

Need another word that means the same as “exert”? Find 24 synonyms and 30 related words for “exert” in this overview.

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The synonyms of “Exert” are: maintain, wield, exercise, bring to bear, apply, bring into play, employ, use, make use of, utilize, deploy, make an effort, try hard, strive, endeavour, apply oneself, do one's best, do all one can, do one's utmost, give one's all, make every effort, spare no effort, be at pains, put oneself out

Exert as a Verb

Definitions of "Exert" as a verb

According to the [Oxford Dictionary of English](#), “exert” as a verb can have the following definitions:

- *Make a physical or mental effort.*
- *Apply or bring to bear (a force, influence, or quality).*
- *Put to use.*
- *Have and exercise.*
- *Make a great effort at a mental or physical task.*



Synonyms of "Exert" as a verb (24 Words)

apply	Apply oneself to. Apply a principle.
apply oneself	Apply oneself to.
be at pains	Have the quality of being; (copula, used with an adjective or a predicate noun.
bring into play	Bestow a quality on.
bring to bear	Bring into a different state.
deploy	Place troops or weapons in battle formation. <i>Small states can often deploy resources more freely.</i>
do all one can	Engage in.
do one's best	Create or design, often in a certain way.
do one's utmost	Carry on or function.

<u>employ</u>	Put into service make work or employ for a particular purpose or for its inherent or natural purpose. <i>Temporary staff can be employed to undertake the work.</i>
endeavour	Attempt by employing effort. <i>He is endeavouring to help the Third World.</i>
<u>exercise</u>	Do physical exercise. <i>Raise your knee to exercise the upper leg muscles.</i>
give one's all	Cause to happen or be responsible for.
maintain	Maintain for use and service. <i>He had persistently maintained that he would not stand against his old friend.</i>
make an effort	Gather and light the materials for.
make every effort	Organize or be responsible for.
make use of	Behave in a certain way.
put oneself out	Attribute or give.
spare no effort	Give up what is not strictly needed.
strive	Attempt by employing effort. <i>Scholars must strive against bias.</i>
try hard	Examine or hear (evidence or a case) by judicial process.
use	Habitually do something or be in a certain state or place use only in the past tense. <i>She still used her maiden name professionally.</i>
<u>utilize</u>	Make practical and effective use of. <i>Vitamin C helps your body utilize the iron present in your diet.</i>
wield	Hold and use (a weapon or tool). <i>Faction leaders wielded enormous influence within the party.</i>



Usage Examples of "Exert" as a verb

- *How much control can he exert over his own life?*
- *He needs to exert himself to try to find an answer.*
- *Exert oneself.*
- *Exert one's power or influence.*
- *The moon exerts a force on the Earth.*



Associations of "Exert" (30 Words)

belabor	Beat soundly. <i>She was belabored by her fellow students.</i>
catalyze	Change by catalysis or cause to catalyze.
clout	A long distance shot that hits a clout. <i>A clout round the ear.</i>
extrude	Shape (a material such as metal or plastic) by forcing it through a die. <i>Extruded and die cast aluminium.</i>
gavel	Bring a hearing or person to order by use of a gavel. <i>He gavelled the convention to order.</i>
hit	Hit against come into sudden contact with. <i>He was the director of many big hits.</i>
impact	The striking of one body against another. <i>There was the sound of a third impact.</i>

impinge	Impinge or infringe upon. <i>Several factors impinge on market efficiency.</i>
implication	A meaning that is not expressly stated but can be inferred. <i>Our implication in the problems.</i>
<u>impression</u>	An impressionistic portrayal of a person. <i>Her courtesy had made a good impression.</i>
influence	Have and exert influence or effect. <i>Fiona was a good influence on her.</i>
jostle	Struggle or compete forcefully for. <i>He was jostled by passengers rushing for the gates.</i>
leverage	Provide with leverage. <i>Leverage the money that is already available.</i>
maintain	Maintain for use and service. <i>He has always maintained his innocence.</i>
manage	Be the manager of a sports team or a performer. <i>Blanche finally managed to hail a cab.</i>
militate	(of a fact or circumstance) be a powerful or conclusive factor in preventing. <i>These fundamental differences will militate against the two communities coming together.</i>
moderating	Lessening in intensity or strength.
<u>pierce</u>	Make an opening in or bore a tunnel through. <i>The cold pierced her bones.</i>
predispose	Make susceptible. <i>This illness predisposes you to gain weight.</i>
press	An act of pressing something. <i>Press a record.</i>
pressure	The pressure exerted by the atmosphere. <i>Backbenchers put pressure on the government to provide safeguards.</i>
punch	Drive forcibly as if by a punch. <i>He punched me in the stomach.</i>
<u>push</u>	The force used in pushing. <i>He pushed at the skylight but it wouldn't budge.</i>
pushing	The act of applying force in order to move something away. <i>The pushing is good exercise.</i>
<u>shove</u>	Press or force. <i>She shoved the books into her briefcase.</i>

suggestible Susceptible or responsive to suggestion.
***Suggestible** young minds.*

systemic Denoting the part of the circulatory system concerned with the transport of oxygen to and carbon dioxide from the body in general, especially as distinct from the pulmonary part concerned with the transport of oxygen from and carbon dioxide to the lungs.
*The disease is localized rather than **systemic**.*

wangle Tamper, with the purpose of deception.
*I **wangled** an invitation to her party.*

wield Have and be able to use (power or influence).
*Faction leaders **wielded** enormous influence within the party.*