

Need another word that means the same as “fretful”? Find 21 synonyms and 30 related words for “fretful” in this overview.

Table Of Contents:

- [Fretful as an Adjective](#)
- [Definitions of "Fretful" as an adjective](#)
- [Synonyms of "Fretful" as an adjective \(21 Words\)](#)
- [Usage Examples of "Fretful" as an adjective](#)
- [Associations of "Fretful" \(30 Words\)](#)

The synonyms of “Fretful” are: antsy, fidgety, itchy, querulous, whiney, whiny, distressed, upset, miserable, unsettled, uneasy, ill at ease, uncomfortable, agitated, distraught, overwrought, wrought up, worked up, tense, stressed, restive

Fretful as an Adjective

Definitions of "Fretful" as an adjective

According to the [Oxford Dictionary of English](#), “fretful” as an adjective can have the following definitions:

- *Feeling or expressing distress or irritation.*
- *Habitually complaining.*
- *Nervous and unable to relax.*



Synonyms of "Fretful" as an adjective (21 Words)

agitated	Troubled emotionally and usually deeply. <i>Agitated parents.</i>
antsy	Nervous and unable to relax. <i>Dick got antsy the day he put to sea.</i>
<u>distraught</u>	Very worried and upset. <i>He is terribly distraught.</i>
distressed	Facing or experiencing financial trouble or difficulty. <i>The distressed relatives of his victims.</i>
fidgety	Inclined to fidget; restless or uneasy. <i>I get nervous and fidgety at the dentist.</i>
ill at ease	Presaging ill fortune- P.B.Shelley.
itchy	Having or causing an itch. <i>Dry itchy skin.</i>

<u>miserable</u>	Of very poor quality or condition. <i>Horribly wet and miserable conditions.</i>
overwrought	(of a piece of writing or a work of art) too elaborate or complicated in design or construction. <i>She was too overwrought to listen to reason.</i>
querulous	Habitually complaining. <i>She became querulous and demanding.</i>
restive	Impatient especially under restriction or delay. <i>Both their horses became restive at once.</i>
stressed	Strengthened by the application of stress during manufacture prestressed. <i>Stressed concrete walls.</i>
<u>tense</u>	Pronounced with relatively tense tongue muscles e.g. the vowel sound in beat. <i>Relations between the two neighbouring states were tense.</i>
<u>uncomfortable</u>	Conducive to or feeling mental discomfort. <i>An uncomfortable silence.</i>
<u>uneasy</u>	Causing or fraught with or showing anxiety. <i>Uneasy about his health.</i>
unsettled	Not yet settled. <i>A spell of unsettled weather.</i>
upset	Mildly physically distressed. <i>An upset stomach.</i>
whiney	Habitually complaining.
<u>whiny</u>	Having a complaining tone. <i>He speaks in a whiny childish voice.</i>
worked up	Being or moving higher in position or greater in some value; being above a former position or level.
wrought up	Shaped to fit by or as if by altering the contours of a pliable mass (as by work or effort).



Usage Examples of "Fretful" as an adjective

- *The baby was crying with a fretful whimper.*
- *A constant fretful stamping of hooves.*



Associations of "Fretful" (30 Words)

- anger** Fill someone with anger provoke anger in.
*She could barely restrain her **anger** at this comment.*
- aroused** Emotionally aroused.
*The **aroused** opposition.*
- cantankerous** Having a difficult and contrary disposition- Dorothy Sayers.
*He can be a **cantankerous** old fossil at times.*
- complaining** The expression of dissatisfaction or annoyance about something.
*A **complaining** boss.*
- constrained** Severely restricted in scope, extent, or activity.
*Many families are operating under **constrained** budgets.*
- constricted** Especially tense; especially in some dialects.
*A **constricted** blood vessel.*

cranky	Bad-tempered; irritable. <i>After a juddering landing the cranky plane eased up the runway.</i>
crooked	Not straight; dishonest or immoral or evasive. <i>His teeth were yellow and crooked.</i>
defuse	Remove the triggering device from. <i>A scheme that teaches officers how to defuse potentially explosive situations.</i>
fractious	(of a group or organization) difficult to control; unruly. <i>King Malcolm struggled to unite his fractious kingdom.</i>
fret	Provide a musical instrument with frets. <i>She fretted about the cost of groceries.</i>
harassment	The act of tormenting by continued persistent attacks and criticism. <i>They face daily harassment and assault on the streets.</i>
hate	Dislike intensely; feel antipathy or aversion towards. <i>I hate to bother you.</i>
jittery	Being in a tense state. <i>Caffeine makes me jittery.</i>
nervously	In an anxiously nervous manner. <i>Kevin nervously glanced at his watch.</i>
nervy	Showing or requiring courage and contempt of danger. <i>A nervy thing to say.</i>
peevish	Easily irritated or annoyed. <i>A thin peevish voice.</i>
petulant	(of a person or their manner) childishly sulky or bad-tempered. <i>He was moody and petulant.</i>
querulous	Complaining in a rather petulant or whining manner. <i>She became querulous and demanding.</i>
regret	Express with regret. <i>I regret I can't come to the party.</i>
strained	Of a mainly liquid substance having been strained to separate out any solid matter. <i>A constrained smile.</i>
tense	Become stretched or tense or taut. <i>Relations between the two neighbouring states were tense.</i>
testy	Easily irritated or annoyed. <i>She could see him growing quite testy beneath that polished urbanity.</i>

torment	Torment emotionally or mentally. <i>Every day I have kids tormenting me because they know I live alone.</i>
touchy	(of an issue or situation) requiring careful handling; delicate. <i>She s a little touchy about her age.</i>
troubled	Showing distress or anxiety. <i>A troubled expression.</i>
uneasy	Causing or feeling anxiety; troubled or uncomfortable. <i>She fell into an uneasy sleep.</i>
uptight	Anxious or angry in a tense and overly controlled way. <i>He is so uptight about everything.</i>
vicious	Bringing or deserving severe rebuke or censure. <i>Vicious kicks.</i>

