

Need another word that means the same as “grief”? Find 28 synonyms and 30 related words for “grief” in this overview.

Table Of Contents:

- [Grief as a Noun](#)
- [Definitions of "Grief" as a noun](#)
- [Synonyms of "Grief" as a noun \(28 Words\)](#)
- [Usage Examples of "Grief" as a noun](#)
- [Associations of "Grief" \(30 Words\)](#)

**The synonyms of “Grief” are: brokenheartedness, heartache, heartbreak, sorrow, misery, sadness, anguish, pain, distress, agony, torment, affliction, suffering, heaviness of heart, woe, desolation, despondency, dejection, despair, angst, mortification, trouble, annoyance, bother, irritation, vexation, harassment, nuisance**

## Grief as a Noun

### Definitions of "Grief" as a noun

According to the [Oxford Dictionary of English](#), “grief” as a noun can have the following definitions:

- *Trouble or annoyance.*
- *Intense sorrow, especially caused by someone's death.*
- *Something that causes great unhappiness.*
- *An instance or cause of intense sorrow.*
- *Intense sorrow caused by loss of a loved one (especially by death).*



## Synonyms of "Grief" as a noun (28 Words)

<b>affliction</b>	An instance of one celestial body afflicting another. <i>A crippling <b>affliction</b> of the nervous system.</i>
<b><u>agony</u></b>	The final stages of a difficult or painful death. <i>An <b>agony</b> of doubt.</i>
<b><u>angst</u></b>	An acute but unspecific feeling of anxiety; usually reserved for philosophical anxiety about the world or about personal freedom. <i>Rock and pop have a tradition of celebrating adolescent <b>angst</b>.</i>
<b><u>anguish</u></b>	Extreme mental distress. <i>She shut her eyes in <b>anguish</b>.</i>
<b>annoyance</b>	The psychological state of being irritated or annoyed. <i>He turned his charm on Tara much to Hegarty's <b>annoyance</b>.</i>
<b>bother</b>	An angry disturbance. <i>It may seem like too much <b>bother</b> to cook just for yourself.</i>
<b>brokenheartedness</b>	Intense sorrow caused by loss of a loved one (especially by death).

dejection

Solid excretory product evacuated from the bowels.  
*He was slumped in deep **dejection**.*

desolation

An event that results in total destruction.  
*The stony **desolation** of the desert.*

**despair**

A state in which all hope is lost or absent.  
*They moaned in **despair** and dismay.*

**despondency**

Low spirits from loss of hope or courage; dejection.  
*An air of **despondency**.*

**distress**

The seizure and holding of property as security for payment of a debt or satisfaction of a claim.  
*The patient appeared to be in **distress**.*

harassment

The act of tormenting by continued persistent attacks and criticism.  
*So great was his **harassment** that he wanted to destroy his tormentors.*

**heartache**

Emotional anguish or grief, typically caused by the loss or absence of someone loved.  
*The familiar pang of **heartache**.*

heartbreak

Overwhelming distress.  
*An unforgettable tale of joy and **heartbreak**.*

**heaviness of heart**

Used of a line or mark.

irritation

The psychological state of being irritated or annoyed.  
*Much to my **irritation** Chris fell asleep.*

misery

A state or feeling of great physical or mental distress or discomfort.  
*The **misery** of the miner's existence.*

**mortification**

Great embarrassment and shame.  
*They mistook my **mortification** for an admission of guilt.*

**nuisance**

A bothersome annoying person.  
*It's a **nuisance** having all those people clomping through the house.*

**pain**

Mental suffering or distress.  
*The **pain** of loneliness.*

**sadness**

The state of being sad.  
*A source of great **sadness**.*

sorrow

An event or circumstance that causes sorrow.  
*He tried to express his **sorrow** at her loss.*

**suffering**

Psychological suffering.  
*His disregard for the **sufferings** of his fellow countrymen.*

**torment**

A feeling of intense annoyance caused by being tormented.  
*The **torments** of the damned.*

**trouble**

A situation in which one is liable to incur punishment or blame.  
*He got several girls in **trouble**.*

vexation

Something or someone that causes anxiety; a source of unhappiness.  
*Jenna bit her lip in **vexation**.*

**woe**

Misery resulting from affliction.  
*To add to his **woes** customers have been spending less.*



**Usage Examples of "Grief" as a noun**

- *We were too tired to cause any grief.*
- *Time heals griefs and quarrels.*
- *Her death was a great grief to John.*
- *She was overcome with grief.*





## Associations of "Grief" (30 Words)

<b>affliction</b>	A condition of suffering or distress due to ill health. <i>A crippling <b>affliction</b> of the nervous system.</i>
<b><u>angst</u></b>	A feeling of deep anxiety or dread, typically an unfocused one about the human condition or the state of the world in general. <i>Rock and pop have a tradition of celebrating adolescent <b>angst</b>.</i>
<b>deplore</b>	Feel or express strong disapproval of (something). <i>We <b>deplore</b> all violence.</i>
<b>despair</b>	Lose or be without hope. <i>In <b>despair</b> I hit the bottle.</i>
<b>despondency</b>	Feeling downcast and disheartened and hopeless. <i>An air of <b>despondency</b>.</i>
<b>dirge</b>	A mournful song, piece of music, or sound. <i>After his ten minute <b>dirge</b> the audience booed.</i>
<b><u>disappointment</u></b>	A person or thing that causes disappointment. <i>The job proved a <b>disappointment</b>.</i>
<b><u>distraught</u></b>	Deeply agitated especially from emotion. <i><b>Distraught</b> with grief.</i>
<b>distressed</b>	Afflicted with or marked by anxious uneasiness or trouble or grief. <i><b>Distressed</b> companies need loans and technical advice.</i>
<b><u>frustration</u></b>	The feeling that accompanies an experience of being thwarted in attaining your goals. <i>The <b>frustration</b> of their wishes.</i>
<b>gloom</b>	An atmosphere of depression and melancholy. <i>He strained his eyes peering into the <b>gloom</b>.</i>

<b>grieve</b>	Cause great distress to (someone). <i>She <b>grieved</b> for her father.</i>
<b>heartache</b>	Intense sorrow caused by loss of a loved one (especially by death). <i>A good friend understands your <b>heartaches</b> as well as your joys.</i>
<b>horrible</b>	Very unpleasant. <i>The tea tasted <b>horrible</b>.</i>
<b>jeremiad</b>	A long, mournful complaint or lamentation; a list of woes. <i>The <b>jeremiads</b> of puritan preachers warning of moral decay.</i>
<b>lament</b>	A mournful poem a lament for the dead. <i>A song full of <b>lament</b> and sorrow.</i>
<b>lamentation</b>	A book of the Bible telling of the desolation of Judah after the fall of Jerusalem in 586 BC. <i>Scenes of <b>lamentation</b>.</i>
<b>loneliness</b>	A disposition toward being alone. <i>The <b>loneliness</b> of the farm.</i>
<u><b>melancholy</b></u>	Having a feeling of melancholy sad and pensive. <i>An air of <b>melancholy</b> surrounded him.</i>
<u><b>mourn</b></u>	Observe the customs of mourning after the death of a loved one. <i>Isobel <b>mourned</b> her husband.</i>
<b>mourning</b>	The expression of sorrow for someone's death. <i>She s still in <b>mourning</b> after the death of her husband.</i>
<u><b>nostalgia</b></u>	Something done or presented in order to evoke feelings of nostalgia. <i>An evening of TV <b>nostalgia</b>.</i>
<b>sad</b>	Of things that make you feel sad Christina Rossetti. <i>It was a very <b>sad</b> story.</i>
<b>sadly</b>	In an unfortunate way. <i>He smiled <b>sadly</b>.</i>
<b>sadness</b>	The quality of excessive mournfulness and uncheerfulness. <i>A source of great <b>sadness</b>.</i>
<u><b>sorrow</b></u>	An event or circumstance that causes sorrow. <i>A bereaved person needs time to work through their <b>sorrow</b>.</i>
<u><b>sorry</b></u>	Unpleasant and regrettable, especially on account of incompetence or misbehaviour. <i>A <b>sorry</b> state of affairs.</i>
<b>threnody</b>	A lament. <i>A brooding <b>threnody</b> to urban desolation.</i>

**tragedy**

The dramatic genre represented by tragedies.

*His life had been plagued by **tragedy**.*

**woe**

Great sorrow or distress (often used hyperbolically).

*The Everton tale of **woe** continued.*

