

Need another word that means the same as “distraction”? Find 28 synonyms and 30 related words for “distraction” in this overview.

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**The synonyms of “Distraction” are: beguilement, misdirection, diversion, interruption, disturbance, intrusion, interference, obstruction, hindrance, amusement, entertainment, activity, pastime, recreation, interest, hobby, game, leisure pursuit, occupation, divertissement, frenzy, hysteria, madness, insanity, wildness, mania, derangement, delirium**

## **Distraction as a Noun**

### **Definitions of "Distraction" as a noun**

According to the [Oxford Dictionary of English](#), “distraction” as a noun can have the following definitions:

- *Mental turmoil.*
- *Extreme agitation of the mind.*
- *An obstacle to attention.*
- *The act of distracting; drawing someone's attention away from something.*
- *An entertainment that provokes pleased interest and distracts you from worries and vexations.*
- *A thing that prevents someone from concentrating on something else.*
- *A diversion or recreation.*



## Synonyms of "Distraction" as a noun (28 Words)

<b>activity</b>	A thermodynamic quantity representing the effective concentration of a particular component in a solution or other system equal to its concentration multiplied by an activity coefficient. <i>There has been a sustained level of <b>activity</b> in the economy.</i>
<b><u>amusement</u></b>	A feeling of delight at being entertained. <i>She was like an adult planning <b>amusements</b> for a child.</i>
<b>beguilement</b>	Magnetic personal charm.
<b>delirium</b>	State of violent mental agitation. <i>She had fits of <b>delirium</b>.</i>
<b>derangement</b>	A state of mental disturbance and disorientation.
<b><u>disturbance</u></b>	A breakdown of peaceful and law-abiding behaviour. <i>The <b>disturbances</b> were precipitated when four men were refused bail.</i>
<b><u>diversion</u></b>	The action of turning something aside from its course. <i>Our chief <b>diversion</b> was reading.</i>

<b>divertissement</b>	A minor entertainment or diversion. <i>The intellectual <b>divertissements</b> of working men.</i>
<b>entertainment</b>	An activity that is diverting and that holds the attention. <i>Everyone just sits in front of the television for <b>entertainment</b>.</i>
<b>frenzy</b>	State of violent mental agitation. <i>Doreen worked herself into a <b>frenzy</b> of rage.</i>
<b>game</b>	The game equipment needed in order to play a particular game. <i>A <b>game</b> pie.</i>
<b>hindrance</b>	Something immaterial that interferes with or delays action or progress. <i>The visitor can wander around without <b>hindrance</b>.</i>
<b>hobby</b>	Small Old World falcon formerly trained and flown at small birds. <i>Her hobbies are reading and gardening.</i>
<b>hysteria</b>	Neurotic disorder characterized by violent emotional outbreaks and disturbances of sensory and motor functions. <i>The anti Semitic <b>hysteria</b> of the 1890s.</i>
<b>insanity</b>	The state of being seriously mentally ill; madness. <i>He suffered from bouts of <b>insanity</b>.</i>
<b>interest</b>	The selfish pursuit of one's own welfare self interest. <i>Primary colors can add <b>interest</b> to a room.</i>
<b>interference</b>	A policy of intervening in the affairs of other countries. <i>Concerns about government <b>interference</b> in church life.</i>
<b>interruption</b>	A time interval during which there is a temporary cessation of something. <i>Students returning to education after an <b>interruption</b> in their career.</i>
<b>intrusion</b>	A thing that intrudes. <i>Unacceptable <b>intrusions</b> of privacy.</i>
<b>leisure pursuit</b>	Time available for ease and relaxation.
<b>madness</b>	The quality of being rash and foolish. <i>The new laws are a <b>madness</b>.</i>
<b>mania</b>	Mental illness marked by periods of great excitement or euphoria, delusions, and overactivity. <i>He had a <b>mania</b> for automobiles.</i>
<b>misdirection</b>	The act of distracting; drawing someone's attention away from something. <i>Wasteful <b>misdirections</b> of production.</i>
<b>obstruction</b>	The physical condition of blocking or filling a passage with an obstruction. <i><b>Obstruction</b> of justice.</i>
<b>occupation</b>	The act of occupying or taking possession of a building. <i>The Roman <b>occupation</b> of Britain.</i>

<b>pastime</b>	A diversion that occupies one's time and thoughts (usually pleasantly). <i>His favourite <b>pastimes</b> were shooting and golf.</i>
<b>recreation</b>	An activity that diverts or amuses or stimulates. <i>His <b>recreations</b> included golf and rugby.</i>
<b>wildness</b>	Lack of discipline or restraint. <i>The <b>wildness</b> of his anger.</i>



## Usage Examples of "Distraction" as a noun

- *He roved the district in search of distraction.*
- *Her uncharacteristic air of distraction.*
- *There are plenty of distractions such as sailing.*
- *He drives me to distraction.*
- *The firm found passenger travel a distraction from the main business of moving freight.*



## Associations of "Distraction" (30 Words)

<b>barrier</b>	A circumstance or obstacle that keeps people or things apart or prevents communication or progress. <i>Intolerance is a <b>barrier</b> to understanding.</i>
<b>block</b>	Shape by using a block. <i><b>Block</b> a nerve.</i>
<b>chatter</b>	Cut unevenly with a chattering tool. <i>The starlings constant <b>chatter</b>.</i>
<b>deterrent</b>	Able or intended to deter. <i>The <b>deterrent</b> effect of heavy prison sentences.</i>
<u><a href="#">disability</a></u>	The condition of being unable to perform as a consequence of physical or mental unfitness. <i>Reading <b>disability</b>.</i>
<u><a href="#">disrupt</a></u>	Drastically alter or destroy the structure of. <i>Our 3D printing technology is <b>disrupting</b> the traditional manufacturing industry.</i>
<u><a href="#">driver</a></u>	A golfer who hits the golf ball with a driver. <i>The hope of achieving such monopolies becomes the main <b>driver</b> of investment.</i>
<b>earplug</b>	An earphone that is inserted into the ear canal.
<b>encumbrance</b>	A mortgage or other claim on property or assets. <i>Details of <b>encumbrances</b> on property.</i>
<b>hinderance</b>	The act of hindering or obstructing or impeding.
<u><a href="#">hindrance</a></u>	A thing that provides resistance, delay, or obstruction to something or someone. <i>A <b>hindrance</b> to the development process.</i>
<u><a href="#">hurdle</a></u>	Enclose or fence off with hurdles. <i>All 450 runners had <b>hurdled</b> the barriers.</i>
<u><a href="#">impediment</a></u>	A hindrance or obstruction in doing something. <i>A serious <b>impediment</b> to scientific progress.</i>
<b>impermeable</b>	Preventing especially liquids to pass or diffuse through. <i>A coat <b>impermeable</b> to rain.</i>
<b>inconvenience</b>	To cause inconvenience or discomfort to. <i>Noise and fumes from traffic would <b>inconvenience</b> residents.</i>
<b>insuperable</b>	Incapable of being surmounted or excelled. <i><b>Insuperable</b> odds.</i>



<b>interference</b>	A policy of intervening in the affairs of other countries. <i>Concerns about government <b>interference</b> in church life.</i>
<b>intervention</b>	A proceeding that permits a person to enter into a lawsuit already in progress; admission of person not an original party to the suit so that person can protect some right or interest that is allegedly affected by the proceedings. <i>The purpose of <b>intervention</b> is to prevent unnecessary duplication of lawsuits.</i>
<b>mumble</b>	A quiet and indistinct utterance. <i>She <b>mumbled</b> a piece of black bread.</i>
<b>nuisance</b>	A bothersome annoying person. <i>I hope you re not going to make a <b>nuisance</b> of yourself.</i>
<b>obstacle</b>	A thing that blocks one's way or prevents or hinders progress. <i>Lack of imagination is an <b>obstacle</b> to one s advancement.</i>
<b>obstruction</b>	The physical condition of blocking or filling a passage with an obstruction. <i>They were held for <b>obstruction</b> and other public order offences.</i>
<b>palaver</b>	Loud and confused and empty talk. <i>Since I ve started the whole <b>palaver</b> I may as well carry it forward.</i>
<b>pitfall</b>	A covered pit for use as a trap. <i>The <b>pitfalls</b> of buying goods at public auctions.</i>
<b>retardation</b>	Any agent that retards or delays or hinders. <i>The goals of treatment include <b>retardation</b> of disease progression.</i>
<b>snag</b>	A rent or tear in fabric caused by a snag. <i><b>Snag</b> a bargain.</i>
<b>sprint</b>	A short, fast race in cycling, swimming, etc. <i>A <b>sprint</b> planning session.</i>
<b>stumble</b>	An unintentional but embarrassing blunder. <i>A policeman had <b>stumbled</b> across a gang of youths.</i>
<b>stutter</b>	A tendency to stutter while speaking. <i>He shyly <b>stuttered</b> out an invitation to the cinema.</i>
<b>tv</b>	An electronic device that receives television signals and displays them on a screen. <i>The British call a <b>tv</b> set a telly.</i>

