

exercised

The past tense of exercise is exercised

Table Of Contents:

- [exercised](#)
- [The Forms of Exercise](#)
- [Conjugate Exercise](#)
- [Exercise in Present Simple \(Indefinite\) Tense](#)
- [Exercise in Present Continuous \(Progressive\) Tense](#)
- [Exercise in Present Perfect Tense](#)
- [Exercise in Present Perfect Continuous Tense](#)
- [Exercise in Past Simple \(Indefinite\) Tense](#)
- [Exercise in Past Continuous \(Progressive\) Tense](#)
- [Exercise in Past Perfect Tense](#)
- [Exercise in Past Perfect Continuous Tense](#)
- [Exercise in Future Simple \(Indefinite\) Tense](#)
- [Exercise in Future Continuous \(Progressive\) Tense](#)
- [Exercise in Future Perfect Tense](#)
- [Exercise in Future Perfect Continuous Tense](#)

The Forms of Exercise

Infinitive	to exercise
Present Tense	exercise / exercises
Past Tense	exercised
Present Participle	exercising
Past Participle	exercised

Conjugate Exercise

Exercise in Present Simple (Indefinite) Tense

Singular**Plural****I exercise****We exercise****You exercise****You exercise****He/She/It exercises****They exercise****Exercise in Present Continuous (Progressive) Tense****Singular****Plural****I am exercising****We are exercising****You are exercising****You are exercising****He/She/It is exercising****They are exercising****Exercise in Present Perfect Tense****Singular****Plural****I have exercised****We have exercised****You have exercised****You have exercised****He/She/It has exercised****They have exercised****Exercise in Present Perfect Continuous Tense****Singular****Plural****I have been exercising****We have been exercising****You have been exercising****You have been exercising****He/She/It has been exercising****They have been exercising****Exercise in Past Simple (Indefinite) Tense****Singular****Plural****I exercised****We exercised****You exercised****You exercised****He/She/It exercised****They exercised****Exercise in Past Continuous (Progressive) Tense**

Singular**Plural**

I was exercising	We were exercising
You were exercising	You were exercising
He/She/It was exercising	They were exercising

Exercise in Past Perfect Tense**Singular****Plural**

I had exercised	We had exercised
You had exercised	You had exercised
He/She/It had exercised	They had exercised

Exercise in Past Perfect Continuous Tense**Singular****Plural**

I had been exercising	We had been exercising
You had been exercising	You had been exercising
He/She/It had been exercising	They had been exercising

Exercise in Future Simple (Indefinite) Tense**Singular****Plural**

I will exercise	We will exercise
You will exercise	You will exercise
He/She/It will exercise	They will exercise

Exercise in Future Continuous (Progressive) Tense**Singular****Plural**

I will be exercising	We will be exercising
You will be exercising	You will be exercising
He/She/It will be exercising	They will be exercising

Exercise in Future Perfect Tense

Singular

Plural

I will have exercised

We will have exercised

You will have exercised

You will have exercised

He/She/It will have exercised

They will have exercised

Exercise in Future Perfect Continuous Tense

Singular

Plural

I will have been exercising

We will have been exercising

You will have been exercising

You will have been exercising

He/She/It will have been exercising

They will have been exercising