

exercised

The past tense of exercise is exercised

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The Forms of Exercise

Infinitive	to exercise
Present Tense	exercise / exercises
Past Tense	exercised
Present Participle	exercising
Past Participle	exercised

Conjugate Exercise

Exercise in Present Simple (Indefinite) Tense

Singular

Plural

I **exercise**

We **exercise**

You **exercise**

You **exercise**

He/She/It **exercises**

They **exercise**

Exercise in Present Continuous (Progressive) Tense

Singular

Plural

I **am exercising**

We **are exercising**

You **are exercising**

You **are exercising**

He/She/It **is exercising**

They **are exercising**

Exercise in Present Perfect Tense

Singular

Plural

I **have exercised**

We **have exercised**

You **have exercised**

You **have exercised**

He/She/It **has exercised**

They **have exercised**

Exercise in Present Perfect Continuous Tense

Singular

Plural

I **have been exercising**

We **have been exercising**

You **have been exercising**

You **have been exercising**

He/She/It **has been exercising**

They **have been exercising**

Exercise in Past Simple (Indefinite) Tense

Singular

Plural

I **exercised**

We **exercised**

You **exercised**

You **exercised**

He/She/It **exercised**

They **exercised**

Exercise in Past Continuous (Progressive) Tense

Singular

Plural

I **was exercising** We **were exercising**
You **were exercising** You **were exercising**
He/She/It **was exercising** They **were exercising**

Exercise in Past Perfect Tense

Singular

Plural

I **had exercised** We **had exercised**
You **had exercised** You **had exercised**
He/She/It **had exercised** They **had exercised**

Exercise in Past Perfect Continuous Tense

Singular

Plural

I **had been exercising** We **had been exercising**
You **had been exercising** You **had been exercising**
He/She/It **had been exercising** They **had been exercising**

Exercise in Future Simple (Indefinite) Tense

Singular

Plural

I **will exercise** We **will exercise**
You **will exercise** You **will exercise**
He/She/It **will exercise** They **will exercise**

Exercise in Future Continuous (Progressive) Tense

Singular

Plural

I **will be exercising** We **will be exercising**
You **will be exercising** You **will be exercising**
He/She/It **will be exercising** They **will be exercising**

Exercise in Future Perfect Tense

Singular

Plural

I will have exercised

We will have exercised

You will have exercised

You will have exercised

He/She/It will have exercised

They will have exercised

Exercise in Future Perfect Continuous Tense

Singular

Plural

I will have been exercising

We will have been exercising

You will have been exercising

You will have been exercising

He/She/It will have been exercising

They will have been exercising