

Need another word that means the same as “fretful”? Find 21 synonyms and 30 related words for “fretful” in this overview.

Table Of Contents:

- [Fretful as an Adjective](#)
- [Definitions of "Fretful" as an adjective](#)
- [Synonyms of "Fretful" as an adjective \(21 Words\)](#)
- [Usage Examples of "Fretful" as an adjective](#)
- [Associations of "Fretful" \(30 Words\)](#)

**The synonyms of “Fretful” are: antsy, fidgety, itchy, querulous, whiney, whiny, distressed, upset, miserable, unsettled, uneasy, ill at ease, uncomfortable, agitated, distraught, overwrought, wrought up, worked up, tense, stressed, restive**

## Fretful as an Adjective

### Definitions of "Fretful" as an adjective

According to the [Oxford Dictionary of English](#), “fretful” as an adjective can have the following definitions:

- *Feeling or expressing distress or irritation.*
- *Habitually complaining.*
- *Nervous and unable to relax.*



## Synonyms of "Fretful" as an adjective (21 Words)

<b>agitated</b>	Troubled emotionally and usually deeply. <i><b>Agitated</b> parents.</i>
<b>antsy</b>	Nervous and unable to relax. <i>Dick got <b>antsy</b> the day he put to sea.</i>
<b><u>distraught</u></b>	Very worried and upset. <i>He is terribly <b>distraught</b>.</i>
<b>distressed</b>	Facing or experiencing financial trouble or difficulty. <i>The <b>distressed</b> relatives of his victims.</i>
<b>fidgety</b>	Inclined to fidget; restless or uneasy. <i>I get nervous and <b>fidgety</b> at the dentist.</i>
<b>ill at ease</b>	Presaging ill fortune- P.B.Shelley.
<b>itchy</b>	Having or causing an itch. <i>Dry <b>itchy</b> skin.</i>

<b><u>miserable</u></b>	Of very poor quality or condition. <i>Horribly wet and <b>miserable</b> conditions.</i>
<b>overwrought</b>	(of a piece of writing or a work of art) too elaborate or complicated in design or construction. <i>She was too <b>overwrought</b> to listen to reason.</i>
<b>querulous</b>	Habitually complaining. <i>She became <b>querulous</b> and demanding.</i>
<b>restive</b>	Impatient especially under restriction or delay. <i>Both their horses became <b>restive</b> at once.</i>
<b>stressed</b>	Strengthened by the application of stress during manufacture prestressed. <b>Stressed</b> concrete walls.
<b><u>tense</u></b>	Pronounced with relatively tense tongue muscles e.g. the vowel sound in beat. <i>Relations between the two neighbouring states were <b>tense</b>.</i>
<b><u>uncomfortable</u></b>	Conducive to or feeling mental discomfort. <i>An <b>uncomfortable</b> silence.</i>
<b><u>uneasy</u></b>	Causing or fraught with or showing anxiety. <b>Uneasy</b> about his health.
<b>unsettled</b>	Not yet settled. <i>A spell of <b>unsettled</b> weather.</i>
<b>upset</b>	Mildly physically distressed. <i>An <b>upset</b> stomach.</i>
<b>whiney</b>	Habitually complaining.
<b><u>whiny</u></b>	Having a complaining tone. <i>He speaks in a <b>whiny</b> childish voice.</i>
<b>worked up</b>	Being or moving higher in position or greater in some value; being above a former position or level.
<b>wrought up</b>	Shaped to fit by or as if by altering the contours of a pliable mass (as by work or effort).



## Usage Examples of "Fretful" as an adjective

- *The baby was crying with a fretful whimper.*
- *A constant fretful stamping of hooves.*



## Associations of "Fretful" (30 Words)

- anger** Fill someone with anger provoke anger in.  
*She could barely restrain her **anger** at this comment.*
- aroused** Emotionally aroused.  
*The **aroused** opposition.*
- cantankerous** Having a difficult and contrary disposition- Dorothy Sayers.  
*He can be a **cantankerous** old fossil at times.*
- complaining** The expression of dissatisfaction or annoyance about something.  
*A **complaining** boss.*
- constrained** Severely restricted in scope, extent, or activity.  
*Many families are operating under **constrained** budgets.*
- constricted** Especially tense; especially in some dialects.  
*A **constricted** blood vessel.*

<b>cranky</b>	Bad-tempered; irritable. <i>After a juddering landing the <b>cranky</b> plane eased up the runway.</i>
<b>crooked</b>	Not straight; dishonest or immoral or evasive. <i>His teeth were yellow and <b>crooked</b>.</i>
<b>defuse</b>	Remove the triggering device from. <i>A scheme that teaches officers how to <b>defuse</b> potentially explosive situations.</i>
<b>fractious</b>	(of a group or organization) difficult to control; unruly. <i>King Malcolm struggled to unite his <b>fractious</b> kingdom.</i>
<b>fret</b>	Provide a musical instrument with frets. <i>She <b>fretted</b> about the cost of groceries.</i>
<b>harassment</b>	The act of tormenting by continued persistent attacks and criticism. <i>They face daily <b>harassment</b> and assault on the streets.</i>
<b>hate</b>	Dislike intensely; feel antipathy or aversion towards. <i>I <b>hate</b> to bother you.</i>
<b>jittery</b>	Being in a tense state. <i>Caffeine makes me <b>jittery</b>.</i>
<b>nervously</b>	In an anxiously nervous manner. <i>Kevin <b>nervously</b> glanced at his watch.</i>
<b>nervy</b>	Showing or requiring courage and contempt of danger. <i>A <b>nervy</b> thing to say.</i>
<b>peevish</b>	Easily irritated or annoyed. <i>A thin <b>peevish</b> voice.</i>
<b>petulant</b>	(of a person or their manner) childishly sulky or bad-tempered. <i>He was moody and <b>petulant</b>.</i>
<b>querulous</b>	Complaining in a rather petulant or whining manner. <i>She became <b>querulous</b> and demanding.</i>
<b>regret</b>	Express with regret. <i>I <b>regret</b> I can't come to the party.</i>
<b>strained</b>	Of a mainly liquid substance having been strained to separate out any solid matter. <i>A <b>constrained</b> smile.</i>
<b>tense</b>	Become stretched or tense or taut. <i>Relations between the two neighbouring states were <b>tense</b>.</i>
<b>testy</b>	Easily irritated or annoyed. <i>She could see him growing quite <b>testy</b> beneath that polished urbanity.</i>

- torment** Torment emotionally or mentally.  
*Every day I have kids **tormenting** me because they know I live alone.*
- touchy** (of an issue or situation) requiring careful handling; delicate.  
*She s a little **touchy** about her age.*
- troubled** Showing distress or anxiety.  
*A **troubled** expression.*
- uneasy** Causing or feeling anxiety; troubled or uncomfortable.  
*She fell into an **uneasy** sleep.*
- uptight** Anxious or angry in a tense and overly controlled way.  
*He is so **uptight** about everything.*
- vicious** Bringing or deserving severe rebuke or censure.  
***Vicious** kicks.*

