

Need another word that means the same as “grinding”? Find 26 synonyms and 30 related words for “grinding” in this overview.

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**The synonyms of “Grinding” are: overwhelming, overpowering, hard to bear, unbearable, burdensome, unendurable, intolerable, heavy, grating, jarring, rasping, raspy, strident, raucous, brassy, jangling, metallic, discordant, dissonant, disagreeable, unharmonious, cacophonous, unmelodious, abrasion, attrition, detrition**

## Grinding as a Noun

### Definitions of "Grinding" as a noun

According to the [Oxford Dictionary of English](#), “grinding” as a noun can have the following definitions:

- *Material resulting from the process of grinding.*
- *The reduction of something to small particles or powder by crushing it.*
- *The wearing down of rock particles by friction due to water or wind or ice.*
- *The action of rubbing things together gratingly.*
- *A harsh and strident sound (as of the grinding of gears).*



### Synonyms of "Grinding" as a noun (3 Words)

**abrasion** An area damaged by scraping or wearing away.  
*The metal is resistant to **abrasion**.*

**attrition** The gradual reduction of a workforce by employees leaving and not being replaced rather than by redundancy.  
*The council is trying to wear down the opposition by **attrition**.*

**detrition** Effort expended in moving one object over another with pressure.



## Usage Examples of "Grinding" as a noun

- *Vegetable grindings clogged the drain.*
- *Crush it and add it to the honey with a grinding of pepper and salt.*
- *The roasting and grinding of grain, usually barley, for use in brewing.*
- *It's a question that has caused much grinding of teeth among scientists and medics over the last 50 years.*

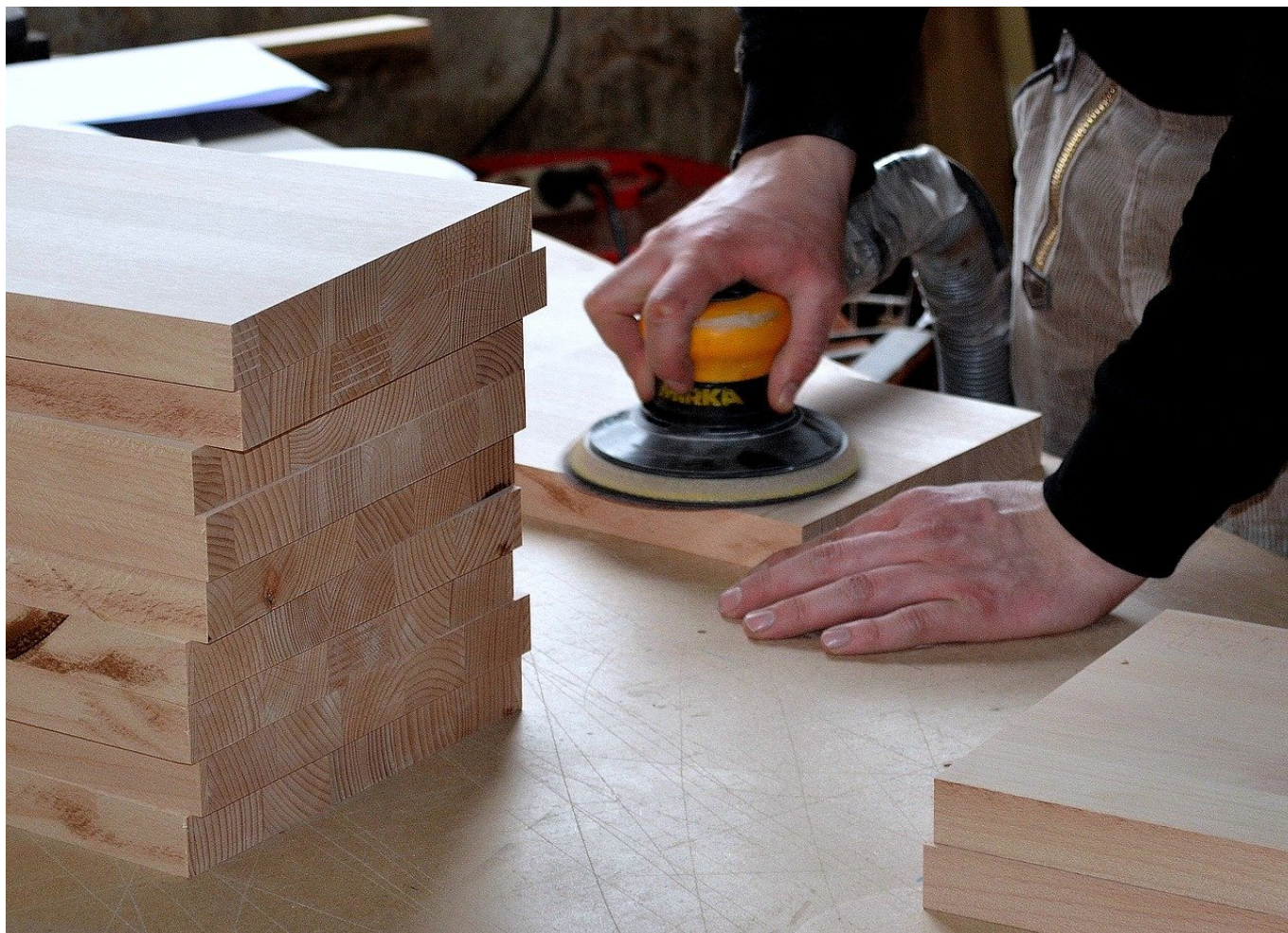


## Grinding as an Adjective

### Definitions of "Grinding" as an adjective

According to the [Oxford Dictionary of English](#), "grinding" as an adjective can have the following definitions:

- *(of a sound or movement) harsh and grating.*
- *(of a difficult situation) oppressive and seemingly without end.*



## Synonyms of "Grinding" as an adjective (23 Words)

<b>brassy</b>	Unrestrained by convention or propriety- Los Angeles Times. <i>Audience members are tapping their feet to the <b>brassy</b> music of the band.</i>
<b>burdensome</b>	Difficult to carry out or fulfil; taxing. <i>Bureaucratically <b>burdensome</b> assessment procedures.</i>
<b>cacophonous</b>	Having an unpleasant sound. <i>The <b>cacophonous</b> sound of slot machines.</i>
<u><a href="#">disagreeable</a></u>	Unfriendly and bad-tempered. <i>Found the task <b>disagreeable</b> and decided to abandon it.</i>
<u><a href="#">discordant</a></u>	Characterized by conflict. <i>A study of children in <b>discordant</b> homes.</i>
<b>dissonant</b>	Lacking harmony. <i>Jackson employs both harmonious and <b>dissonant</b> colour choices.</i>

<b>grating</b>	Unpleasantly harsh or grating in sound. <i>The continual praise of the good old days can become <b>grating</b>.</i>
<b>hard to bear</b>	Unfortunate or hard to bear.
<b>heavy</b>	Large and powerful especially designed for heavy loads or rough work. <i>A <b>heavy</b> sky.</i>
<b>intolerable</b>	Unable to be endured. <i>The <b>intolerable</b> pressures of his work.</i>
<b>jangling</b>	Like the discordant ringing of nonmusical metallic objects striking together. <i>Cowboys with <b>jangling</b> spurs.</i>
<b>jarring</b>	Causing a physical shock, jolt, or vibration. <i>The <b>jarring</b> noise of the iron gate scraping on the sidewalk.</i>
<b>metallic</b>	(of sound) resembling that produced by metal objects striking each other; sharp and ringing. <i><b>Metallic</b> alloys.</i>
<b>overpowering</b>	Extremely strong or intense; overwhelming. <i>A feeling of <b>overpowering</b> sadness.</i>
<b>overwhelming</b>	(especially of an emotion) very strong. <i><b>Overwhelming</b> joy.</i>
<b>rasping</b>	Harsh-sounding and unpleasant; grating. <i>His cracked <b>rasping</b> voice narrates the story.</i>
<b>raspy</b>	Unpleasantly harsh or grating in sound. <i>A persistent <b>raspy</b> cough.</i>
<b>raucous</b>	Disturbing the public peace; loud and rough. <i><b>Raucous</b> youths.</i>
<b>strident</b>	(of a sound) loud and harsh; grating. <i>His voice had become increasingly <b>strident</b>.</i>
<b>unbearable</b>	Not able to be endured or tolerated. <i>The heat was getting <b>unbearable</b>.</i>
<b>unendurable</b>	Incapable of being tolerated or endured. <i>Cries of <b>unendurable</b> suffering.</i>
<b>unharmonious</b>	Not harmonious. <i>The <b>unharmonious</b> noise of town life.</i>
<b>unmelodious</b>	Lacking melody. <i>An <b>unmelodious</b> chorus of horns.</i>



## Usage Examples of "Grinding" as an adjective

- *Grinding poverty.*
- *The grinding roar of the lorries.*



## Associations of "Grinding" (30 Words)

<b>boundless</b>	Seemingly boundless in amount number degree or especially extent. <i>Children with <b>boundless</b> energy.</i>
<b><u>ceaseless</u></b>	Constant and unending. <i>The fort was subjected to <b>ceaseless</b> bombardment.</i>
<b>changeless</b>	Unvarying in nature. <i><b>Changeless</b> truths.</i>
<b>constant</b>	Occurring continuously over a period of time. <i>In <b>constant</b> pain.</i>
<b><u>continually</u></b>	Seemingly without interruption. <i>I was <b>continually</b> moving around.</i>
<b>continue</b>	Continue after an interruption. <i>The bad weather <b>continued</b> for two more weeks.</i>

<b>continuous</b>	Continuing in time or space without interruption. <i>A <b>continuous</b> bout of illness lasting six months.</i>
<b>continuously</b>	At every point. <i>Their performance has <b>continuously</b> improved.</i>
<b>endless</b>	Having or seeming to have no end or limit. <i>An <b>endless</b> conversation.</i>
<b>enduring</b>	Patiently bearing continual wrongs or trouble. <i>An <b>enduring</b> disposition.</i>
<b>eternal</b>	Used to refer to an everlasting or universal spirit, as represented by God. <i>She is an <b>eternal</b> optimist.</i>
<b>eternity</b>	Infinite or unending time. <i>Immortal souls destined for <b>eternity</b>.</i>
<b>ever</b>	At all times all the time and on every occasion. <i>They lived happily <b>ever</b> after.</i>
<b>everlasting</b>	Continuing forever or indefinitely. <i>An <b>everlasting</b> reminder of this evening.</i>
<b>forever</b>	Without interruption. <i>These puppies need a <b>forever</b> home.</i>
<b>immortal</b>	An immortal being especially a god of ancient Greece or Rome. <i>The <b>immortal</b> children's classic <i>The Wind in the Willows</i>.</i>
<b>incessant</b>	(of something regarded as unpleasant) continuing without pause or interruption. <i>Night and day we live with the <b>incessant</b> noise of the city.</i>
<b>incessantly</b>	With unflagging resolve. <i>She talked about him <b>incessantly</b>.</i>
<b>infinite</b>	A space or quantity that is infinite. <i>He bathed the wound with <b>infinite</b> care.</i>
<b>interminable</b>	Tiresomely long; seemingly without end. <i>An <b>interminable</b> sermon.</i>
<b>limitless</b>	Seemingly boundless in amount, number, degree, or especially extent. <i>The <b>limitless</b> reaches of outer space.</i>
<b>permanent</b>	Lasting or continuing without interruption. <i>A <b>permanent</b> ban on the dumping of radioactive waste at sea.</i>
<b>perpetual</b>	Continuing forever or indefinitely. <i>He grows <b>perpetual</b> flowering carnations.</i>
<b>perpetuity</b>	A bond or other security with no fixed maturity date. <i>He did not believe in the <b>perpetuity</b> of military rule.</i>

<b><u>timeless</u></b>	Unaffected by time. <i>Helen s <b>timeless</b> beauty.</i>
<b>unceasing</b>	Uninterrupted in time and indefinitely long continuing. <i>The <b>unceasing</b> efforts of the staff.</i>
<b>unceasingly</b>	With unflagging resolve.
<b><u>unchecked</u></b>	Not examined or checked. <i>Prices rose <b>unchecked</b> hitting the poor worst of all.</i>
<b><u>undying</u></b>	(especially of an emotion) lasting forever. <i>Promises of <b>undying</b> love.</i>
<b>unlimited</b>	Not limited or restricted in terms of number, quantity, or extent. <i>Offshore reserves of gas and oil are not <b>unlimited</b>.</i>

