

# ground or grinded

**The past tense of grind is ground or grinded**

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## The Forms of Grind

Infinitive	<b>to grind</b>
Present Tense	<b>grind / grinds</b>
Past Tense	<b>ground or grinded</b>
Present Participle	<b>grinding</b>
Past Participle	<b>ground or grinded</b>

## Conjugate Grind

**Grind in Present Simple (Indefinite) Tense**

**Singular          Plural**

I **grind**                  We **grind**  
You **grind**              You **grind**  
He/She/It **grinds**    They **grind**

**Grind in Present Continuous (Progressive) Tense**

**Singular                  Plural**

I **am grinding**              We **are grinding**  
You **are grinding**          You **are grinding**  
He/She/It **is grinding**    They **are grinding**

**Grind in Present Perfect Tense**

**Singular                                  Plural**

I **have ground or grinded**          We **have ground or grinded**  
You **have ground or grinded**      You **have ground or grinded**  
He/She/It **has ground or grinded**    They **have ground or grinded**

**Grind in Present Perfect Continuous Tense**

**Singular                                  Plural**

I **have been grinding**              We **have been grinding**  
You **have been grinding**          You **have been grinding**  
He/She/It **has been grinding**    They **have been grinding**

**Grind in Past Simple (Indefinite) Tense**

**Singular                                  Plural**

I **ground or grinded**              We **ground or grinded**  
You **ground or grinded**          You **ground or grinded**  
He/She/It **ground or grinded**    They **ground or grinded**

**Grind in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was grinding                      We were grinding  
You were grinding                You were grinding  
He/She/It was grinding        They were grinding

**Grind in Past Perfect Tense**

**Singular**

**Plural**

I had ground or grinded                We had ground or grinded  
You had ground or grinded            You had ground or grinded  
He/She/It had ground or grinded    They had ground or grinded

**Grind in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been grinding                      We had been grinding  
You had been grinding                    You had been grinding  
He/She/It had been grinding            They had been grinding

**Grind in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will grind                                We will grind  
You will grind                              You will grind  
He/She/It will grind                      They will grind

**Grind in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be grinding                        We will be grinding  
You will be grinding                      You will be grinding  
He/She/It will be grinding              They will be grinding

**Grind in Future Perfect Tense**

**Singular**

**Plural**

**I will have ground or grinded**

**We will have ground or grinded**

**You will have ground or grinded**

**You will have ground or grinded**

**He/She/It will have ground or grinded** **They will have ground or grinded**

**Grind in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been grinding**

**We will have been grinding**

**You will have been grinding**

**You will have been grinding**

**He/She/It will have been grinding** **They will have been grinding**