

fasted

The past tense of fast is fasted

Table Of Contents:

- [fasted](#)
- [The Forms of Fast](#)
- [Conjugate Fast](#)
- [Fast in Present Simple \(Indefinite\) Tense](#)
- [Fast in Present Continuous \(Progressive\) Tense](#)
- [Fast in Present Perfect Tense](#)
- [Fast in Present Perfect Continuous Tense](#)
- [Fast in Past Simple \(Indefinite\) Tense](#)
- [Fast in Past Continuous \(Progressive\) Tense](#)
- [Fast in Past Perfect Tense](#)
- [Fast in Past Perfect Continuous Tense](#)
- [Fast in Future Simple \(Indefinite\) Tense](#)
- [Fast in Future Continuous \(Progressive\) Tense](#)
- [Fast in Future Perfect Tense](#)
- [Fast in Future Perfect Continuous Tense](#)

The Forms of Fast

| | |
|--------------------|---------------------|
| Infinitive | to fast |
| Present Tense | fast / fasts |
| Past Tense | fasted |
| Present Participle | fasting |
| Past Participle | fasted |

Conjugate Fast

Fast in Present Simple (Indefinite) Tense

Singular Plural

I **fast** We **fast**
You **fast** You **fast**
He/She/It **fasts** They **fast**

Fast in Present Continuous (Progressive) Tense

Singular Plural

I **am fasting** We **are fasting**
You **are fasting** You **are fasting**
He/She/It **is fasting** They **are fasting**

Fast in Present Perfect Tense

Singular Plural

I **have fasted** We **have fasted**
You **have fasted** You **have fasted**
He/She/It **has fasted** They **have fasted**

Fast in Present Perfect Continuous Tense

Singular Plural

I **have been fasting** We **have been fasting**
You **have been fasting** You **have been fasting**
He/She/It **has been fasting** They **have been fasting**

Fast in Past Simple (Indefinite) Tense

Singular Plural

I **fasted** We **fasted**
You **fasted** You **fasted**
He/She/It **fasted** They **fasted**

Fast in Past Continuous (Progressive) Tense

Singular

Plural

I **was fasting** We **were fasting**
You **were fasting** You **were fasting**
He/She/It **was fasting** They **were fasting**

Fast in Past Perfect Tense

Singular

Plural

I **had fasted** We **had fasted**
You **had fasted** You **had fasted**
He/She/It **had fasted** They **had fasted**

Fast in Past Perfect Continuous Tense

Singular

Plural

I **had been fasting** We **had been fasting**
You **had been fasting** You **had been fasting**
He/She/It **had been fasting** They **had been fasting**

Fast in Future Simple (Indefinite) Tense

Singular

Plural

I **will fast** We **will fast**
You **will fast** You **will fast**
He/She/It **will fast** They **will fast**

Fast in Future Continuous (Progressive) Tense

Singular

Plural

I **will be fasting** We **will be fasting**
You **will be fasting** You **will be fasting**
He/She/It **will be fasting** They **will be fasting**

Fast in Future Perfect Tense

Singular

Plural

I will have fasted

We will have fasted

You will have fasted

You will have fasted

He/She/It will have fasted

They will have fasted

Fast in Future Perfect Continuous Tense

Singular

Plural

I will have been fasting

We will have been fasting

You will have been fasting

You will have been fasting

He/She/It will have been fasting

They will have been fasting