

# fasted

**The past tense of fast is fasted**

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## The Forms of Fast

Infinitive	<b>to fast</b>
Present Tense	<b>fast / fasts</b>
Past Tense	<b>fasted</b>
Present Participle	<b>fasting</b>
Past Participle	<b>fasted</b>

## Conjugate Fast

**Fast in Present Simple (Indefinite) Tense**

<b>Singular</b>	<b>Plural</b>
<b>I fast</b>	<b>We fast</b>
<b>You fast</b>	<b>You fast</b>
<b>He/She/It fasts</b>	<b>They fast</b>

### **Fast in Present Continuous (Progressive) Tense**

<b>Singular</b>	<b>Plural</b>
<b>I am fasting</b>	<b>We are fasting</b>
<b>You are fasting</b>	<b>You are fasting</b>
<b>He/She/It is fasting</b>	<b>They are fasting</b>

### **Fast in Present Perfect Tense**

<b>Singular</b>	<b>Plural</b>
<b>I have fasted</b>	<b>We have fasted</b>
<b>You have fasted</b>	<b>You have fasted</b>
<b>He/She/It has fasted</b>	<b>They have fasted</b>

### **Fast in Present Perfect Continuous Tense**

<b>Singular</b>	<b>Plural</b>
<b>I have been fasting</b>	<b>We have been fasting</b>
<b>You have been fasting</b>	<b>You have been fasting</b>
<b>He/She/It has been fasting</b>	<b>They have been fasting</b>

### **Fast in Past Simple (Indefinite) Tense**

<b>Singular</b>	<b>Plural</b>
<b>I fasted</b>	<b>We fasted</b>
<b>You fasted</b>	<b>You fasted</b>
<b>He/She/It fasted</b>	<b>They fasted</b>

### **Fast in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I **was fasting**                      We **were fasting**  
You **were fasting**                You **were fasting**  
He/She/It **was fasting**        They **were fasting**

**Fast in Past Perfect Tense**

**Singular**

**Plural**

I **had fasted**                        We **had fasted**  
You **had fasted**                    You **had fasted**  
He/She/It **had fasted**        They **had fasted**

**Fast in Past Perfect Continuous Tense**

**Singular**

**Plural**

I **had been fasting**                We **had been fasting**  
You **had been fasting**            You **had been fasting**  
He/She/It **had been fasting**    They **had been fasting**

**Fast in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I **will fast**                            We **will fast**  
You **will fast**                        You **will fast**  
He/She/It **will fast**                They **will fast**

**Fast in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I **will be fasting**                    We **will be fasting**  
You **will be fasting**                You **will be fasting**  
He/She/It **will be fasting**        They **will be fasting**

**Fast in Future Perfect Tense**

**Singular**

**Plural**

**I will have fasted**

**We will have fasted**

**You will have fasted**

**You will have fasted**

**He/She/It will have fasted**

**They will have fasted**

**Fast in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been fasting**

**We will have been fasting**

**You will have been fasting**

**You will have been fasting**

**He/She/It will have been fasting**

**They will have been fasting**