

fretted, fret, fret or frate

The past tense of fret is fretted, fret, fret or frate

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The Forms of Fret

Infinitive	to fret
Present Tense	fret / frets
Past Tense	fretted, fret, fret or frate
Present Participle	fretting
Past Participle	fretted or fretten (usually in compounds)

Conjugate Fret

Fret in Present Simple (Indefinite) Tense

Singular	Plural
I fret	We fret
You fret	You fret
He/She/It frets	They fret

Fret in Present Continuous (Progressive) Tense

Singular	Plural
I am fretting	We are fretting
You are fretting	You are fretting
He/She/It is fretting	They are fretting

Fret in Present Perfect Tense

Singular	Plural
I have fretted or fretten (usually in compounds)	We have fretted or fretten (usually in compounds)
You have fretted or fretten (usually in compounds)	You have fretted or fretten (usually in compounds)
He/She/It has fretted or fretten (usually in compounds)	They have fretted or fretten (usually in compounds)

Fret in Present Perfect Continuous Tense

Singular	Plural
I have been fretting	We have been fretting
You have been fretting	You have been fretting
He/She/It has been fretting	They have been fretting

Fret in Past Simple (Indefinite) Tense

Singular	Plural
I fretted, fret, fret or frate	We fretted, fret, fret or frate
You fretted, fret, fret or frate	You fretted, fret, fret or frate
He/She/It fretted, fret, fret or frate	They fretted, fret, fret or frate

Fret in Past Continuous (Progressive) Tense

Singular

Plural

I was fretting We were fretting
You were fretting You were fretting
He/She/It was fretting They were fretting

Fret in Past Perfect Tense

Singular

Plural

I had fretted or fretten (usually in compounds) We had fretted or fretten (usually in compounds)
You had fretted or fretten (usually in compounds) You had fretted or fretten (usually in compounds)
He/She/It had fretted or fretten (usually in compounds) They had fretted or fretten (usually in compounds)

Fret in Past Perfect Continuous Tense

Singular

Plural

I had been fretting We had been fretting
You had been fretting You had been fretting
He/She/It had been fretting They had been fretting

Fret in Future Simple (Indefinite) Tense

Singular

Plural

I will fret We will fret
You will fret You will fret
He/She/It will fret They will fret

Fret in Future Continuous (Progressive) Tense

Singular

Plural

I will be fretting We will be fretting
You will be fretting You will be fretting

Singular

Plural

He/She/It **will be fretting** They **will be fretting**

Fret in Future Perfect Tense

Singular

Plural

I **will have fretted or fretten (usually in compounds)**

We **will have fretted or fretten (usually in compounds)**

You **will have fretted or fretten (usually in compounds)**

You **will have fretted or fretten (usually in compounds)**

He/She/It **will have fretted or fretten (usually in compounds)**

They **will have fretted or fretten (usually in compounds)**

Fret in Future Perfect Continuous Tense

Singular

Plural

I **will have been fretting**

We **will have been fretting**

You **will have been fretting**

You **will have been fretting**

He/She/It **will have been fretting** They **will have been fretting**