

distressed

The past tense of distress is distressed

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The Forms of Distress

| | |
|--------------------|------------------------------|
| Infinitive | to distress |
| Present Tense | distress / distresses |
| Past Tense | distressed |
| Present Participle | distressing |
| Past Participle | distressed |

Conjugate Distress

Distress in Present Simple (Indefinite) Tense

Singular

Plural

I **distress** We **distress**
You **distress** You **distress**
He/She/It **distresses** They **distress**

Distress in Present Continuous (Progressive) Tense

Singular

Plural

I **am distressing** We **are distressing**
You **are distressing** You **are distressing**
He/She/It **is distressing** They **are distressing**

Distress in Present Perfect Tense

Singular

Plural

I **have distressed** We **have distressed**
You **have distressed** You **have distressed**
He/She/It **has distressed** They **have distressed**

Distress in Present Perfect Continuous Tense

Singular

Plural

I **have been distressing** We **have been distressing**
You **have been distressing** You **have been distressing**
He/She/It **has been distressing** They **have been distressing**

Distress in Past Simple (Indefinite) Tense

Singular

Plural

I **distressed** We **distressed**
You **distressed** You **distressed**
He/She/It **distressed** They **distressed**

Distress in Past Continuous (Progressive) Tense

Singular

Plural

I was distressing We were distressing
You were distressing You were distressing
He/She/It was distressing They were distressing

Distress in Past Perfect Tense

Singular

Plural

I had distressed We had distressed
You had distressed You had distressed
He/She/It had distressed They had distressed

Distress in Past Perfect Continuous Tense

Singular

Plural

I had been distressing We had been distressing
You had been distressing You had been distressing
He/She/It had been distressing They had been distressing

Distress in Future Simple (Indefinite) Tense

Singular

Plural

I will distress We will distress
You will distress You will distress
He/She/It will distress They will distress

Distress in Future Continuous (Progressive) Tense

Singular

Plural

I will be distressing We will be distressing
You will be distressing You will be distressing
He/She/It will be distressing They will be distressing

Distress in Future Perfect Tense

Singular

Plural

I will have distressed

We will have distressed

You will have distressed

You will have distressed

He/She/It will have distressed

They will have distressed

Distress in Future Perfect Continuous Tense

Singular

Plural

I will have been distressing

We will have been distressing

You will have been distressing

You will have been distressing

He/She/It will have been distressing

They will have been distressing