

Need another word that means the same as “frustrate”? Find 43 synonyms and 30 related words for “frustrate” in this overview.

Table Of Contents:

- [Frustrate as a Verb](#)
- [Definitions of "Frustrate" as a verb](#)
- [Synonyms of "Frustrate" as a verb \(43 Words\)](#)
- [Usage Examples of "Frustrate" as a verb](#)
- [Associations of "Frustrate" \(30 Words\)](#)

The synonyms of “Frustrate” are: bedevil, crucify, dun, rag, torment, baffle, bilk, cross, foil, queer, scotch, spoil, thwart, defeat, block, stop, put a stop to, counter, check, balk, circumvent, disappoint, forestall, bar, dash, quash, crush, derail, nip in the bud, nullify, snooker, exasperate, infuriate, annoy, anger, madden, vex, irritate, irk, embitter, sour, get someone's back up, try someone's patience

Frustrate as a Verb

Definitions of "Frustrate" as a verb

According to the [Oxford Dictionary of English](#), “frustrate” as a verb can have the following definitions:

- *Prevent (a plan or attempted action) from progressing, succeeding, or being fulfilled.*
- *Hinder or prevent (the efforts, plans, or desires) of.*
- *Prevent (someone) from doing or achieving something.*
- *Treat cruelly.*
- *Cause (someone) to feel upset or annoyed as a result of being unable to change or achieve something.*



Synonyms of "Frustrate" as a verb (43 Words)

anger	Fill someone with anger provoke anger in. <i>I was angered to receive a further letter from them.</i>
annoy	Cause annoyance in disturb especially by minor irritations. <i>The decision really annoyed him.</i>
baffle	Totally bewilder or perplex. <i>To baffle the noise further I pad the gunwales.</i>
balk	Miss or refuse (a chance or invitation). <i>He balked at such a drastic solution.</i>
bar	Secure with or as if with bars. <i>She bolted and barred the door.</i>
bedevil	Treat cruelly. <i>He bedevilled them with petty practical jokes.</i>
bilk	Evade; elude. <i>Some businesses bilk thousands of dollars from unsuspecting elderly consumers.</i>

block	Run on a block system. <i>Block an attack.</i>
check	Put a check mark on or near or next to. <i>The dog checked.</i>
circumvent	Overcome (a problem or difficulty), typically in a clever and surreptitious way. <i>If you come to an obstruction in a road you can seek to circumvent it.</i>
<u>counter</u>	Act in advance of; deal with ahead of time. <i>He countered with some very persuasive arguments.</i>
<u>cross</u>	Travel across or pass over. <i>A shadow of apprehension crossed her face.</i>
crucify	Treat cruelly. <i>Our fans would crucify us if we lost.</i>
crush	Crush or bruise. <i>He crushed the paper in his hands.</i>
dash	Cause to lose courage. <i>Blue paint dashed with white.</i>
defeat	Win a victory over. <i>Don't cheat by allowing your body to droop this defeats the object of the exercise.</i>
derail	Cause to run off the tracks. <i>The train derailed because a cow was standing on the tracks.</i>
disappoint	Fail to meet the hopes or expectations of. <i>The governing coalition had bitterly disappointed the hopes of its voters.</i>
dun	Make a dun color. <i>The grocer dunned his customers every day by telephone.</i>
embitter	Cause to be bitter or resentful. <i>He didn't let illness and divorce embitter him.</i>
exasperate	Exasperate or irritate. <i>This futile process exasperates prison officers.</i>
<u>foil</u>	Cover or back with foil. <i>Their rivals were foiled by the weather.</i>
forestall	Act in advance of (someone) in order to prevent them from doing something. <i>They will present their resignations to forestall a vote of no confidence.</i>

get someone's back up	Be a mystery or bewildering to.
infuriate	Make (someone) extremely angry and impatient. <i>I was infuriated by your article.</i>
irk	Irritate; annoy. <i>It irks her to think of the runaround she received.</i>
irritate	Cause inflammation or other discomfort in (a part of the body). <i>His tone irritated her.</i>
madden	Cause to go crazy; cause to lose one's mind. <i>This is ridiculous she told him maddened by his reaction.</i>
nip in the bud	Give a small sharp bite to.
nullify	Make ineffective by counterbalancing the effect of. <i>Insulin can block the release of the hormone and thereby nullify the effects of training.</i>
put a stop to	Arrange thoughts, ideas, temporal events.
quash	Put down by force or intimidation. <i>A hospital executive quashed rumours that nursing staff will lose jobs.</i>
rag	Apply paint to a surface with a rag. <i>Rag ore.</i>
scotch	Make a small cut or score into. <i>He soon scotched himself against a wall.</i>
snooker	Subject oneself or one's opponent to a snooker. <i>Hendry led but then snookered himself.</i>
sour	Make sour or more sour. <i>Water soured with tamarind.</i>
spoil	Hinder or prevent (the efforts, plans, or desires) of. <i>The enemy entered into Hereford spoiled and fired the city and razed the walls to the ground.</i>
stop	Stop and wait as if awaiting further instructions or developments. <i>He stopped his car by the house.</i>
thwart	Hinder or prevent (the efforts, plans, or desires) of. <i>The government had been able to thwart all attempts by opposition leaders to form new parties.</i>
torment	Torment emotionally or mentally. <i>He was tormented by jealousy.</i>

**try someone's
patience**

Put on a garment in order to see whether it fits and looks nice.

vex

Change the arrangement or position of.

*I wouldn't **vex** it will be just great if whoever borrow the pump just bring it back.*



Usage Examples of "Frustrate" as a verb

- *It frustrated me that more couldn't be done for her.*
- *What ultimately frustrated every challenger was Ruth's amazing September surge.*
- *In numerous policy areas, central government has been frustrated by local authorities.*
- *The rescue attempt was frustrated by bad weather.*



Associations of "Frustrate" (30 Words)

- acerbity** A sharp sour taste.
*Exuberance sharpened by blunt wit and **acerbity**.*
- alarming** Worrying or disturbing.
*Our countryside is disappearing at an **alarming** rate.*
- angst** A feeling of persistent worry about something trivial.
*Rock and pop have a tradition of celebrating adolescent **angst**.*
- consternation** A feeling of anxiety or dismay, typically at something unexpected.
*To her **consternation** her car wouldn't start.*
- defeat** An instance of defeating or being defeated.
*She was **defeated** by the last steep hill.*
- defeated** People who are defeated.
*The Romans had no pity for the **defeated**.*

<u>dejection</u>	A sad and depressed state; low spirits. <i>He was slumped in deep dejection.</i>
despair	The feeling that everything is wrong and nothing will turn out well. <i>One harsh word would send her into the depths of despair.</i>
<u>desperately</u>	Used to emphasize the extreme degree of something. <i>He looked around desperately.</i>
<u>desperation</u>	Desperate recklessness. <i>Courage born of desperation.</i>
despond	Become dejected and lose confidence. <i>The supporters of the Presidential candidate desponded when they learned the early results of the election.</i>
despondency	Feeling downcast and disheartened and hopeless. <i>An air of despondency.</i>
disappoint	Fail to meet the hopes or expectations of. <i>I have no wish to disappoint everyone by postponing the visit.</i>
<u>disappointment</u>	A person or thing that causes disappointment. <i>His hopes were so high he was doomed to disappointment.</i>
<u>discouragement</u>	An attempt to prevent something by showing disapproval or creating difficulties; deterrent. <i>The discouragement of crime.</i>
dismay	The feeling of despair in the face of obstacles. <i>They were dismayed by the U turn in policy.</i>
failure	An act that fails. <i>He resented my failure to return his call.</i>
<u>frustrated</u>	Feeling or expressing distress and annoyance resulting from an inability to change or achieve something. <i>Many frustrated poets end as pipe smoking teachers.</i>
gloom	Partial or total darkness. <i>Gloom pervaded the office.</i>
<u>grief</u>	Something that causes great unhappiness. <i>Time heals griefs and quarrels.</i>
heartache	Intense sorrow caused by loss of a loved one (especially by death). <i>A good friend understands your heartaches as well as your joys.</i>
heaviness	The quality of being oppressive or overpowering to the senses. <i>A few cartoon gags were introduced into the film to lighten its heaviness.</i>

<u>horrifying</u>	Provoking horror. <i>A horrifying incident.</i>
<u>melancholy</u>	A humor that was once believed to be secreted by the kidneys or spleen and to cause sadness and melancholy. <i>A dark melancholy young man with deep set eyes.</i>
<u>miserable</u>	(of a person) habitually morose. <i>His miserable treatment of his family.</i>
mourning	The expression of sorrow for someone's death. <i>She s still in mourning after the death of her husband.</i>
sad	Of things that make you feel sad Christina Rossetti. <i>He told her the sad story of his life.</i>
sadness	Emotions experienced when not in a state of well-being. <i>It is one of life s sadnesses.</i>
slough	A situation characterized by lack of progress or activity. <i>The economic slough of the interwar years.</i>
<u>sorrow</u>	An event or circumstance that causes sorrow. <i>A bereaved person needs time to work through their sorrow.</i>

