

Need another word that means the same as “exercising”? Find 2 synonyms and 30 related words for “exercising” in this overview.

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**The synonyms of “Exercising” are: exercise, workout**

## **Exercising as a Noun**

### **Definitions of "Exercising" as a noun**

According to the [Oxford Dictionary of English](#), “exercising” as a noun can have the following definitions:

- *The activity of exerting your muscles in various ways to keep fit.*



## Synonyms of "Exercising" as a noun (2 Words)

**exercise** The activity of exerting your muscles in various ways to keep fit.  
*The **exercise** of authority.*

**workout** A session of vigorous physical exercise or training.  
*John does daily **workouts** in the gym.*



## Usage Examples of "Exercising" as a noun

- *He did some exercising.*





## Associations of "Exercising" (30 Words)

- activeness** The trait of being active; moving or acting rapidly and energetically.
- amateur** Done in an incompetent or inept way.  
*It s all so **amateur**.*
- amble** A leisurely walk (usually in some public place).  
*A peaceful riverside **amble**.*
- biped** An animal that uses two legs for walking.
- calisthenics** Light exercises designed to promote general fitness.  
***Calisthenics** is recommended for general good health.*
- canter** Ride at a cantering pace.  
*We came back from one of our **canters**.*
- climbing** The sport or activity of climbing mountains or cliffs.  
*His other great interest was **climbing** especially in the Alps.*

<b>coach</b>	Travel by coach. <i>Many employees are now flying <b>coach</b> instead of business class to Europe.</i>
<b><u>exercise</u></b>	Do physical exercise. <i>Loosening up <b>exercises</b>.</i>
<b>gymnastics</b>	Exercises developing or displaying physical agility and coordination The modern sport of gymnastics typically involves exercises on bars beam floor and vaulting horse. <i>These vocal <b>gymnastics</b> make the music unforgettable.</i>
<b><u>hike</u></b>	The amount a salary is increased. <i>Fears of a <b>hike</b> in interest rates.</i>
<b><u>hiking</u></b>	A long walk usually for exercise or pleasure. <i>She enjoys <b>hiking</b> and climbing in her spare time.</i>
<b>jog</b>	A spell of jogging. <i>This novel rambles on and <b>jogs</b>.</i>
<b>jogger</b>	Loose trousers made of a stretchy fabric and typically elasticated at the waist and ankles, worn especially for jogging. <i>Sporty types in <b>joggers</b>.</i>
<b>jogging</b>	Denoting a garment designed to be worn while jogging. <i><b>Jogging</b> shoes.</i>
<b>jumping</b>	The act of jumping propelling yourself off the ground. <i>The <b>jumping</b> was unexpected.</i>
<b>lope</b>	A slow pace of running. <i>They set off at a fast <b>lope</b>.</i>
<b>marathon</b>	Any long and arduous undertaking. <i>I was due to run the <b>marathon</b> the next day.</i>
<b>practice</b>	Carry out or practice as of jobs and professions. <i>A hard theory to put into <b>practice</b>.</i>
<b>resumption</b>	Beginning again. <i>No decision was made for a <b>resumption</b> of diplomatic relations.</i>
<b>run</b>	A running pace. <i>The London Liverpool <b>run</b>.</i>
<b>runner</b>	A plant that spreads by means of runners. <i>The van was a good and reliable <b>runner</b>.</i>
<b>running</b>	Executed or initiated by running. <i>Cost of lumber per <b>running</b> foot.</i>
<b>sport</b>	Someone who engages in sports. <i>Team <b>sports</b> such as soccer and rugby.</i>

<b>start</b>	Set in motion cause to start. <i>The mortar in the joints had <b>started</b>.</i>
<b>stroll</b>	A leisurely walk (usually in some public place). <i>We took a <b>stroll</b> in the garden.</i>
<b>stroller</b>	Someone who walks at a leisurely pace. <i>A little <b>stroller</b> taps on the window and cups his hands in a begging gesture.</i>
<b>tutorial</b>	A period of tuition given by a university or college tutor to an individual or very small group. <i>Formal teaching consists of lectures <b>tutorials</b> and practicals.</i>
<b>walker</b>	A light enclosing framework (trade name Zimmer) with rubber castors or wheels and handles; helps invalids or the handicapped or the aged to walk. <i>He was a keen <b>walker</b>.</i>
<b>walking</b>	The act of traveling by foot. <i><b>Walking</b> is a healthy form of exercise.</i>

