

Need another word that means the same as “frustrating”? Find 2 synonyms and 30 related words for “frustrating” in this overview.

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**The synonyms of “Frustrating” are: frustrative, thwarting**

## **Frustrating as an Adjective**

### **Definitions of "Frustrating" as an adjective**

According to the [Oxford Dictionary of English](#), “frustrating” as an adjective can have the following definitions:

- *Causing annoyance or upset because of an inability to change or achieve something.*
- *Discouraging by hindering.*
- *Preventing realization or attainment of a desire.*



### Synonyms of "Frustrating" as an adjective (2 Words)

**frustrative** Preventing realization or attainment of a desire.

**thwarting** Preventing realization or attainment of a desire.



## Usage Examples of "Frustrating" as an adjective

- *It can be very frustrating to find that the size you want isn't there.*



## Associations of "Frustrating" (30 Words)

- daunting** Seeming difficult to deal with in prospect; intimidating.  
*A **daunting** task.*
- debacle** Flooding caused by a tumultuous breakup of ice in a river during the spring or summer.  
*The only man to reach double figures in the second innings **debacle**.*
- defeated** People who are defeated.  
*The **defeated** enemy.*
- despondent** Without or almost without hope.  
***Despondent** about his failure.*
- disappointed** (of hopes or expectations) prevented from being realized.  
*I m **disappointed** in you Mary.*
- discouraging** Causing someone to lose confidence or enthusiasm; depressing.  
*A **discouraging** experience.*

<b><u>disillusioned</u></b>	Freed from illusion. <i>The minority groups were completely <b>disillusioned</b> with the party.</i>
<b>distressing</b>	Bad; unfortunate. <i>Some very <b>distressing</b> news.</i>
<b>doleful</b>	Filled with or evoking sadness. <i>A <b>doleful</b> look.</i>
<b><u>excruciating</u></b>	Intensely painful. <i><b>Excruciating</b> back pain.</i>
<b>foiled</b>	Disappointingly unsuccessful. <i>Their <b>foiled</b> attempt to capture Calais.</i>
<b><u>foreboding</u></b>	A feeling that something bad will happen; fearful apprehension. <i>When the Doctor spoke his voice was dark and <b>foreboding</b>.</i>
<b><u>frustrated</u></b>	Feeling or expressing distress and annoyance resulting from an inability to change or achieve something. <i>Many <b>frustrated</b> poets end as pipe smoking teachers.</i>
<b>humdrum</b>	Tediously repetitious or lacking in variety. <i>An escape from the <b>humdrum</b> of his life.</i>
<b>intimidating</b>	Having a frightening, overawing, or threatening effect. <i>The <b>intimidating</b> defence barrister.</i>
<b>irksome</b>	So lacking in interest as to cause mental weariness. <i>What an <b>irksome</b> task the writing of long letters is.</i>
<b><u>menace</u></b>	Be a threat or possible danger to. <i>He spoke with desperate <b>menace</b>.</i>
<b><u>menacing</u></b>	Suggesting the presence of danger; threatening. <i>His tone became <b>menacing</b>.</i>
<b><u>painful</u></b>	(of a part of the body) affected with pain. <i>The <b>painful</b> process of growing up.</i>
<b><u>poignant</u></b>	Sharp or pungent in taste or smell. <i>The <b>poignant</b> scent of her powder.</i>
<b>sad</b>	Of things that make you feel sad. <i>I was <b>sad</b> and subdued.</i>
<b><u>sorrowful</u></b>	Experiencing or marked by or expressing sorrow especially that associated with irreparable loss- Proverbs 14:13. <i>The <b>sorrowful</b> news of his father's death.</i>
<b><u>stressful</u></b>	Extremely irritating to the nerves. <i>The <b>stressful</b> days before a war.</i>

- tedious** Too long, slow, or dull; tiresome or monotonous.  
*A **tedious** journey.*
- tiring** Producing exhaustion.  
*It had been a **tiring** day.*
- trying** Extremely irritating to the nerves.  
*Fell upon **trying** times.*
- unfulfilled** Not carried out or brought to completion.  
***Unfulfilled** and uneasy men.*
- unhappy** Not satisfied or pleased with (a situation).  
*The **unhappy** or sad news.*
- unsatisfied** Not having been satisfied.  
*The compromise left all sides **unsatisfied**.*
- unsuccessful** Failing to accomplish an intended result.  
*An **unsuccessful** attempt to enter Parliament.*

