

Need another word that means the same as “distraction”? Find 28 synonyms and 30 related words for “distraction” in this overview.

Table Of Contents:

- [Distraction as a Noun](#)
- [Definitions of "Distraction" as a noun](#)
- [Synonyms of "Distraction" as a noun \(28 Words\)](#)
- [Usage Examples of "Distraction" as a noun](#)
- [Associations of "Distraction" \(30 Words\)](#)

The synonyms of “Distraction” are: beguilement, misdirection, diversion, interruption, disturbance, intrusion, interference, obstruction, hindrance, amusement, entertainment, activity, pastime, recreation, interest, hobby, game, leisure pursuit, occupation, divertissement, frenzy, hysteria, madness, insanity, wildness, mania, derangement, delirium

Distraction as a Noun

Definitions of "Distraction" as a noun

According to the [Oxford Dictionary of English](#), “distraction” as a noun can have the following definitions:

- *Mental turmoil.*
- *Extreme agitation of the mind.*
- *An obstacle to attention.*
- *The act of distracting; drawing someone's attention away from something.*
- *An entertainment that provokes pleased interest and distracts you from worries and vexations.*
- *A thing that prevents someone from concentrating on something else.*
- *A diversion or recreation.*



Synonyms of "Distraction" as a noun (28 Words)

activity	A thermodynamic quantity representing the effective concentration of a particular component in a solution or other system equal to its concentration multiplied by an activity coefficient. <i>There has been a sustained level of activity in the economy.</i>
<u>amusement</u>	A feeling of delight at being entertained. <i>She was like an adult planning amusements for a child.</i>
beguilement	Magnetic personal charm.
delirium	State of violent mental agitation. <i>She had fits of delirium.</i>
derangement	A state of mental disturbance and disorientation.
<u>disturbance</u>	A breakdown of peaceful and law-abiding behaviour. <i>The disturbances were precipitated when four men were refused bail.</i>
<u>diversion</u>	The action of turning something aside from its course. <i>Our chief diversion was reading.</i>

divertissement	A minor entertainment or diversion. <i>The intellectual divertissements of working men.</i>
entertainment	An activity that is diverting and that holds the attention. <i>Everyone just sits in front of the television for entertainment.</i>
<u>frenzy</u>	State of violent mental agitation. <i>Doreen worked herself into a frenzy of rage.</i>
game	The game equipment needed in order to play a particular game. <i>A game pie.</i>
<u>hindrance</u>	Something immaterial that interferes with or delays action or progress. <i>The visitor can wander around without hindrance.</i>
<u>hobby</u>	Small Old World falcon formerly trained and flown at small birds. <i>Her hobbies are reading and gardening.</i>
<u>hysteria</u>	Neurotic disorder characterized by violent emotional outbreaks and disturbances of sensory and motor functions. <i>The anti Semitic hysteria of the 1890s.</i>
<u>insanity</u>	The state of being seriously mentally ill; madness. <i>He suffered from bouts of insanity.</i>
interest	The selfish pursuit of one's own welfare self interest. <i>Primary colors can add interest to a room.</i>
interference	A policy of intervening in the affairs of other countries. <i>Concerns about government interference in church life.</i>
interruption	A time interval during which there is a temporary cessation of something. <i>Students returning to education after an interruption in their career.</i>
<u>intrusion</u>	A thing that intrudes. <i>Unacceptable intrusions of privacy.</i>
leisure pursuit	Time available for ease and relaxation.
<u>madness</u>	The quality of being rash and foolish. <i>The new laws are a madness.</i>
mania	Mental illness marked by periods of great excitement or euphoria, delusions, and overactivity. <i>He had a mania for automobiles.</i>
misdirection	The act of distracting; drawing someone's attention away from something. <i>Wasteful misdirections of production.</i>
<u>obstruction</u>	The physical condition of blocking or filling a passage with an obstruction. <i>Obstruction of justice.</i>
<u>occupation</u>	The act of occupying or taking possession of a building. <i>The Roman occupation of Britain.</i>

pastime	A diversion that occupies one's time and thoughts (usually pleasantly). <i>His favourite pastimes were shooting and golf.</i>
recreation	An activity that diverts or amuses or stimulates. <i>His recreations included golf and rugby.</i>
wildness	Lack of discipline or restraint. <i>The wildness of his anger.</i>



Usage Examples of "Distraction" as a noun

- *He roved the district in search of distraction.*
- *Her uncharacteristic air of distraction.*
- *There are plenty of distractions such as sailing.*
- *He drives me to distraction.*
- *The firm found passenger travel a distraction from the main business of moving freight.*



Associations of "Distraction" (30 Words)

barrier	A circumstance or obstacle that keeps people or things apart or prevents communication or progress. <i>Intolerance is a barrier to understanding.</i>
block	Shape by using a block. <i>Block a nerve.</i>
chatter	Cut unevenly with a chattering tool. <i>The starlings constant chatter.</i>
deterrent	Able or intended to deter. <i>The deterrent effect of heavy prison sentences.</i>
<u>disability</u>	The condition of being unable to perform as a consequence of physical or mental unfitness. <i>Reading disability.</i>
<u>disrupt</u>	Drastically alter or destroy the structure of. <i>Our 3D printing technology is disrupting the traditional manufacturing industry.</i>
<u>driver</u>	A golfer who hits the golf ball with a driver. <i>The hope of achieving such monopolies becomes the main driver of investment.</i>
earplug	An earphone that is inserted into the ear canal.
encumbrance	A mortgage or other claim on property or assets. <i>Details of encumbrances on property.</i>
hinderance	The act of hindering or obstructing or impeding.
<u>hindrance</u>	A thing that provides resistance, delay, or obstruction to something or someone. <i>A hindrance to the development process.</i>
<u>hurdle</u>	Enclose or fence off with hurdles. <i>All 450 runners had hurdled the barriers.</i>
<u>impediment</u>	A hindrance or obstruction in doing something. <i>A serious impediment to scientific progress.</i>
impermeable	Preventing especially liquids to pass or diffuse through. <i>A coat impermeable to rain.</i>
inconvenience	To cause inconvenience or discomfort to. <i>Noise and fumes from traffic would inconvenience residents.</i>
insuperable	Incapable of being surmounted or excelled. <i>Insuperable odds.</i>

interference	A policy of intervening in the affairs of other countries. <i>Concerns about government interference in church life.</i>
intervention	A proceeding that permits a person to enter into a lawsuit already in progress; admission of person not an original party to the suit so that person can protect some right or interest that is allegedly affected by the proceedings. <i>The purpose of intervention is to prevent unnecessary duplication of lawsuits.</i>
mumble	A quiet and indistinct utterance. <i>She mumbled a piece of black bread.</i>
nuisance	A bothersome annoying person. <i>I hope you re not going to make a nuisance of yourself.</i>
obstacle	A thing that blocks one's way or prevents or hinders progress. <i>Lack of imagination is an obstacle to one s advancement.</i>
obstruction	The physical condition of blocking or filling a passage with an obstruction. <i>They were held for obstruction and other public order offences.</i>
palaver	Loud and confused and empty talk. <i>Since I ve started the whole palaver I may as well carry it forward.</i>
pitfall	A covered pit for use as a trap. <i>The pitfalls of buying goods at public auctions.</i>
retardation	Any agent that retards or delays or hinders. <i>The goals of treatment include retardation of disease progression.</i>
snag	A rent or tear in fabric caused by a snag. <i>Snag a bargain.</i>
sprint	A short, fast race in cycling, swimming, etc. <i>A sprint planning session.</i>
stumble	An unintentional but embarrassing blunder. <i>A policeman had stumbled across a gang of youths.</i>
stutter	A tendency to stutter while speaking. <i>He shyly stuttered out an invitation to the cinema.</i>
tv	An electronic device that receives television signals and displays them on a screen. <i>The British call a tv set a telly.</i>

