

# flexed

**The past tense of flex is flexed**

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## The Forms of Flex

Infinitive	<b>to flex</b>
Present Tense	<b>flex / flexes</b>
Past Tense	<b>flexed</b>
Present Participle	<b>flexing</b>
Past Participle	<b>flexed</b>

## Conjugate Flex

**Flex in Present Simple (Indefinite) Tense**

**Singular      Plural**

I **flex**                      We **flex**  
You **flex**                  You **flex**  
He/She/It **flexes**      They **flex**

**Flex in Present Continuous (Progressive) Tense**

**Singular                      Plural**

I **am flexing**              We **are flexing**  
You **are flexing**        You **are flexing**  
He/She/It **is flexing**      They **are flexing**

**Flex in Present Perfect Tense**

**Singular                      Plural**

I **have flexed**              We **have flexed**  
You **have flexed**        You **have flexed**  
He/She/It **has flexed**      They **have flexed**

**Flex in Present Perfect Continuous Tense**

**Singular                      Plural**

I **have been flexing**        We **have been flexing**  
You **have been flexing**      You **have been flexing**  
He/She/It **has been flexing**      They **have been flexing**

**Flex in Past Simple (Indefinite) Tense**

**Singular                      Plural**

I **flexed**                      We **flexed**  
You **flexed**                  You **flexed**  
He/She/It **flexed**          They **flexed**

**Flex in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I **was flexing**                      We **were flexing**  
You **were flexing**                You **were flexing**  
He/She/It **was flexing**        They **were flexing**

**Flex in Past Perfect Tense**

**Singular**

**Plural**

I **had flexed**                        We **had flexed**  
You **had flexed**                    You **had flexed**  
He/She/It **had flexed**        They **had flexed**

**Flex in Past Perfect Continuous Tense**

**Singular**

**Plural**

I **had been flexing**                We **had been flexing**  
You **had been flexing**            You **had been flexing**  
He/She/It **had been flexing**    They **had been flexing**

**Flex in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I **will flex**                            We **will flex**  
You **will flex**                        You **will flex**  
He/She/It **will flex**                They **will flex**

**Flex in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I **will be flexing**                    We **will be flexing**  
You **will be flexing**                You **will be flexing**  
He/She/It **will be flexing**        They **will be flexing**

**Flex in Future Perfect Tense**

**Singular**

**I will have flexed**

**You will have flexed**

**He/She/It will have flexed**

**Plural**

**We will have flexed**

**You will have flexed**

**They will have flexed**

**Flex in Future Perfect Continuous Tense**

**Singular**

**I will have been flexing**

**You will have been flexing**

**He/She/It will have been flexing**

**Plural**

**We will have been flexing**

**You will have been flexing**

**They will have been flexing**