertigo</u>	A reeling sensation; a feeling that you are about to fall.

