

Need another word that means the same as “ease”? Find 108 synonyms and 30 related words for “ease” in this overview.

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**The synonyms of “Ease” are: relaxation, repose, rest, easiness, simpleness, simplicity, informality, comfort, relief, effortlessness, no difficulty, no trouble, no bother, facility, naturalness, casualness, unceremoniousness, lack of reserve, lack of constraint, amiability, affability, peace, peacefulness, calmness, tranquillity, composure, serenity, restfulness, quiet, contentment, security, affluence, wealth, prosperity, luxury, opulence, plenty, sufficiency, alleviate, facilitate, allay, relieve, still, mitigate, assuage, soothe, soften, palliate, ameliorate, mollify, moderate, tone down, blunt, dull, deaden, numb, take the edge off, abate, subside, die down, die away, die out, drop off, let up, slacken off, diminish, lessen, grow less, tail off, peter out, taper off, wane, ebb, relent, weaken, become weaker, come to an end, make easy, make easier, expedite, speed up, assist, help, aid, advance, further, forward, smooth the way for, clear the way for, simplify, decrease, reduce, lower, dampen, calm, temper, appease, attenuate, move slowly, inch, edge, move, manoeuvre, steer, slip, squeeze, slide**

## **Ease as a Noun**

### **Definitions of "Ease" as a noun**

According to the [Oxford Dictionary of English](#), “ease” as a noun can have the following definitions:

- *Freedom from constraint or embarrassment.*
- *The condition of being comfortable or relieved (especially after being relieved of distress).*
- *Freedom from worries or problems.*
- *A freedom from financial difficulty that promotes a comfortable state.*
- *Freedom from activity (work or strain or responsibility).*
- *Absence of difficulty or effort.*
- *Absence of rigidity or discomfort; poise.*
- *Freedom from difficulty or hardship or effort.*



## Synonyms of "Ease" as a noun (38 Words)

<b>affability</b>	A disposition to be friendly and approachable (easy to talk to). <i>An air of benign <b>affability</b>.</i>
<b>affluence</b>	The state of having a great deal of money; wealth. <i>A sign of our growing <b>affluence</b>.</i>
<b>amiability</b>	A disposition to be friendly and approachable (easy to talk to). <i>His good natured <b>amiability</b>.</i>
<b><u>calmness</u></b>	The state or quality of being free from agitation or strong emotion. <i>This relative <b>calmness</b> ended at around 7 a m when the wind picked up speed.</i>
<b>casualness</b>	A casual manner.
<b>comfort</b>	A freedom from financial difficulty that promotes a comfortable state. <i>He had all the material <b>comforts</b> of this world.</i>
<b>composure</b>	The state or feeling of being calm and in control of oneself. <i>She was struggling to regain her <b>composure</b>.</i>
<b><u>contentment</u></b>	Happiness with one's situation in life. <i>He found <b>contentment</b> in living a simple life in the country.</i>
<b>easiness</b>	A feeling of refreshing tranquility and an absence of tension or worry. <i>There was an <b>easiness</b> between them.</i>
<b>effortlessness</b>	The quality of requiring little effort. <i>Such <b>effortlessness</b> is achieved only after hours of practice.</i>
<b>facility</b>	A building or place that provides a particular service or is used for a particular industry. <i>The assembly plant is an enormous <b>facility</b>.</i>
<b>informality</b>	Freedom from constraint or embarrassment. <i>He enjoyed the <b>informality</b> of the occasion.</i>
<b>lack of constraint</b>	The state of needing something that is absent or unavailable.
<b>lack of reserve</b>	The state of needing something that is absent or unavailable.
<b>luxury</b>	A pleasure obtained only rarely. <i>They actually had the <b>luxury</b> of a whole day together.</i>
<b>naturalness</b>	The quality of innocent naivete. <i>He accepted the <b>naturalness</b> of death.</i>
<b>no bother</b>	A negative.
<b>no difficulty</b>	A negative.

<b>no trouble</b>	A negative.
<b>opulence</b>	Great wealth or luxuriousness. <i>Rooms of spectacular <b>opulence</b>.</i>
<b>peace</b>	A treaty agreeing peace between warring states. <i><b>Peace</b> came on November 11th.</i>
<b>peacefulness</b>	The absence of mental stress or anxiety.
<b>plenty</b>	A large number or amount or extent. <i>It must have cost <b>plenty</b>.</i>
<b>prosperity</b>	An economic state of growth with rising profits and full employment. <i>A long period of peace and <b>prosperity</b>.</i>
<b>quiet</b>	A disposition free from stress or emotion. <i>The ringing of the telephone shattered the early morning <b>quiet</b>.</i>
<b>relaxation</b>	Freedom from activity (work or strain or responsibility). <i>The <b>relaxation</b> of requirements.</i>
<b>relief</b>	A piece of sculpture in relief. <i>Employees who donate to charity will receive tax <b>relief</b>.</i>
<b>repose</b>	The absence of mental stress or anxiety. <i>Many of the qualities of the great Piero della Francescas the sense of grand stasis of timeless <b>repose</b> seem strongly reincarnated in this work.</i>
<b>rest</b>	The sign denoting a musical rest. <i>Carefully the receiver was replaced on the <b>rest</b>.</i>
<b>restfulness</b>	Getting something back again. <i>He longed for the <b>restfulness</b> of home.</i>
<b>security</b>	Procedures followed or measures taken to ensure the security of a state or organization. <i>Military <b>security</b> has been stepped up since the recent uprising.</i>
<b>serenity</b>	A title given to a reigning prince or similar dignitary. <i>An oasis of <b>serenity</b> amidst the bustling city.</i>
<b>simpleness</b>	Lack of ornamentation.
<b>simplicity</b>	Freedom from difficulty or hardship or effort. <i>They took advantage of her <b>simplicity</b>.</i>
<b>sufficiency</b>	Self sufficiency or independence of character especially of an arrogant or imperious sort. <i>The calm <b>sufficiency</b> of the born leader.</i>

- tranquillity** The quality or state of being tranquil; calm.  
*Passing cars are the only noise that disturbs the **tranquillity** of rural life.*
- unceremoniousness** An unceremonial manner.
- wealth** Well-being.  
*The tables and maps contain a **wealth** of information.*



## Usage Examples of "Ease" as a noun

- *I was always vexed by her self-contained ease.*
- *A life of luxury and ease.*
- *He rose through the ranks with apparent ease.*
- *I am never at ease with strangers.*
- *Getting it off his conscience gave him some ease.*
- *The manual is clearly written, easy to understand, and designed for ease of use.*
- *A life of wealth and ease.*
- *They put it into containers for ease of transportation.*

- *She gave up smoking with ease.*



## Ease as a Verb

### Definitions of "Ease" as a verb

According to the [Oxford Dictionary of English](#), "ease" as a verb can have the following definitions:

- *Make (something) happen more easily; facilitate.*
- *Move gently or carefully.*
- *(of share prices, interest rates, etc.) decrease in value or amount.*
- *Move carefully or gradually.*
- *Slacken a rope or sail.*
- *Become less serious or severe.*
- *Lessen the intensity of or calm.*

- *Lessen pain or discomfort; alleviate.*
- *Make easier.*
- *Move (someone or something) carefully or gradually.*
- *Make (something unpleasant or intense) less serious or severe.*



## Synonyms of "Ease" as a verb (70 Words)

<b><u>abate</u></b>	Make (something) less intense. <i>The storm <b>abated</b>.</i>
<b>advance</b>	Pay in advance. <i>He <b>advanced</b> me a month's salary.</i>
<b>aid</b>	Promote or encourage (something). <i>Women were <b>aided</b> in childbirth by midwives.</i>
<b>allay</b>	Diminish or put at rest (fear, suspicion, or worry). <i>The report attempted to educate the public and <b>allay</b> fears.</i>
<b><u>alleviate</u></b>	Make easier. <i>Measures to <b>alleviate</b> unemployment.</i>
<b><u>ameliorate</u></b>	Get better. <i>The reform did much to <b>ameliorate</b> living standards.</i>
<b><u>appease</u></b>	Cause to be more favorably inclined; gain the good will of. <i>We give to charity because it <b>appeases</b> our guilt.</i>
<b>assist</b>	Act as an assistant in a subordinate or supportive function. <i>Funds to <b>assist</b> with capital investment.</i>



<b>assuage</b>	Satisfy (an appetite or desire). <i>An opportunity occurred to <b>assuage</b> her desire for knowledge.</i>
<b>attenuate</b>	Reduce in thickness; make thin. <i>The first live vaccine was insufficiently <b>attenuated</b> and produced a significant disease.</i>
<b>become weaker</b>	Come into existence.
<b>blunt</b>	Make dull or blunt. <i>Terror <b>blunted</b> her feelings.</i>
<b>calm</b>	Become quiet or calm especially after a state of agitation. <i>Gradually I <b>calmed</b> down and lost my anxiety.</i>
<b>clear the way for</b>	Pronounce not guilty of criminal charges.
<b>come to an end</b>	Be found or available.
<b>comfort</b>	Lessen pain or discomfort alleviate. <i>He dined outdoors <b>comforted</b> by the crackling sounds of the fire.</i>
<b>dampen</b>	Suppress or constrain so as to lessen in intensity. <i>Slider switches on the mixers can <b>dampen</b> the drums.</i>
<b>deaden</b>	Make less lively, intense, or vigorous; impair in vigor, force, activity, or sensation. <i><b>Deadened</b> wine.</i>
<b>decrease</b>	Decrease in size extent or range. <i>He <b>decreased</b> his staff.</i>
<b>die away</b>	Stop operating or functioning.
<b>die down</b>	Suffer or face the pain of death.
<b>die out</b>	Suffer spiritual death; be damned (in the religious sense).
<b>diminish</b>	Make or become less. <i>The pain will gradually <b>diminish</b>.</i>
<b>drop off</b>	Grow worse.
<b>dull</b>	Make or become dull or less intense. <i>Too much cutting <b>dulls</b> the knife s edge.</i>
<b>ebb</b>	Hem in fish with stakes and nets so as to prevent them from going back into the sea with the ebb. <i>The tides <b>ebbed</b> at noon.</i>
<b>edge</b>	Strike the ball with the edge of the bat strike a ball delivered by the bowler with the edge of the bat. <i>She tried to <b>edge</b> away from him.</i>
<b>expedite</b>	Speed up the progress of; facilitate. <i>I will try to <b>expedite</b> the matter.</i>

<b>facilitate</b>	Make (an action or process) easy or easier. <i>Schools were located in the same campus to <b>facilitate</b> the sharing of resources.</i>
<b><u>forward</u></b>	Send (a letter or email) on to a further destination. <i>My emails were <b>forwarded</b> to a friend.</i>
<b><u>further</u></b>	Promote the growth of. <i>He had depended on using them to <b>further</b> his own career.</i>
<b>grow less</b>	Come into existence; take on form or shape.
<b>help</b>	Help to some food help with food or drink. <i>He <b>helped</b> himself to the wages she had brought home.</i>
<b>inch</b>	Advance slowly as if by inches. <i>He <b>inched</b> the car forward.</i>
<b>lessen</b>	Decrease in size, extent, or range. <i>The warmth of the afternoon <b>lessened</b>.</i>
<b>let up</b>	Grant use or occupation of under a term of contract.
<b><u>lower</u></b>	Move something or somebody to a lower position. <i><b>Lower</b> a rating.</i>
<b>make easier</b>	Behave in a certain way.
<b>make easy</b>	Institute, enact, or establish.
<b>manoeuvre</b>	Perform a movement in military or naval tactics in order to secure an advantage in attack or defense. <i>She tried to <b>manoeuvre</b> her trolley round people.</i>
<b>mitigate</b>	Lessen the gravity of (an offence or mistake). <i>Drainage schemes have helped to <b>mitigate</b> this problem.</i>
<b>moderate</b>	Monitor (an internet forum or online discussion) for inappropriate or offensive content. <i>A panel <b>moderated</b> by a Harvard University law professor.</i>
<b>mollify</b>	Reduce the severity of (something). <i>She managed to <b>mollify</b> the angry customer.</i>
<b>move</b>	Change location move travel or proceed also metaphorically. <i>He justly <b>moves</b> one's derision.</i>
<b>move slowly</b>	Propose formally; in a debate or parliamentary meeting.
<b><u>numb</u></b>	Make numb or insensitive. <i>The shock <b>numbed</b> her senses.</i>
<b>palliate</b>	Disguise the seriousness of (an offence). <i>There is no way to excuse or <b>palliate</b> his dirty deed.</i>
<b>peter out</b>	Reveal (something) about somebody's identity or lifestyle.

<b>reduce</b>	Reduce in size reduce physically. <i>The cells <b>reduce</b>.</i>
<b>relent</b>	Abandon or mitigate a severe or harsh attitude, especially by finally yielding to a request. <i>She was going to refuse his request but <b>relented</b>.</i>
<b>relieve</b>	Relieve oneself of troubling information. <i>The drug was used to promote sleep and to <b>relieve</b> pain.</i>
<b>simplify</b>	Make (something) simpler or easier to do or understand. <i>We had to <b>simplify</b> the instructions.</i>
<b>slacken off</b>	Make slack as by lessening tension or firmness.
<b>slide</b>	To pass or move unobtrusively or smoothly. <i>The country faces the prospect of sliding from recession into slump.</i>
<b>slip</b>	Be behaving in a way that is not up to one's usual level of performance. <i>The bank's shares <b>slipped</b> 1.5p to 227p.</i>
<b>smooth the way for</b>	Free from obstructions.
<b>soften</b>	Give in, as to influence or pressure. <i>The blockade appears a better weapon with which to <b>soften</b> them up for eventual surrender.</i>
<b>soothe</b>	Gently calm (a person or their feelings). <i>A shot of brandy might <b>soothe</b> his nerves.</i>
<b>speed up</b>	Move very fast.
<b>squeeze</b>	Squeeze or press together. <i>He <b>squeezed</b> my hand.</i>
<b>steer</b>	Follow (a course) in a specified direction. <i>He let Lily <b>steer</b>.</i>
<b>still</b>	Make calm or still. <i>She raised her hand <b>stilling</b> Erica's protests.</i>
<b>subside</b>	Sink down or precipitate. <i>A ditch which caused the tower to <b>subside</b> slightly.</i>
<b>tail off</b>	Go after with the intent to catch.
<b>take the edge off</b>	Admit into a group or community.
<b>taper off</b>	Give a point to.
<b>temper</b>	Make more temperate acceptable or suitable by adding something else. <i><b>Temper</b> steel.</i>
<b>tone down</b>	Give a healthy elasticity to.

**wane**

(of a state or feeling) decrease in vigour or extent; become weaker.  
*Interest in his novels **waned**.*

**weaken**

Lessen in force or effect.  
*The fever **weakened** his body.*



**Usage Examples of "Ease" as a verb**

- *I eased down the slope with care.*
- *Ease the pain in your legs.*
- *The boat eased away from the harbour.*
- *The doctor will give you something to ease the pain.*
- *He brought in someone new and eased them into the job.*
- *He eased himself into the chair.*
- *International tension began to ease.*
- *The pilot eased the throttle back.*
- *Shares eased 6p to 224p.*
- *Unburdening herself did nothing to ease her misery.*

- *She eased off her shoes.*
- *The news eased my conscience.*
- *A huge road-building programme to ease congestion.*
- *Tokyo's dominance of government was deemed to ease efficient contact-making.*



## Associations of "Ease" (30 Words)

- allay** Satisfy (thirst).  
*Some stale figs partly **allayed** our hunger.*
- alleviate** Make easier.  
*Measures to **alleviate** unemployment.*
- allow** Allow or plan for a certain possibility concede the truth or validity of something.  
*Could happen she **allowed** indifferently.*
- appease** Assuage or satisfy (a demand or a feeling).  
*Amendments have been added to **appease** local pressure groups.*

<b>assuage</b>	Satisfy (an appetite or desire). <i>An opportunity occurred to <b>assuage</b> her desire for knowledge.</i>
<b>conciliate</b>	Come to terms. <i>He sought to <b>conciliate</b> in the dispute.</i>
<b>conjugate</b>	A mixture of two partially miscible liquids A and B produces two conjugate solutions one of A in B and another of B in A. <i>A <b>conjugated</b> protein.</i>
<b>convenient</b>	Large and roomy convenient is archaic in this sense. <i>A <b>convenient</b> excuse for not going.</i>
<b>enable</b>	Render capable or able for some task. <i>The Department is leading the effort to <b>enable</b> a smooth and timely transition.</i>
<b>enabling</b>	Providing legal power or sanction. <i><b>Enabling</b> power.</i>
<b>extenuate</b>	Cause (an offence) to seem less serious. <i>Drawings of <b>extenuated</b> figures.</i>
<b>facilitate</b>	Make easier. <i>The stimulus <b>facilitates</b> a delayed impulse.</i>
<b>handling</b>	The action of touching with the hands (or the skillful use of the hands) or by the use of mechanical means. <i>The <b>handling</b> of prisoners.</i>
<b>mitigate</b>	Lessen the gravity of (an offence or mistake). <i>Drainage schemes have helped to <b>mitigate</b> this problem.</i>
<b>mollify</b>	Cause to be more favorably inclined; gain the good will of. <i>She managed to <b>mollify</b> the angry customer.</i>
<b>pacify</b>	Fight violence and try to establish peace in (a location). <i>The U N troops are working to <b>pacify</b> Bosnia.</i>
<b>palliate</b>	Lessen or to try to lessen the seriousness or extent of. <i>Pharmaceutical drugs <b>palliate</b> they do not cure.</i>
<b>permit</b>	Make it possible through a specific action or lack of action for something to happen. <i>The camp <b>permits</b> of no really successful defence.</i>
<b>placate</b>	Make (someone) less angry or hostile. <i>They attempted to <b>placate</b> the students with promises.</i>
<b>processing</b>	Preparing or putting through a prescribed procedure. <i>The <b>processing</b> of newly arrived immigrants.</i>

<b>propitiate</b>	Win or regain the favour of (a god, spirit, or person) by doing something that pleases them. <i>The pagans thought it was important to <b>propitiate</b> the gods with sacrifices.</i>
<b>quench</b>	An act of quenching a very hot substance. <i>The cold water <b>quenched</b> his thirst.</i>
<b>relaxation</b>	Recreation or rest, especially after a period of work. <i>I guided my patient into a state of hypnotic <b>relaxation</b>.</i>
<b>relent</b>	Give in, as to influence or pressure. <i>The rain <b>relented</b>.</i>
<b>relieve</b>	Relieve oneself of troubling information. <i>The bird's body is black <b>relieved</b> only by white under the tail.</i>
<b>simplicity</b>	A lack of penetration or subtlety. <i>The grandeur and <b>simplicity</b> of Roman architecture.</i>
<b>simplify</b>	Make simpler or easier or reduce in complexity or extent. <i>We had to <b>simplify</b> the instructions.</i>
<b>slacken</b>	Make slack as by lessening tension or firmness. <i>The pace never <b>slackens</b>.</i>
<b>soften</b>	Make or become less severe. <i>This liquid will <b>soften</b> your laundry.</i>
<b>thereby</b>	By that means or because of that. <i>Students perform in hospitals <b>thereby</b> gaining a deeper awareness of the therapeutic power of music.</i>

